

Indoor U14 Girls

| | FEMALE | | NAME | YEAR | PERF. | DATE | LOCATION |
|--|---------------|----|--------------------|-------------|--------------|-------------|-----------------|
| | UNDER 14 | 1 | GWYNNE FEDORUK | 1969 | 7.13 | 28-Jan-82 | SASKATOON |
| | 50M | 2 | JANICE ZAWASKI | 1982 | 7.27 | 17-Dec-94 | EDMONTON |
| | | 3 | MELANIE HALWA | 1982 | 7.34 | 12-Feb-94 | EDMONTON |
| | | 4 | COLLETTE GOUDREAU | 1973 | 7.37 | 14-Dec-86 | EDMONTON |
| | | 5 | JENNIFER METZ | 1975 | 7.37 | 20-Nov-88 | CALGARY |
| | | 6 | VICKI LYNCH | 1970 | 7.41 | 12-Feb-83 | EDMONTON |
| | | 7 | ANGIE LACHMAN | 1979 | 7.44 | 08-Feb-92 | EDMONTON |
| | | 8 | DEBBIE FOSTER | 1978 | 7.44 | 12-Jan-91 | EDMONTON |
| | | 9 | SANDRA PAHAL | 1973 | 7.45 | 23-Mar-85 | EDMONTON |
| | | 10 | ELLA STEEL DOUGLAS | 2007 | 7.48 | 17-Feb-19 | EDMONTON |
| | | 11 | LIBBY DUNN | 2006 | 7.53 | 17-Feb-19 | EDMONTON |
| | | 12 | SANDRA SMITHSON | 1964 | 7.54 | 17-Dec-77 | EDMONTON |
| | | 13 | ANGIE REMBOWSKI | 1965 | 7.54 | 16-Dec-78 | EDMONTON |
| | | 14 | CHELSEA SHURGOT | 1980 | 7.57 | 26-Jan-92 | CALGARY |
| | | 15 | AMARIAH WHARTON | 2011 | 7.6 | 03-Dec-23 | EDMONTON |
| | | 16 | JAYME BIALIK | 2007 | 7.63 | 17-Feb-19 | EDMONTON |
| | | 17 | KARI RESVIK | 1971 | 7.64 | 02-Dec-84 | EDMONTON |
| | | 18 | KIM FELDMAN | 1964 | 7.64 | 17-Dec-77 | EDMONTON |
| | | 19 | KIM LOGAN | 1969 | 7.65 | 13-Mar-82 | EDMONTON |
| | | 20 | HEATHER WEGNER | 1972 | 7.74 | 02-Dec-84 | EDMONTON |
| | | 20 | MICHELLE MAKOWSKY | 1981 | 7.74 | 14-Feb-93 | EDMONTON |
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| | UNDER 14 | 1 | JANICE ZAWASKI | 1982 | 8.23 | 04-Feb-95 | EDMONTON |
| | 60M | 2 | GWYNNE FEDORUK | 1969 | 8.32 | 23-Apr-82 | SASKATOON |
| | | 3 | VANESSA BARR | 1993 | 8.34 | 09-Dec-06 | CALGARY |
| | | 4 | COLLETTE GOUDREAU | 1973 | 8.41 | 25-Apr-86 | SASKATOON |
| | | 5 | AMANDA GUENTHER | 1983 | 8.48 | 30-Nov-96 | EDMONTON |
| | | 6 | MELANIE HALWA | 1982 | 8.53 | 05-Feb-94 | CALGARY |
| | | 7 | ANGIE LACHMAN | 1979 | 8.54 | 06-Mar-92 | EDMONTON |
| | | 8 | ABIOLA OMOYAYI | 2009 | 8.57 | 04-Dec-22 | CALGARY |
| | | 9 | ELLA STEEL DOUGLAS | 2007 | 8.6 | 15-Feb-19 | EDMONTON |
| | | 9 | CHELSEA SHURGOT | 1980 | 8.62 | 10-Apr-92 | SASKATOON |
| | | 11 | JAYME BIALIK | 2007 | 8.62 | 11-Nov-19 | EDMONTON |
| | | 11 | DEBBIE FOSTER | 1978 | 8.64 | 02-Dec-90 | CALGARY |
| | | 11 | JENNIFER KEMP | 1983 | 8.64 | 07-Dec-96 | CALGARY |
| | | 14 | KAMI GAINSFORTH | 1995 | 8.64 | 06-Dec-08 | CALGARY |
| | | 15 | SHEENA CODY | 1986 | 8.68 | 11-Dec-99 | CALGARY |
| | | 16 | ARIELLE BOCK | 1994 | 8.7 | 08-Dec-07 | CALGARY |
| | | 17 | KELSEY RICHARD | 1992 | 8.73 | 10-Dec-05 | CALGARY |
| | | 18 | MICHELLE MAKOWSKY | 1981 | 8.74 | 03-Dec-94 | CALGARY |
| | | 19 | DAWN CHITRINA | 1983 | 8.76 | 30-Nov-96 | EDMONTON |
| | | 20 | ASHLEY MOROZ | 1987 | 8.78 | 25-Nov-00 | EDMONTON |
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| | UNDER 14 | 1 | ABIOLA OMOYAYI | 2009 | 20.92 | 04-Dec-22 | CALGARY |

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| | 150M | 2 | AMARIAH WHARTON | 2011 | 21.16 | 03-Mar-24 | EDMONTON |
| | | 3 | JAYME BIALIK | 2007 | 21.27 | 12-Jan-19 | SASKATOON |
| | | 4 | BROOKLYN JOHNSTON | 2007 | 21.75 | 01-Mar-20 | EDMONTON |
| | | 5 | MERCEDES FOWLER | 2001 | 21.85 | 27-Jan-13 | CALGARY |
| | | 6 | RENAE DREBERT | 2006 | 21.94 | 07-Dec-19 | CALGARY |
| | | 7 | IZZY SEILER | 2006 | 22.07 | 18-Feb-18 | EDMONTON |
| | | 8 | LIBBY DUNN | 2006 | 22.16 | 28-Jan-18 | CALGARY |
| | | 9 | KYRA HERMANN | 1999 | 22.19 | 28-Apr-12 | CALGARY |
| | | 10 | MAELLE DREBERT | 2011 | 22.3 | 24-Jan-24 | EDMONTON |
| | | 11 | ARYONNAH KNEE | 2009 | 22.31 | 05-Dec-21 | CALGARY |
| | | 12 | CHEYENNE GOH | 1999 | 22.4 | 28-Apr-12 | CALGARY |
| | | 13 | NOELLE CAKMAK | 1997 | 22.42 | 13-Mar-10 | EDMONTON |
| | | 14 | MEADOW DREBERT | 2006 | 22.44 | 27-Jan-19 | CALGARY |
| | | 15 | LANIYAH BRUCE | 2012 | 22.68 | 11-Feb-24 | EDMONTON |
| | | 16 | ANDREA JACOB | 2008 | 22.74 | 16-Feb-20 | EDMONTON |
| | | 17 | SADIE PATON | 2007 | 22.84 | 16-Feb-20 | EDMONTON |
| | | 18 | AVA SONNENBERG | 2008 | 22.95 | 16-Feb-20 | EDMONTON |
| | | 19 | JOSIE PLITT | 2005 | 23.04 | 14-Jan-17 | SASKATOON |
| | | 20 | ELLA ROSS | 2005 | 23.06 | 05-Mar-17 | EDMONTON |
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| | UNDER 14 | 1 | JANICE ZAWASKI | 1982 | 26.58 | 18-Feb-95 | POCATELLO |
| | 200M | 2 | VANESSA BARR | 1993 | 27.81 | 25-Nov-06 | EDMONTON |
| | | 3 | GWYNNE FEDORUK | 1969 | 28.06 | 13-Mar-82 | EDMONTON |
| | | 4 | TANYA WRIGHT | 1981 | 28.06 | 10-Dec-94 | EDMONTON |
| | | 5 | MELANIE HALWA | 1982 | 28.14 | 06-Mar-94 | EDMONTON |
| | | 6 | ANGIE LACHMAN | 1979 | 28.31 | 12-Feb-92 | CALGARY |
| | | 7 | CHELSEA SHURGOT | 1980 | 28.64 | 06-Mar-92 | EDMONTON |
| | | 8 | VICKI LYNCH | 1970 | 28.7 | 13-Feb-83 | EDMONTON |
| | | 9 | DAWN CHITRINA | 1983 | 28.81 | 01-Dec-96 | EDMONTON |
| | | 10 | ARIELLE BOCK | 1994 | 28.82 | 01-Dec-07 | EDMONTON |
| | | 11 | JAYME BIALIK | 2007 | 28.9 | 16-Mar-19 | EDMONTON |
| | | 12 | AMANDA GUENTHER | 1983 | 29.11 | 01-Dec-96 | EDMONTON |
| | | 13 | AMARIAH WHARTON | 2011 | 29.08 | 09-Mar-24 | EDMONTON |
| | | 14 | HEATHER WEGNER | 1972 | 29.16 | 23-Mar-85 | EDMONTON |
| | | 15 | MICHELLE MAKOWSKY | 1981 | 29.34 | 04-Dec-93 | CALGARY |
| | | 16 | KELSEY RICHARD | 1992 | 29.36 | 26-Nov-05 | EDMONTON |
| | | 17 | NATASHA SMALLWOOD | 1996 | 29.41 | 07-Mar-09 | EDMONTON |
| | | 18 | ERIKA OSWALD | 1990 | 29.43 | 15-Mar-03 | EDMONTON |
| | | 19 | DEBBIE FOSTER | 1978 | 29.44 | 09-Feb-91 | EDMONTON |
| | | 20 | JENNY VAN KEMPEN | 1982 | 29.45 | 02-Dec-95 | EDMONTON |
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| | UNDER 14 | 1 | JANICE ZAWASKI | 1982 | 42 | 29-Apr-95 | SASKATOON |
| | 300M | 2 | GWYNNE FEDORUK | 1969 | 43.5 | 27-Dec-82 | SASKATOON |
| | | 3 | MELANIE HALWA | 1982 | 44.05 | 29-Apr-94 | SASKATOON |
| | | 4 | LIBBY DUNN | 2006 | 44.49 | 16-Nov-19 | EDMONTON |
| | | 5 | TANYA WRIGHT | 1981 | 45.03 | 29-Apr-94 | SASKATOON |

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| | | 6 | HEATHER WEGNER | 1972 | 45.75 | 27-Dec-85 | SASKATOON |
| | | 7 | VICKI LYNCH | 1970 | 46.17 | 27-Dec-82 | SASKATOON |
| | | 7 | ARIELLE BOCK | 1994 | 46.17 | 08-Dec-07 | CALGARY |
| | | 9 | NATASHA SMALLWOOD | 1996 | 46.24 | 06-Dec-08 | CALGARY |
| | | 10 | JAYME BIALIK | 2007 | 46.29 | 08-Feb-20 | EDMONTON |
| | | 11 | ANGIE LACHMAN | 1979 | 46.77 | 18-Jan-92 | EDMONTON |
| | | 12 | CHELSEA SHURGOT | 1980 | 46.8 | 18-Jan-92 | EDMONTON |
| | | 13 | MAELLE DREBERT | 2011 | 47.11 | 28-Jan-24 | EDMONTON |
| | | 14 | DEBBIE FOSTER | 1978 | 47.32 | 04-Jan-91 | SASKATOON |
| | | 15 | ANGIE REMBOWSKI | 1965 | 47.34 | 16-Dec-78 | EDMONTON |
| | | 16 | MICHELLE MAKOWSKY | 1981 | 47.43 | 01-May-93 | SASKATOON |
| | | 17 | SANDRA SMITHSON | 1964 | 47.44 | 17-Dec-77 | EDMONTON |
| | | 18 | CHELSEA LINK | 1979 | 47.52 | 10-Apr-92 | SASKATOON |
| | | 19 | JESSICA NUGENT | 1979 | 47.7 | 10-Apr-92 | SASKATOON |
| | | 20 | ZARA ROCKWELL | 1971 | 47.81 | 27-Dec-84 | SASKATOON |
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| | UNDER 14 | 1 | JANICE ZAWASKI | 1982 | 60.5 | 02-Dec-95 | EDMONTON |
| | 400M | 2 | NATASHA SMALLWOOD | 1996 | 62.78 | 28-Nov-09 | EDMONTON |
| | | 3 | TANYA WRIGHT | 1981 | 62.79 | 10-Dec-94 | EDMONTON |
| | | 4 | GWYNNE FEDORUK | 1969 | 62.9 | 13-Mar-82 | EDMONTON |
| | | 5 | ZARA ROCKWELL | 1971 | 63.69 | 10-Mar-84 | EDMONTON |
| | | 6 | MELANIE HALWA | 1982 | 63.84 | 12-Feb-94 | EDMONTON |
| | | 7 | DEBBIE FOSTER | 1978 | 65.17 | 02-Mar-91 | EDMONTON |
| | | 8 | JENNY VAN KEMPEN | 1982 | 65.68 | 02-Dec-95 | EDMONTON |
| | | 9 | VICKI LYNCH | 1970 | 66.00 | 27-Jan-83 | SASKATOON |
| | | 9 | CARA GIBSON | 1977 | 66 | 08-Dec-90 | EDMONTON |
| | | 11 | SHAY OSTAPOWICH | 1976 | 66.4 | 11-Feb-89 | EDMONTON |
| | | 12 | CHELSEA SHURGOT | 1980 | 66.73 | 06-Mar-92 | EDMONTON |
| | | 13 | ANGIE LACHMAN | 1979 | 66.92 | 01-Mar-91 | EDMONTON |
| | | 14 | BARB DROLET | 1972 | 67.2 | 24-Jan-85 | SASKATOON |
| | | 15 | CHRISTINE ZAWASKI | 1980 | 67.34 | 14-Feb-93 | EDMONTON |
| | | 16 | HEATHER WEGNER | 1972 | 68.02 | 23-Mar-85 | EDMONTON |
| | | 17 | MARIE CHALIFOUX | 1984 | 68.34 | 30-Nov-96 | EDMONTON |
| | | 18 | NICOLE MARVIN | 1981 | 68.43 | 05-Mar-94 | EDMONTON |
| | | 19 | ANALIESE MACEACHERN | 1996 | 68.51 | 28-Nov-09 | EDMONTON |
| | | 20 | KIM LOGAN | 1969 | 68.7 | 13-Mar-82 | EDMONTON |
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| | UNDER 14 | 1 | JANICE ZAWASKI | 1982 | 1:20.91 | 28-Apr-95 | SASKATOON |
| | 500M | 2 | CHRISTINE ZAWASKI | 1980 | 1:26.26 | 10-Apr-92 | SASKATOON |
| | | 3 | ZARA ROCKWELL | 1971 | 1:26.79 | 31-Mar-84 | SASKATOON |
| | | 4 | SHAY OSTAPOWICH | 1976 | 1:27.47 | 29-Apr-89 | SASKATOON |
| | | 5 | VICKI LYNCH | 1970 | 1:27.55 | 22-Apr-83 | SASKATOON |
| | | 6 | NICOLE MARVIN | 1981 | 1:28.39 | 29-Apr-94 | SASKATOON |
| | | 7 | DEBBIE FOSTER | 1978 | 1:29.73 | 26-Apr-91 | SASKATOON |
| | | 8 | CHELSEA SHURGOT | 1980 | 1:30.45 | 01-May-93 | SASKATOON |
| | | 9 | HEATHER KRUEGER | 1978 | 1:30.79 | 26-Apr-91 | SASKATOON |

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| | | 10 | SARAH BIBERGER | 1977 | 1:31.28 | 27-Apr-90 | SASKATOON |
| | | 11 | DARA LEE GEAKE | 1970 | 1:31.58 | 22-Apr-83 | SASKATOON |
| | | 12 | HEATHER WEGNER | 1972 | 1:32.26 | 30-Mar-84 | SASKATOON |
| | | 13 | CARA GIBSON | 1977 | 1:32.43 | 27-Apr-90 | SASKATOON |
| | | 14 | ANGELA AUSTIN | 1978 | 1:33.39 | 26-Apr-91 | SASKATOON |
| | | 15 | CHELSEA LINK | 1979 | 1:34.91 | 10-Apr-92 | SASKATOON |
| | | 16 | ANDREA GOLLY | 1978 | 1:36.68 | 26-Apr-91 | SASKATOON |
| | | 17 | KATHY CARDINAL | 1974 | 1:38.13 | 25-Apr-86 | SASKATOON |
| | | 18 | JO-JO HARRIS | 1976 | 1:40.13 | 29-Apr-89 | SASKATOON |
| | | 19 | BRETT FOLEY | 1982 | 1:40.56 | 29-Apr-94 | SASKATOON |
| | | 20 | MARY MUGFORD | 1970 | 1:41.56 | 22-Apr-83 | SASKATOON |
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| | UNDER 14 | 1 | LIBBY DUNN | 2006 | 1:38.36 | 08-Mar-19 | EDMONTON |
| | 600M | 2 | MEADOW DREBERT | 2006 | 1:41.23 | 16-Nov-19 | EDMONTON |
| | | 3 | JANICE ZAWASKI | 1982 | 1:41.80 | 21-Jan-95 | EDMONTON |
| | | 4 | GWYNNE FEDORUK | 1969 | 1:42.69 | 27-Dec-82 | SASKATOON |
| | | 5 | RILEY LAFORGE | 1994 | 1:44.53 | 28-Apr-07 | CALGARY |
| | | 6 | CHRISTINE ZAWASKI | 1980 | 1:47.30 | 04-Dec-93 | CALGARY |
| | | 7 | MAELLE DREBERT | 2011 | 1:47.46 | 04-Feb-24 | EDMONTON |
| | | 8 | BROOKLYN JOHNSTON | 2007 | 1:48.33 | 16-Feb-20 | EDMONTON |
| | | 9 | NATASHA SMALLWOOD | 1996 | 1:49.09 | 24-Jan-09 | CALGARY |
| | | 10 | VICKI LYNCH | 1970 | 1:49.15 | 27-Dec-82 | SASKATOON |
| | | 11 | GINELLE DEMONE | 1998 | 1:49.91 | 03-Dec-11 | EDMONTON |
| | | 12 | HEATHER WEGNER | 1972 | 1:50.10 | 27-Dec-85 | SASKATOON |
| | | 13 | ABIOLA OMOYAYI | 2009 | 1:50.69 | 26-Nov-22 | EDMONTON |
| | | 14 | MARY MACLEAN | 2008 | 1:51.02 | 16-Feb-20 | EDMONTON |
| | | 15 | BARB DROLET | 1972 | 1:51.44 | 27-Dec-85 | SASKATOON |
| | | 16 | DEBBIE FOSTER | 1978 | 1:51.74 | 17-Feb-91 | CALGARY |
| | | 17 | NICOLE MARVIN | 1981 | 1:51.81 | 22-Jan-94 | EDMONTON |
| | | 18 | TANYA WRIGHT | 1981 | 1:52.10 | 22-Jan-94 | EDMONTON |
| | | 19 | ARYONNAH KNEE | 2009 | 1:52.82 | 26-Nov-22 | EDMONTON |
| | | 20 | KARI RESVICK | 1971 | 1:52.89 | 27-Dec-84 | SASKATOON |
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| | UNDER 14 | 1 | LIBBY DUNN | 2006 | 2:19.04 | 16-Mar-19 | EDMONTON |
| | 800M | 2 | MEADOW DREBERT | 2006 | 2:20.42 | 16-Mar-19 | EDMONTON |
| | | 3 | TANYA WRIGHT | 1981 | 2:24.44 | 17-Dec-94 | EDMONTON |
| | | 4 | JANICE ZAWASKI | 1982 | 2:25.40 | 05-Feb-95 | EDMONTON |
| | | 5 | RILEY LAFORGE | 1994 | 2:29.70 | 08-Dec-07 | CALGARY |
| | | 6 | IZZY SEILER | 2006 | 2:29.91 | 16-Mar-19 | EDMONTON |
| | | 7 | CHRISTINE ZAWASKI | 1980 | 2:30.16 | 11-Dec-93 | EDMONTON |
| | | 8 | BROOKLYN JOHNSTON | 2007 | 2:30.18 | 29-Feb-20 | EDMONTON |
| | | 9 | JULIANA CHIPIUK | 2005 | 2:30.23 | 08-Dec-18 | CALGARY |
| | | 10 | MAELLE DREBERT | 2011 | 2:30.27 | 09-Mar-24 | EDMONTON |
| | | 11 | NATASHA SMALLWOOD | 1996 | 2:30.69 | 07-Feb-09 | EDMONTON |
| | | 12 | BARB DROLET | 1972 | 2:31.89 | 23-Mar-85 | EDMONTON |
| | | 13 | TAYLOR PATTERSON | 1991 | 2:32.59 | 07-Mar-04 | EDMONTON |

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| | | 14 | NICOLE MARVIN | 1981 | 2:32.99 | 06-Mar-94 | EDMONTON |
| | | 15 | SHAY OSTAPOWICH | 1976 | 2:33.41 | 03-Mar-89 | EDMONTON |
| | | 16 | GABRIELLE SHEPTAK | 2003 | 2:34.86 | 14-Mar-15 | EDMONTON |
| | | 17 | GWYNNE FEDORUK | 1969 | 2:35.43 | 13-Mar-82 | EDMONTON |
| | | 18 | HALEY KEIRSTEAD | 1999 | 2:35.71 | 17-Mar-12 | EDMONTON |
| | | 19 | JENNY VAN KEMPEN | 1982 | 2:35.73 | 02-Dec-95 | EDMONTON |
| | | 20 | MERCEDES FOWLER | 2001 | 2:35.97 | 16-Mar-13 | EDMONTON |
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| | UNDER 14 | 1 | LIBBY DUNN | 2006 | 3:04.19 | 19-Jan-19 | EDMONTON |
| | 1000M | 2 | MEADOW DREBERT | 2006 | 3:07.49 | 09-Feb-19 | EDMONTON |
| | | 3 | GWYNNE FEDORUK | 1969 | 3:08.30 | 27-Nov-82 | EDMONTON |
| | | 4 | CHRISTINE ZAWASKI | 1980 | 3:16.88 | 10-Apr-92 | SASKATOON |
| | | 5 | JENNIFER KEMP | 1983 | 3:17.05 | 07-Dec-96 | CALGARY |
| | | 6 | NICOLE MARVIN | 1981 | 3:17.36 | 29-Apr-94 | SASKATOON |
| | | 7 | JANICE ZAWASKI | 1982 | 3:18.34 | 29-Apr-94 | SASKATOON |
| | | 8 | TANYA WRIGHT | 1981 | 3:19.76 | 29-Apr-94 | SASKATOON |
| | | 9 | MAELLE DREBERT | 2011 | 3:21.35 | 10-Feb-24 | EDMONTON |
| | | 10 | SHAY OSTAPOWICH | 1976 | 3:22.62 | 29-Apr-89 | SASKATOON |
| | | 11 | TAYLOR PATTERSON | 1991 | 3:24.17 | 31-Jan-04 | CALGARY |
| | | 12 | VICKI LYNCH | 1970 | 3:24.30 | 27-Nov-82 | EDMONTON |
| | | 13 | MARY MACLEAN | 2008 | 3:25.53 | 15-Feb-20 | EDMONTON |
| | | 14 | HEATHER MYATT | 1991 | 3:26.05 | 14-Feb-04 | EDMONTON |
| | | 15 | JENNY VAN KEMPEN | 1982 | 3:26.18 | 09-Dec-95 | CALGARY |
| | | 16 | MELANIE HALWA | 1982 | 3:26.49 | 05-Feb-94 | CALGARY |
| | | 17 | HEATHER KRUEGER | 1978 | 3:26.85 | 26-Apr-91 | SASKATOON |
| | | 18 | HALEY KEIRSTEAD | 1999 | 3:28.15 | 28-Jan-12 | CALGARY |
| | | 19 | JULIANA CHIPIUK | 2005 | 3:28.36 | 28-Jan-18 | CALGARY |
| | | 20 | DARA LEE GEAKE | 1970 | 3:29.30 | 27-Nov-82 | EDMONTON |
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| | UNDER 14 | 1 | LIBBY DUNN | 2006 | 3:45.04 | 08-Mar-19 | EDMONTON |
| | 1200M | 2 | MEADOW DREBERT | 2006 | 3:49.78 | 08-Mar-19 | EDMONTON |
| | | 3 | BROOKLYN JOHNSTON | 2007 | 4:05.36 | 09-Feb-20 | EDMONTON |
| | | 4 | MAELLE DREBERT | 2011 | 4:07.98 | 12-Feb-24 | EDMONTON |
| | | 5 | CLAIR KELLER | 2010 | 4:09.75 | 12-Feb-23 | EDMONTON |
| | | 6 | IZZY SEILER | 2006 | 4:12.36 | 04-Mar-18 | EDMONTON |
| | | 7 | KENNA BOLE | 2004 | 4:26.67 | 14-Jan-17 | SASKATOON |
| | | 8 | JOSIE PLITT | 2005 | 4:26.70 | 13-Jan-18 | SASKATOON |
| | | 9 | PATRICIJA HIRSSONE | 2006 | 4:26.95 | 12-Jan-19 | SASKATOON |
| | | 10 | HALEY KEIRSTEAD | 1999 | 4:29.63 | 23-Jan-10 | CALGARY |
| | | 11 | NOELLE CAKMAK | 1997 | 4:35.58 | 23-Jan-10 | CALGARY |
| | | 12 | RENAE DREBERT | 2006 | 4:52.66 | 06-Jan-19 | CALGARY |
| | | 13 | ISABELLA SHEPTAK | 2002 | 4:53.27 | 03-Jan-15 | CALGARY |
| | | 14 | TYLER MITCHELL | 2005 | 5:08.36 | 07-Jan-18 | CALGARY |
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| | UNDER 14 | 1 | AMANDA GUENTHER | 1983 | 10.96 | 02-Dec-95 | EDMONTON |
| | 60M HURDLES | 2 | MELONIE GROEGER | 1974 | 10.98 | 10-Apr-87 | SASKATOON |
| | | 3 | DAWN CHITRINA | 1983 | 11.14 | 01-Dec-96 | EDMONTON |
| | | 4 | JAYME BIALIK | 2007 | 11.14 | 09-Feb-19 | EDMONTON |
| | | 5 | HEATHER SHURGOT | 1983 | 11.15 | 03-Mar-96 | EDMONTON |
| | | 6 | SHAY OSTAPOWICH | 1976 | 11.4 | 03-Mar-89 | EDMONTON |
| | | 7 | KAYLA NEUFELD | 1983 | 11.66 | 01-Dec-96 | EDMONTON |
| | | 8 | AMARIAH WHARTON | 2011 | 11.69 | 22-Jan-23 | EDMONTON |
| | | 9 | ANDREA JACOB | 2008 | 11.7 | 17-Jan-20 | EDMONTON |
| | | 10 | NATASHA SMALLWOOD | 1996 | 11.95 | 16-Jan-09 | EDMONTON |
| | | 11 | MERCEDES FOWLER | 2001 | 11.96 | 20-Jan-13 | EDMONTON |
| | | 12 | JOSIE PLITT | 2005 | 12.05 | 13-Jan-18 | SASKATOON |
| | | 13 | AVA SONNENBERG | 2008 | 12.36 | 09-Feb-20 | EDMONTON |
| | | 14 | ARIELLE BOCK | 1994 | 12.42 | 10-Feb-07 | EDMONTON |
| | | 15 | MARIE CHALIFOUX | 1984 | 12.5 | 01-Mar-97 | EDMONTON |
| | | 16 | GABRIELLE SHEPTAK | 2003 | 12.68 | 17-Jan-15 | EDMONTON |
| | | 17 | LANIYAH BRUCE | 2012 | 12.71 | 21-Jan-24 | EDMONTON |
| | | 18 | CHRISTINE SIMARD | 1996 | 12.82 | 16-Jan-09 | EDMONTON |
| | | 19 | CASSANDRA CARTER | 1982 | 12.83 | 02-Dec-95 | EDMONTON |
| | | 20 | NOELLE CAKMAK | 1997 | 12.94 | 07-Mar-09 | EDMONTON |
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| | UNDER 14 | 1 | MICHELLE MAKOWSKY | 1981 | 1.54 | 22-Jan-94 | EDMONTON |
| | HIGH JUMP | 2 | ANGIE LACHMAN | 1979 | 1.53 | 06-Mar-92 | EDMONTON |
| | | 3 | GWYNNE FEDORUK | 1969 | 1.5 | 27-Dec-82 | SASKATOON |
| | | 3 | HEATHER WEGNER | 1972 | 1.5 | 27-Dec-85 | SASKATOON |
| | | 5 | KRISTIN VAN ECK | 1983 | 1.45 | 01-Dec-96 | EDMONTON |
| | | 5 | NOELLE CAKMAK | 1997 | 1.45 | 13-Mar-10 | EDMONTON |
| | | 5 | AMARIAH WHARTON | 2011 | 1.45 | 02-Feb-24 | EDMONTON |
| | | 8 | JENNIFER METZ | 1975 | 1.44 | 17-Dec-88 | EDMONTON |
| | | 9 | HEATHER SHURGOT | 1983 | 1.4 | 29-Apr-95 | SASKATOON |
| | | 9 | AMANDA GUENTHER | 1983 | 1.4 | 29-Apr-95 | SASKATOON |
| | | 9 | TANYA WRIGHT | 1981 | 1.4 | 05-Mar-94 | EDMONTON |
| | | 9 | SHAY OSTAPOWICH | 1976 | 1.4 | 29-Apr-89 | SASKATOON |
| | | 13 | MELONIE GROEGER | 1974 | 1.37 | 14-Feb-87 | EDMONTON |
| | | 13 | SHAUNA BEGG | 1977 | 1.37 | 13-Jan-90 | EDMONTON |
| | | 15 | JENNIFER POMERLEAU | 1983 | 1.36 | 03-Mar-96 | EDMONTON |
| | | 16 | DAWN CHITRINA | 1983 | 1.35 | 01-Dec-96 | EDMONTON |
| | | 16 | JENNI MINCHAU | 1978 | 1.35 | 02-Mar-91 | EDMONTON |
| | | 16 | ANDREA GOLLY | 1978 | 1.35 | 02-Mar-91 | EDMONTON |
| | | 16 | JANET BERRY | 1972 | 1.35 | 23-Mar-85 | EDMONTON |
| | | 16 | JODIE ARBUCKLE | 1976 | 1.35 | 09-Dec-89 | EDMONTON |
| | | 16 | BRANDY CLAPPERTON | 1977 | 1.35 | 08-Dec-90 | EDMONTON |
| | | 16 | JOSIE PLITT | 2005 | 1.35 | 18-Feb-18 | EDMONTON |
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| | UNDER 14 | 1 | GWYNNE FEDORUK | 1969 | 5.09 | 27-Nov-82 | EDMONTON |
| | LONG JUMP | 2 | JANICE ZAWASKI | 1982 | 5.05 | 01-Dec-95 | EDMONTON |

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| | | 3 | ELLA STEEL DOUGLAS | 2007 | 4.95 | 16-Mar-19 | EDMONTON |
| | | 4 | MELANIE HALWA | 1982 | 4.82 | 01-Dec-95 | EDMONTON |
| | | 5 | HEATHER WEGNER | 1972 | 4.72 | 27-Dec-85 | SASKATOON |
| | | 6 | VANESSA BARR | 1993 | 4.72 | 04-Mar-06 | EDMONTON |
| | | 7 | MICHELLE MAKOWSKY | 1981 | 4.69 | 29-Apr-94 | SASKATOON |
| | | 8 | ANGIE LACHMAN | 1979 | 4.66 | 20-Mar-92 | EDMONTON |
| | | 9 | ARIELLE BOCK | 1994 | 4.66 | 01-Dec-07 | EDMONTON |
| | | 10 | JENNA LUNDE | 1985 | 4.57 | 29-Nov-98 | EDMONTON |
| | | 11 | AMANDA GUENTHER | 1983 | 4.57 | 01-Dec-96 | EDMONTON |
| | | 12 | KIM LOGAN | 1969 | 4.51 | 27-Nov-82 | EDMONTON |
| | | 13 | COLLETTE GOUDREAU | 1973 | 4.51 | 13-Dec-86 | EDMONTON |
| | | 14 | CARA GIBSON | 1977 | 4.47 | 08-Dec-90 | EDMONTON |
| | | 15 | JENNIFER METZ | 1975 | 4.46 | 17-Dec-88 | EDMONTON |
| | | 16 | SANDRA PAHAL | 1973 | 4.45 | 23-Mar-85 | EDMONTON |
| | | 17 | SHEENA CODY | 1986 | 4.42 | 17-Jan-99 | EDMONTON |
| | | 18 | HEATHER SHURGOT | 1983 | 4.34 | 01-Dec-95 | EDMONTON |
| | | 19 | COURTNEY SETTER | 2002 | 4.34 | 30-Nov-14 | EDMONTON |
| | | 20 | JESSICA NUGENT | 1979 | 4.31 | 20-Mar-92 | EDMONTON |
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| | UNDER 14 | 1 | MICHELLE MAKOWSKY | 1981 | 9.7 | 10-Dec-94 | EDMONTON |
| | TRIPLE JUMP | 2 | HEATHER SHURGOT | 1983 | 9.56 | 02-Dec-95 | EDMONTON |
| | | 3 | CASSANDRA CARTER | 1982 | 8.23 | 02-Dec-95 | EDMONTON |
| | | 4 | KAYLA NEUFELD | 1983 | 8.07 | 03-Mar-96 | EDMONTON |
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| | UNDER 14 | 1 | KARLE YOUNG | 1974 | 9.34 | 11-Dec-87 | EDMONTON |
| | SHOT 6LB | 2 | JILL METZ | 1977 | 9.17 | 08-Dec-90 | EDMONTON |
| | | 3 | CORRINE STEPANKO | 1968 | 9.16 | 13-Mar-08 | EDMONTON |
| | | 4 | ERIN SPUTEK | 1984 | 9.1 | 06-Dec-97 | EDMONTON |
| | | 5 | GWYNNE FEDORUK | 1969 | 8.94 | 23-Apr-82 | SASKATOON |
| | | 6 | ELIZABETH THOMPSON | 1974 | 8.72 | 29-Jan-87 | EDMONTON |
| | | 7 | VANESSA BARR | 1993 | 8.68 | 04-Mar-06 | EDMONTON |
| | | 8 | MELANIE HALWA | 1982 | 8.58 | 02-Dec-95 | EDMONTON |

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| | | 9 | JENNIFER POMERLEAU | 1983 | 8.45 | 02-Dec-95 | EDMONTON |
| | | 10 | JANE BERRY | 1972 | 8.39 | 27-Dec-85 | SASKATOON |
| | | 11 | MICHELLE MAKOWSKY | 1981 | 8.37 | 19-Feb-94 | EDMONTON |
| | | 12 | JENNIFER METZ | 1975 | 8.11 | 17-Dec-88 | EDMONTON |
| | | 13 | ANGIE LACHMAN | 1979 | 8.08 | 06-Mar-92 | EDMONTON |
| | | 14 | MADISON MCVEETY | 1989 | 8.04 | 12-Jan-02 | SASKATOON |
| | | 15 | BRETT FOLEY | 1982 | 8.01 | 29-Apr-95 | SASKATOON |
| | | 16 | MARY MUGFORD | 1970 | 7.88 | 23-Apr-83 | SASKATOON |
| | | 17 | JESSICA JEFFERYS | 1994 | 7.75 | 20-Jan-06 | EDMONTON |
| | | 18 | TARYN FOLEY | 1984 | 7.68 | 01-Dec-96 | EDMONTON |
| | | 19 | AMANDA GUENTHER | 1983 | 7.62 | 01-Dec-96 | EDMONTON |
| | | 20 | HEATHER SHURGOT | 1983 | 7.61 | 01-Dec-96 | EDMONTON |
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| | UNDER 14 | 1 | ARIELLE BOCK | 1994 | 8.45 | 01-Dec-07 | EDMONTON |
| | SHOT 2.7K | 2 | RILEY LAFORGE | 1994 | 7.26 | 01-Dec-07 | EDMONTON |
| | | 3 | ALISSA UDHOLM | 1998 | 7.14 | 04-Dec-10 | EDMONTON |
| | | 4 | NATASHA SMALLWOOD | 1996 | 6.61 | 16-Jan-09 | EDMONTON |
| | | 5 | JORDAN TAYLOR | 1995 | 6.55 | 29-Nov-08 | EDMONTON |
| | | 6 | KAMI GAINSFORTH | 1995 | 6.48 | 29-Nov-08 | EDMONTON |
| | | 7 | DEVIN FLINT | 1996 | 6.36 | 07-Feb-09 | EDMONTON |
| | | 8 | CHAVA PARMAR | 1997 | 6.14 | 28-Nov-09 | EDMONTON |
| | | 9 | NOELLE CAKMAK | 1997 | 6.11 | 16-Jan-09 | EDMONTON |
| | | 10 | KATIE ELDER | 1994 | 6.06 | 01-Dec-07 | EDMONTON |
| | | 11 | CHEYENNE GOH | 1999 | 5.9 | 24-Nov-12 | EDMONTON |
| | | 12 | KATIE RICHARD | 1995 | 5.81 | 29-Nov-08 | EDMONTON |
| | | 13 | REBECCA MOEN | 1996 | 5.79 | 07-Feb-09 | EDMONTON |
| | | 14 | CHRISTINE SIMARD | 1996 | 5.41 | 07-Feb-09 | EDMONTON |
| | | 15 | KYRA HERMANN | 1999 | 5.31 | 24-Nov-12 | EDMONTON |
| | | 16 | MERCEDES FOWLER | 2001 | 5.23 | 20-Jan-13 | EDMONTON |
| | | 17 | SIERRA HALWA | 1997 | 5.19 | 04-Dec-10 | EDMONTON |
| | | 18 | JESSICA ANDERSON | 1998 | 5.15 | 03-Dec-11 | EDMONTON |
| | | 19 | HALEY KEIRSTEAD | 1999 | 4.86 | 24-Nov-12 | EDMONTON |
| | | 20 | GINELLE DEMONE | 1998 | 4.78 | 03-Dec-11 | EDMONTON |
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| | UNDER 14 | 1 | MAELLE DREBERT | 2011 | 8.65 | 21-Jan-24 | EDMONTON |
| | SHOT 3K | 2 | ARYONNAH KNEE | 2009 | 7.91 | 26-Nov-22 | EDMONTON |
| | | 3 | AMARIAH WHARTON | 2011 | 7.8 | 03-Dec-23 | EDMONTON |
| | | 4 | LIBBY DUNN | 2006 | 7.77 | 15-Feb-19 | EDMONTON |
| | | 5 | ABIOLA OMOYAYI | 2009 | 7.68 | 26-Nov-22 | EDMONTON |
| | | 6 | LAUREN DELLEZAY | 2005 | 7.39 | 17-Nov-18 | EDMONTON |
| | | 7 | KATHERINE DRAGON | 2009 | 7.24 | 26-Nov-22 | EDMONTON |
| | | 8 | ELLA ROSS | 2005 | 6.83 | 18-Feb-18 | EDMONTON |
| | | 9 | ANDREA JACOB | 2008 | 6.4 | 29-Feb-20 | EDMONTON |
| | | 10 | CLAIR KELLER | 2010 | 6.21 | 26-Nov-22 | EDMONTON |
| | | 11 | MEADOW DREBERT | 2006 | 6.14 | 17-Nov-18 | EDMONTON |
| | | 12 | AVERY BUCYK | 2004 | 5.97 | 06-Mar-16 | EDMONTON |

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| | 13 | KENNA BOLE | 2004 | 5.89 | 17-Feb-17 | EDMONTON |
| | 14 | TYLER MITCHELL | 2005 | 5.8 | 18-Feb-18 | EDMONTON |
| | 15 | ELLA STEEL DOUGLAS | 2007 | 5.79 | 15-Feb-19 | EDMONTON |
| | 16 | PATRICIJA HIRSSONE | 2006 | 5.74 | 15-Feb-19 | EDMONTON |
| | 17 | KEIRAN DOUGLAS | 2009 | 5.58 | 26-Nov-22 | EDMONTON |
| | 18 | VLADA URVANOVA | 2002 | 5.52 | 21-Jan-24 | EDMONTON |
| | 19 | CADY MCCUBBING | 2002 | 5.32 | 17-Jan-15 | EDMONTON |
| | 20 | MARY MACLEAN | 2008 | 5.31 | 16-Feb-20 | EDMONTON |
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