

## Outdoor Track and Field U14 Female

### FEMALE 80METRES UNDER 14

	NAME	YEAR	PERF.	DATE	LOCATION
1	ELLA STEEL DOUGLAS	2007	10.88	16-Jun-19	CALGARY
2	NATASHA SMALLWOOD	1996	11.1	04-Jul-09	EDMONTON
3	ABIOLA OMOYAYI	2009	11.14	23-Jul-22	SHERWOOD PARK
4	AMARIAH WHARTON	2011	11.25	17-Jun-23	CALGARY
5	JAYME BIALIK	2007	11.39	25-May-19	ST ALBERT
6	ARYONNAH KNEE	2009	11.47	23-Jul-22	SHERWOOD PARK
7	LIBBY DUNN	2006	11.64	14-Jul-18	CALGARY
8	MERCEDES FOWLER	2001	11.67	11-May-13	CALGARY
9	AVA SONNENBERG	2008	11.71	17-Jul-21	LEDUC
10	BRIANNA CATHCART	2008	11.71	07-Aug-21	SHERWOOD PARK
11	AYLIE DAHL	2006	11.75	16-Jun-19	CALGARY
12	CLAIR KELLER	2010	11.77	12-May-23	CALGARY
13	ANDREA JACOB	2008	11.81	17-Jul-21	LEDUC
14	IZZY SEILER	2006	11.89	14-Jul-18	CALGARY
15	GINELLE DEMONE	1998	11.9	28-May-11	ST. ALBERT
16	CADY MCCUBBING	2002	11.94	11-May-14	CALGARY
17	JOSIE PLITT	2005	11.95	18-Jun-17	CALGARY
18	ELLA ROSS	2005	11.97	18-Jun-17	CALGARY
19	KENNA BOLE	2004	11.99	18-Jun-17	CALGARY
20	PIPER JORGENSEN	2006	12.05	25-May-18	ST.ALBERT

### 100M UNDER 14

1	JANICE ZAWASKI	1982	13.11	03-Jul-95	KELOWNA
2	COLLETTE GOUDREAU	1973	13.19	12-Jul-86	CALGARY
3	ELLA STEEL DOUGLAS	2007	13.19	28-Jun-19	EDMONTON
4	GWYNNE FEDORUK	1969	13.34	28-Jun-82	LANGLEY
5	MELANIE HALWA	1982	13.57	17-May-94	RED DEER
6	TANYA WRIGHT	1981	13.58	01-Jul-94	KELOWNA
7	SHEENA CODY	1986	13.63	26-Jun-99	KELOWNA
8	VICKY LYNCH	1970	13.64	24-Jul-83	LETHBRIDGE
9	ANGIE LACHMAN	1979	13.65	18-Jul-92	CALGARY
10	AMANDA GUENTHER	1983	13.71	29-Jun-96	KELOWNA
11	ABIOLA OMOYAYI	2009	13.76	26-Jun-21	CALGARY
12	DAWN CHITRINA	1983	13.79	16-Jun-96	RED DEER
13	JAYME BIALIK	2007	13.79	22-Jun-19	EDMONTON
14	LIBBY DUNN	2006	13.79	28-Jun-19	EDMONTON
15	MICHELLE MAKOWSKY	1981	13.82	17-Jul-94	CALGARY
16	NATASHA SMALLWOOD	1996	13.84	09-May-09	ST. ALBERT
17	CHELSEA SHURGOT	1980	13.89	09-May-92	LETHBRIDGE
19	CORRENE BREDIN	1980	13.89	26-Jun-93	RED DEER
18	AVA SONNENBERG	2008	13.91	26-Jun-21	CALGARY
20	AMARIAH WHARTON	2011	14.19	07-Jul-23	SHERWOOD PARK

**150M  
UNDER 14**

1	ELLA STEEL DOUGLAS	2007	19.84	02-Jun-19	LEDUC
2	ABIOLA OMOYAYI	2009	20.47	14-May-22	CALGARY
3	NATASHA SMALLWOOD	1996	21.31	12-Jun-09	CALGARY
4	AVA SONNENBERG	2008	21.31	10-Jul-21	EDMONTON
5	JOSIE PLITT	2005	21.4	12-May-18	CALGARY
5	ARYONNAH KNEE	2009	21.46	14-May-22	CALGARY
7	MERCEDES FOWLER	2001	21.73	11-May-13	CALGARY
8	RENAE DREBERT	2006	21.78	12-Jun-19	CALGARY
9	MEADOW DREBERT	2006	21.78	12-Jun-19	CALGARY
10	LIBBY DUNN	2006	21.79	15-Jul-18	CALGARY
11	AYLIE DAHL	2006	21.84	02-Jun-19	LEDUC
12	CLAIR KELLER	2010	21.89	14-May-23	CALGARY
13	IZZY SEILER	2006	21.97	12-Jun-19	CALGARY
14	PIPER JORGENSEN	2006	22.04	12-May-18	CALGARY
15	ALLEGRA PETASKY	2010	22.18	26-Jun-22	LEDUC
16	MAELLE DREBERT	2011	22.25	14-May-23	CALGARY
17	JULIANA CHIPIUK	2005	22.27	12-May-18	CALGARY
18	DEVIN FLINT	1996	22.28	12-Jun-09	CALGARY
19	KYLEE ADAMKOWSKI	2005	22.48	12-May-18	CALGARY
20	ISABELLA SHEPTAK	2002	22.49	30-May-15	ST ALBERT

**200M  
UNDER 14**

1	JANICE ZAWASKI	1982	26.28	17-Jun-95	CALGARY
2	GWYNNE FEDORUK	1969	26.71	29-May-81	SHERWOOD PARK
3	ELLA STEEL DOUGLAS	2007	26.88	29-Jun-19	EDMONTON
4	MELANIE HALWA	1982	27.74	28-May-95	ST. ALBERT
5	TANYA WRIGHT	1981	27.84	28-May-94	ST. ALBERT
6	VANESSA BARR	1993	28.06	28-Jul-06	RED DEER
7	COLLETTE GOUDREAU	1973	28.08	29-Jun-86	KELOWNA
8	LIBBY DUNN	2006	28.17	23-Jun-19	EDMONTON
9	NATASHA SMALLWOOD	1996	28.19	27-Jun-09	KELOWNA
10	VICKY LYNCH	1970	28.24	24-Jul-82	CALGARY
11	MANNA RAMOS	1977	28.28	16-Jun-90	RED DEER
12	ARIELLE BOCK	1994	28.28	12-May-07	ST. ALBERT
13	JAYME BIALIK	2007	28.39	29-Jun-19	KELOWNA
14	AMANDA GUENTHER	1983	28.64	26-May-96	ST. ALBERT
15	DAWN CHITRINA	1983	28.64	26-May-96	ST. ALBERT
16	ANGIE LACHMAN	1979	28.65	29-Jun-91	KELOWNA
17	JESSICA NUGENT	1979	28.71	03-Jul-92	RED DEER
18	SHEENA CODY	1986	28.76	08-May-99	LETHBRIDGE
19	JORDAN TAYLOR	1995	28.86	10-May-08	ST. ALBERT
20	CHELSEA SHURGOT	1980	28.93	03-Jul-92	RED DEER

**300M  
UNDER 14**

1	LIBBY DUNN	2006	45.32	02-Jun-19	LEDUC
2	IZZY SEILER	2006	45.6	26-May-19	ST ALBERT
3	ABIOLA OMOYAYI	2009	45.79	29-May-22	ST ALBERT
4	ELLA STEEL DOUGLAS	2007	45.91	26-May-19	ST ALBERT
5	JAYME BIALIK	2007	46.01	29-Jun-19	KELOWNA
6	MEADOW DREBERT	2006	46.32	19-Jun-19	KELOWNA
7	CHEYENNE GOH	1999	46.48	01-Jul-12	KELOWNA
8	CLAIR KELLER	2010	46.49	29-May-23	ST ALBERT
9	ARYONNAH KNEE	2009	46.83	29-May-22	ST ALBERT
10	JULIANA CHIPIUK	2005	47.26	30-Jun-18	KELOWNA
11	AMARIAH WHARTON	2010	47.28	29-May-23	ST ALBERT
12	GINELLE DEMONE	1998	47.29	03-Jul-11	KELOWNA
13	KENNA BOLE	2004	47.63	01-Jul-17	KELOWNA
14	KYRA HERMANN	1999	47.83	01-Jul-12	KELOWNA
15	MCKENA FLEISHHACKER	2006	47.85	30-Jun-18	KELOWNA
16	JOSIE PLITT	2005	48.14	26-May-18	ST.ALBERT
17	AVA SONNENBERG	2008	48.7	12-Sep-20	LEDUC
18	ELLA ROSS	2005	49.08	30-Jun-18	KELOWNA
19	PATRICIJA HIRSSONE	2006	49.74	26-May-19	ST ALBERT
20	AVERY BUCYK	2004	50.36	29-May-16	ST. ALBERT

**400M  
UNDER 14**

1	JANICE ZAWASKI	1982	58.11	02-Jul-95	KELOWNA
2	GWYNNE FEDORUK	1969	59.88	24-Jul-82	CALGARY
3	TANYA WRIGHT	1981	61.98	01-Jul-94	KELOWNA
4	NATASHA SMALLWOOD	1996	61.98	27-Jun-09	KELOWNA
5	VICKY LYNCH	1970	62.18	23-Jul-83	LETHBRIDGE
6	MELANIE HALWA	1982	62.87	01-Jul-94	KELOWNA
7	IZZY SEILER	2006	63.96	02-Aug-19	EDMONTON
8	RILEY LAFORGE	1994	64.34	01-Jul-07	KELOWNA
9	CARA GIBSON	1977	64.68	30-Jun-90	KELOWNA
10	CHELSEA SHURGOT	1980	64.98	26-Jun-92	KELOWNA
11	MARIE CHALIFOUX	1984	64.98	25-Jul-97	LLOYDMINSTER
12	DEBBY FOSTER	1978	65.16	29-Jun-91	KELOWNA
13	ZARA ROCKWELL	1971	65.38	18-Jun-83	LEDUC
14	SHAY OSTAPOWICH	1976	65.44	24-Jun-89	RED DEER
15	MANNA RAMOS	1977	65.55	16-Jun-90	RED DEER
16	HEATHER WEGNER	1972	65.72	29-Jun-85	CALGARY
17	CHRISTINE ZAWASKI	1980	66.28	29-May-93	ST. ALBERT
18	HEATHER KRUEGER	1978	66.34	15-Jun-91	EDMONTON
19	JORDAN TAYLOR	1995	66.46	28-Jun-08	KELOWNA
20	MELONIE GROEGER	1974	66.68	24-May-87	LEDUC

**600M  
UNDER 14**

1	LIBBY DUNN	2006	01:42.9	16-Jun-18	CALGARY
2	ABIOLA OMOYAYI	2009	01:46.7	19-Jun-22	EDMONTON
3	MEADOW DREBERT	2006	01:47.1	16-Jun-18	CALGARY
4	KENNA BOLE	2004	01:47.7	23-Jul-17	SHERWOOD PARK
5	GINELLE DEMONE	1998	01:48.5	24-Jul-11	SHERWOOD PARK
6	MARY MCLEAN	2008	01:49.2	26-Jun-21	CALGARY
7	IZZY SEILER	2006	01:50.8	16-Jun-18	CALGARY
8	CLAIR KELLER	2010	01:51.4	19-Jun-22	EDMONTON
9	MERCEDES FOWLER	2001	01:51.6	20-Jul-13	SHERWOOD PARK
10	ELLA ROSS	2005	01:52.5	18-Jun-17	CALGARY
11	ARYONNAH KNEE	2009	01:53.0	24-Jul-22	SHERWOOD PARK
12	AVA SONNENBERG	2008	01:54.2	26-Jun-21	CALGARY
13	BRIANNA CATHCART	2008	01:54.3	26-Jun-21	CALGARY
14	JULIANA CHIPIUK	2005	01:54.3	23-Jul-17	SHERWOOD PARK
15	LINDSEY DEMONE	2000	01:55.6	14-Jul-12	SHERWOOD PARK
16	KYLEE ADAMKOWSKI	2005	01:55.7	23-Jul-17	SHERWOOD PARK
17	JOSIE PLITT	2005	01:57.6	18-Jun-17	CALGARY
18	PATRICIJA HIRSSONE	2006	02:03.2	28-Jul-18	SHERWOOD PARK
19	LAUREN DELLEZAY	2005	02:06.3	16-Jun-18	CALGARY
20	AYLIE DAHL	2006	02:07.1	28-Jul-18	SHERWOOD PARK

**800M  
UNDER 14**

1	MEADOW DREBERT	2006	02:18.5	17-Jul-19	EDMONTON
2	GWYNNE FEDORUK	1969	02:19.7	22-Aug-82	OROMOCTO
3	LIBBY DUNN	2006	02:20.0	21-Jul-19	SHERWOOD PARK
4	JANICE ZAWASKI	1982	02:21.3	24-Jun-95	RED DEER
5	NATASHA SMALLWOOD	1996	02:22.0	02-Aug-08	HERSHEY
6	RILEY LAFORGE	1994	02:22.9	30-Jun-07	KELOWNA
7	JULIANA CHIPIUK	2005	02:25.5	15-Jul-18	CALGARY
8	TANYA WRIGHT	1981	02:27.9	01-Jul-94	KELOWNA
9	MELANIE HALWA	1982	02:28.3	01-Jul-94	KELOWNA
10	VICKY LYNCH	1970	02:28.9	26-Jun-82	LANGLEY
11	DEANNA MONSON	1971	02:30.5	24-Jun-84	LANGLEY
12	CHRISTINE ZAWASKI	1980	02:30.8	04-Jul-93	KELOWNA
13	ABIOLA OMOYAYI	2009	02:30.9	25-Jun-22	LEDUC
14	KENNA BOLE	2004	02:30.9	01-Jul-17	KELOWNA
15	IZZY SEILER	2006	02:31.7	21-Jul-19	SHERWOOD PARK
16	HEATHER KRUEGER	1978	02:31.7	12-Jul-91	CALGARY
17	HEATHER MYATT	1991	02:31.8	02-Jul-04	KELOWNA
18	CLAIR KELLER	2010	02:31.9	09-Jul-23	SHERWOOD PARK
19	GINELLE DEMONE	1998	02:32.2	03-Jul-11	KELOWNA
20	BARB DROLET	1972	02:34.3	30-Jul-85	EDMONTON

**1200M  
UNDER 14**

1	MEADOW DREBERT	2006	03:45.4	30-Jun-19	KELOWNA
2	LIBBY DUNN	2006	03:45.6	16-Jun-19	CALGARY
3	JULIANA CHIPIUK	2005	03:50.2	30-Jun-18	KELOWNA
4	NATASHA SMALLWOOD	1996	03:56.6	04-Jul-09	EDMONTON
5	DEVIN FLINT	1996	04:03.0	04-Jul-09	EDMONTON
6	HALEY KEIRSTEAD	1999	04:04.4	10-Jun-12	CALGARY
7	IZZY SEILER	2006	04:05.0	02-Jun-19	LEDUC
8	MARY MCLEAN	2008	04:06.4	24-Jul-21	CALGARY
9	CLAIR KELLER	2010	04:09.2	17-Jun-23	CALGARY
10	GINELLE DEMONE	1998	04:09.4	03-Jul-11	KELOWNA
11	BROOKLYN JOHN STON	2007	04:11.9	21-Jul-19	SHERWOOD PARK
12	AVA SONNENBERG	2008	04:12.1	09-Jul-21	LEDUC
13	GABRIELLE SHEPTAK	2003	04:16.0	13-Jun-15	SHERWOOD PARK
14	ABIOLA OMOYAYI	2009	04:16.3	12-Jun-22	CALGARY
15	PATRICIJA HIRSSONE	2006	04:19.8	02-Jun-19	LEDUC
16	ELLA ROSS	2005	04:20.6	22-Jun-18	EDMONTON
17	BREANN WILHELM	2000	04:22.0	30-Jun-13	KELOWNA
18	ARYONNAH KNEE	2009	04:22.3	26-Jun-22	LEDUC
19	NOELLE CAKMAK	1997	04:23.5	04-Jul-09	EDMONTON
20	CHEYENNE GOH	1999	04:23.7	24-Jun-12	ST. ALBERT

**1500M  
UNDER 14**

1	GWYNNE FEDORUK	1969	04:56.1	24-Jul-82	CALGARY
2	NICOLE MARVIN	1981	05:00.3	03-Jul-94	KELOWNA
3	RILEY LAFORGE	1994	05:00.6	30-Jun-07	KELOWNA
4	DEANNA MONSON	1971	05:07.8	24-Jun-84	LANGLEY
5	VICKY LYNCH	1970	05:09.6	24-Jul-82	CALGARY
6	NATASHA SMALLWOOD	1996	05:10.2	28-Jun-08	KELOWNA
7	DEVIN FLINT	1996	05:17.3	28-Jun-08	KELOWNA
8	BARB DROLET	1972	05:17.9	03-Jul-85	EDMONTON
9	HEATHER KRUEGER	1978	05:19.4	29-Jun-91	KELOWNA
10	HEATHER MYATT	1991	05:21.3	02-Jul-04	KELOWNA
11	NICOLE JOBS	1986	05:22.4	26-Jun-99	KELOWNA
12	SHAY OSTAPOWICH	1976	05:23.5	18-Jun-88	RED DEER
13	TASHA WATSON	1975	05:25.0	25-Jun-88	LANGLEY
14	CHRISTINE ZAWASKI	1980	05:26.1	04-Jul-93	KELOWNA
15	KATIE ELDER	1994	05:26.4	30-Jun-07	KELOWNA
16	SAMANTHA BENDORITIS	1996	05:26.4	28-Jun-08	KELOWNA
17	DARA LEE GEAKE	1970	05:29.9	24-Jul-82	CALGARY
18	KIM LOGAN	1969	05:31.4	28-Jun-82	LANGLEY
19	CALLIE LAWRENCE	1982	05:33.1	03-Jul-94	KELOWNA
20	BRETT FOLEY	1982	05:36.0	03-Jul-94	KELOWNA

**3000M  
UNDER 14**

1	NICOLE MARVIN	1981	10:54.3	03-Jul-94	KELOWNA
2	SHAY OSTAPOWICH	1976	11:56.9	26-May-88	LEDUC
3	DEVIN FLINT	1996	11:57.4	27-Jun-09	KELOWNA
4	STEPHANIE AITKEN	1987	12:10.0	26-Jun-99	KELOWNA
5	CHRISTINE SIMARD	1996	12:16.0	27-Jun-09	KELOWNA
6	KATIE STERLING	1985	12:44.7	30-Jun-98	KELOWNA
7	BRETT FOLEY	1982	12:56.9	02-Jul-95	KELOWNA
8	KRISTIN VAN ECK	1983	13:02.9	29-Jun-96	KELOWNA
9	KAYLA NEUFELD	1983	13:20.4	29-Jun-96	KELOWNA
10	TARYN FOLEY	1984	13:04.78	29-Jun-97	KELOWNA
11	LYNN NAYLOR	1982	14:05.4	02-Jul-95	KELOWNA
12	MICHELLE JOHNSTON	1989	14:06.6	30-Jun-02	KELOWNA
13	VANESSA BOUDREAU	1983	14:57.4	29-Jun-96	KELOWNA

**HIGH JUMP  
UNDER 14**

1	MICHELLE MAKOWSKY	1981	1.56	17-Jul-94	CALGARY
2	CORRINE BREDIN	1980	1.51	04-Jul-93	KELOWNA
3	GWYNNE FEDORUK	1969	1.5	24-Jul-82	CALGARY
4	ANGIE LACHMAN	1979	1.49	03-Jul-92	RED DEER
5	MARY MUGFORD	1970	1.47	12-Aug-83	OLDS
5	TANYA WRIGHT	1981	1.47	25-Jun-94	RED DEER
7	JENNIFER POMERLEAU	1983	1.43	26-May-96	ST. ALBERT
7	ELLA STEEL DOUGLAS	2007	1.43	25-May-19	ST. ALBERT
9	RILEY LAFORGE	1994	1.41	12-May-07	ST. ALBERT
10	HEATHER WEGNER	1972	1.4	23-Jun-84	LANGLEY
10	HEATHER SHURGOT	1983	1.4	11-Jun-95	PRINCE GEORGE
10	ARIELLE BOCK	1994	1.4	23-Jun-07	EDMONTON
10	NOELLE CAKMAK	1997	1.4	11-Jul-10	SHERWOOD PARK
14	JENNIFER METZ	1975	1.36	18-Jun-88	RED DEER
15	SHAY OSTAPOWICH	1976	1.35	13-May-89	LEDUC
15	SHAUNA BEGG	1977	1.35	30-Jun-90	KELOWNA
15	CARA GIBSON	1977	1.35	26-May-90	LEDUC
15	LISA LEBLANC	1969	1.35	24-Jul-82	CALGARY
15	KIM LOGAN	1969	1.35	12-Aug-82	OLDS
15	AMANDA GUENTHER	1983	1.35	11-Jun-95	PRINCE GEORGE
15	KRISTIN VAN ECK	1983	1.35	26-May-96	ST. ALBERT
15	NATASHA SMALLWOOD	1996	1.35	16-May-09	CALGARY
15	ISABELLA HJERTASS	2002	1.35	25-Jul-15	SHERWOOD PARK
15	LAUREN DELLEZAY	2005	1.35	16-Jun-18	CALGARY
15	ANDREA JACOB	2008	1.35	11-Jul-21	LEDUC

**LONG JUMP  
UNDER 14**

1	GWYNNE FEDORUK	1969	5.17	10-Jul-82	SASKATOON
2	MICHELLE MAKOWSKY	1981	4.98	28-May-94	ST. ALBERT
3	HEATHER WEGNER	1972	4.79	23-Jul-85	EDMONTON
4	MELANIE HALWA	1982	4.79	28-May-95	ST. ALBERT
5	ARIELLE BOCK	1994	4.64	23-Jun-07	EDMONTON
6	COLLETTE GOUDREAU	1973	4.63	29-Jun-86	KELOWNA
7	ELLA STEEL DOUGLAS	2007	4.59	16-Jun-19	CALGARY
8	ANGIE LACHMAN	1979	4.56	12-May-91	ST. ALBERT
9	MAEGAN PATTISON	1990	4.53	30-Jun-03	KELOWNA
10	JENNIFER METZ	1975	4.5	18-Jun-88	RED DEER
11	VANESSA BARR	1993	4.41	29-Jul-06	RED DEER
12	CHELSEA SHURGOT	1980	4.38	29-May-93	ST. ALBERT
13	JENNY MINCHAU	1978	4.31	29-Jun-91	KELOWNA
13	HEATHER SHURGOT	1983	4.31	03-Jul-95	KELOWNA
13	ANDREA JACOB	2008	4.31	19-Jun-21	EDMONTON
16	CARA GIBSON	1977	4.26	16-Jun-90	RED DEER
16	AYLIE DAHL	2006	4.26	02-Jun-19	LEDUC
18	JANICE ZAWASKI	1982	4.25	03-Jul-95	KELOWNA
19	KIM LOGAN	1969	4.24	24-Jul-82	CALGARY
19	AMANDA GUENTHER	1983	4.24	27-May-95	ST. ALBERT

**TRIPLE JUMP  
UNDER 14**

1	MICHELLE MAKOWSKI	1981	10.04	01-Jul-94	KELOWNA
2	TANYA WRIGHT	1981	10	01-Jul-94	KELOWNA
3	HEATHER SHURGOT	1983	9.62	29-Jun-96	KELOWNA
4	MELANIE HALWA	1982	9.43	16-Jul-95	CALGARY
5	CORRINE BREDIN	1980	9.33	04-Jul-93	KELOWNA
6	MAEGAN PATTISON	1990	9.17	30-Jun-03	KELOWNA
7	JENNIFER POMERLEAU	1983	9.05	29-Jun-96	KELOWNA
8	SHEENA CODY	1986	9.01	26-Jun-99	KELOWNA
9	ELISE EVANS	1988	8.87	30-Jun-00	KELOWNA
10	JENNA LUNDE	1985	8.8	28-Jun-98	KELOWNA
11	CHELSEA SHURGOT	1980	8.75	04-Jul-93	KELOWNA
12	AMANDA GUENTHER	1983	8.67	03-Jul-95	KELOWNA
12	GWYNNE FEDORUK	1969	8.67	24-Jul-82	CALGARY
14	JANICE ZAWASKI	1982	8.54	01-Jul-94	KELOWNA
15	NICOLE MARVIN	1981	8.51	01-Jul-94	KELOWNA
16	ERIKA OSWALD	1990	8.48	30-Jun-03	KELOWNA
17	DANIELLE CHAMPAGNE	1990	8.38	30-Jun-03	KELOWNA
17	JILL METZ	1977	8.38	16-Jun-90	RED DEER
19	HEATHER MYATT	1991	8.36	25-Jun-04	CALGARY
20	DAWN CHITRINA	1983	8.3	29-Jun-96	KELOWNA

**80M HURDLES  
UNDER 14**

1	ELLA STEEL DOUGLAS	2007	13.32	26-May-19	ST ALBERT
1	JANICE ZAWASKI	1982	13.32	02-Jul-95	KELOWNA
3	ANGIE LACHMAN	1979	13.44	26-Jun-92	KELOWNA
4	ARYONNAH KNEE	2009	13.62	17-Jun-22	EDMONTON
5	AMANDA GUENTHER	1983	14.15	03-Jul-95	KELOWNA
6	ABIOLA OMOYAYI	2009	14.17	23-Jul-22	SHERWOOD PARK
7	JAYME BIALIK	2007	14.19	29-Jun-19	KELOWNA
8	ANDREA JACOB	2008	14.27	10-Jul-21	EDMONTON
9	HEATHER SHURGOT	1983	14.32	03-Jul-95	KELOWNA
10	MAEGAN PATTISON	1990	14.34	30-Jun-02	KELOWNA
11	ARIELLE BOCK	1994	14.41	30-Jun-07	KELOWNA
12	MICHELLE MAKOWSKY	1981	14.45	01-Jul-94	KELOWNA
13	NATASHA SMALLWOOD	1996	14.71	04-Jul-09	EDMONTON
14	DAWN CHITRINA	1983	14.74	29-Jun-96	KELOWNA
15	JOSIE PLITT	2005	14.96	30-Jun-17	KELOWNA
16	PIPER JORGENSON	2006	15.11	27-May-18	ST ALBERT
17	CHELSEA SHURGOT	1980	15.34	26-Jun-92	KELOWNA
17	MELONIE GROEGER	1974	15.34	23-May-87	LEDUC
19	IZZY SEILER	2006	15.44	26-May-19	ST ALBERT
20	JENNIFER POMERLEAU	1973	15.47	03-Jul-95	KELOWNA
20	AVA SONNENBERG	2008	15.47	10-Jul-21	EDMONTON

**SHOT  
UNDER 14**

1	SANDRA PAHAL	1973	10.12	24-May-86	LEDUC
2	CORRINE BREDIN	1980	9.75	04-Jul-93	KELOWNA
4	BRETT FOLEY	1982	8.63	27-May-95	ST. ALBERT
5	ELIZABETH THOMPSON	1974	8.41	20-Jun-87	EDMONTON
6	JENNIFER METZ	1975	8.4	18-Jun-88	RED DEER
7	COLLETTE GOUDREAU	1973	8.4	14-Jun-86	RED DEER
9	MAELYNN HODGINS	1970	8.32	24-Jul-83	LETHBRIDGE
10	ANGIE LACHMAN	1979	8.27	26-Jun-92	KELOWNA
11	TANYA WRIGHT	1981	8.07	28-May-94	ST. ALBERT
12	JENNIFER POMERLEAU	1983	8.06	29-Jun-96	KELOWNA
13	MELANIE HALWA	1982	7.97	27-May-95	ST. ALBERT
14	ARIELLE BOCK	1994	7.95	23-Jun-07	EDMONTON
15	MICHELLE MAKOWSKY	1981	7.93	18-Jun-94	CALGARY
16	HEATHER SHURGOT	1983	7.93	29-Jun-96	KELOWNA
17	MELISSA HOFER	1976	7.91	24-Jun-89	RED DEER
18	ZARA ROCKWELL	1971	7.77	28-Jul-84	CALGARY
19	CHARLOTTE BALDING	1988	7.65	26-May-01	ST. ALBERT
20	AMANDA GUENTHER	1983	7.61	29-Jun-96	KELOWNA



**DISCUS  
UNDER 14**

1	CORRINE BREDIN	1980	26.82	04-Jul-93	KELOWNA
2	DEBBIE STEVENS	1969	22.79	29-May-82	SHERWOOD PARK
3	GWYNNE FEDORUK	1969	22.42	16-May-82	OKOTOKS
4	LIBBY DUNN	2006	21.89	29-Jun-19	EDMONTON
5	AMARIAH WHARTON	2011	21.67	18-Jun-23	CALGARY
6	ANGIE LACHMAN	1979	21.62	18-Jul-92	CALGARY
7	KENNA BOLE	2004	21.16	23-Jul-17	SHERWOOD PARK
7	SHERRY POMERLEAU	1986	20.32	28-Jun-98	KELOWNA
9	JENNA LUNDE	1985	20.32	28-Jun-98	KELOWNA
10	AYLIE DAHL	2006	19.75	29-Jun-19	KELOWNA
11	MAELLE DREBERT	2011	19.72	09-Jul-23	SHERWOOD PARK
12	CHARLOTTE BALDING	1988	19.28	26-May-01	ST. ALBERT
13	THERESA MACDONALD	1988	19.08	30-Jun-01	KELOWNA
14	LINDSEY DEMONE	2000	18.78	14-Jul-12	SHERWOOD PARK
15	GINELLE DEMONE	1998	18.57	24-Jul-11	SHERWOOD PARK
16	MAEGAN PATTISON	1990	18.24	30-Jun-02	KELOWNA
17	PATRICIJA HIRSSONE	2006	17.62	22-Jun-19	EDMONTON
18	JORDANNA RIDLEY	1985	17.58	28-Jun-98	KELOWNA
19	LAUREN DELLEZAY	2005	17.56	16-Jun-18	CALGARY
20	ISABELLA HJERTASS	2002	17.46	10-May-15	CALGARY

**JAVELIN  
UNDER 14**

1	ANGIE LACHMAN	1979	22.66	18-Jul-92	CALGARY
2	GWYNNE FEDORUK	1969	21.7	29-May-82	SHERWOOD PARK
3	ARIELLE BOCK	1994	21.03	12-May-07	ST. ALBERT
4	DEBBIE STEVENS	1969	20.5	29-May-82	SHERWOOD PARK
5	MICHELLE MAKOWSKY	1981	18.68	18-Jun-94	CALGARY
6	DARA LEE GEAKE	1970	18.18	23-Jul-83	LETHBRIDGE
7	ELIZABETH THOMSON	1974	17.8	14-Jun-87	RED DEER
8	ABIOLA OMOYAYI	2009	17.18	16-May-22	CALGARY
9	KENNA BOLE	2004	16.85	01-Jul-17	KELOWNA
10	ARYONNAH KNEE	2009	16.38	19-Jun-22	EDMONTON
11	TYLER MITCHELL	2005	16.06	30-Jun-18	KELOWNA
12	BROOKLYN JOHN STON	2007	15.92	29-Jun-19	KELOWNA
13	PATRICIJA HIRSSONE	2006	14.77	30-Jun-18	KELOWNA
14	JILL METZ	1977	14.63	16-Jun-90	RED DEER
15	MACLYN RAE PLITT	2009	14.17	19-Jun-22	EDMONTON
16	KIM LOGAN	1969	13.97	15-May-82	OKOTOKS
17	BRETT FOLEY	1982	13.8	27-May-95	ST. ALBERT
18	CLAIR KELLER	2010	13.58	19-Jun-22	EDMONTON
19	LIBBY DUNN	2006	13.47	30-Jun-18	KELOWNA
20	ISABELLA SHEPTAK	2002	12.87	01-Jun-14	ST. ALBERT

**BALL THROW  
UNDER 14**

1	ISABELLA HJERTASS	2002	36.8	13-Jun-15	SHERWOOD PARK
2	ISABELLA SHEPTAK	2002	29.39	13-Jun-15	SHERWOOD PARK
3	AMY SWEET	2003	24.12	13-Jun-15	SHERWOOD PARK
4	ALIYA PARMAR	1999	22.74	10-Jun-12	CALGARY
5	LINDSAY DEMONE	2000	21.19	10-Jun-12	CALGARY
6	KYRA HERMANN	1999	20.46	10-Jun-12	CALGARY
7	CHEYENNE GOH	1999	19.91	10-Jun-12	CALGARY
8	GABRIELLE SHEPTAK	2003	16.55	13-Jun-15	SHERWOOD PARK
9	HALEY KEIRSTEAD	1999	12.25	10-Jun-12	CALGARY

**200 HURDLES  
UNDER 14**

1	JAYME BIALIK	2007	31.49	29-Jun-19	KELOWNA
2	ARYONNAH KNEE	2009	31.89	17-Jun-22	EDMONTON
3	JOSIE PLITT	2005	32.74	01-Jul-17	KELOWNA
4	ANDREA JACOB	2008	32.77	11-Jul-21	EDMONTON
5	MEADOW DREBERT	2006	33.53	29-Jun-19	KELOWNA
6	AYLIE DAHL	2006	34.29	29-Jun-19	KELOWNA
7	KYLEE ADAMKOWSKI	2005	34.56	01-Jul-17	KELOWNA
8	AMARIAH WHARTON	2011	34.84	28-May-23	ST ALBERT
9	RENAE DREBERT	2006	35.53	29-Jun-19	KELOWNA
10	LAUREN DELLEZAY	2005	35.76	01-Jul-18	KELOWNA
11	PATRICIJA HIRSSONE	2006	35.92	30-Jun-18	KELOWNA
12	ISABELLA SHEPTAK	2002	37.07	11-May-14	CALGARY
13	BREANN WILHELM	2000	36.13	30-Jun-13	KELOWNA
14	REEGAN BROADBENT	2002	36.24	29-Jun-14	KELOWNA
15	MAELLE DREBERT	2011	38.13	28-May-23	ST ALBERT

**SHOT 2K  
UNDER 14**

1	ANDREA JACOB	2008	7.09	08-Aug-21	SHERWOOD PARK
2	ELLA ROSS	2005	6.62	30-Jun-17	KELOWNA
3	KENNA BOLE	2004	6.12	18-Jun-17	CALGARY
4	ABIOLA OMOYAYI	2009	6.04	08-Aug-21	SHERWOOD PARK
5	KYLEE ADAMKOWSKI	2005	5.94	18-Jun-17	CALGARY
6	ARYONNAH KNEE	2009	5.45	08-Aug-21	SHERWOOD PARK
7	LAUREN DELLEZAY	2005	5.44	18-Jun-17	CALGARY
8	BRIANNA CATHCART	2008	5.4	08-Aug-21	SHERWOOD PARK
9	JOSIE PLITT	2005	5.36	18-Jun-17	CALGARY
10	JULIANA CHIPIUK	2005	3.83	23-Jul-17	SHERWOOD PARK

**HAMMER 3K  
UNDER 14**

1	LAUREN DELLEZAY	2005	22.3	28-Jul-18	SHERWOOD PARK
2	TYLER MITCHELL	2005	16.21	29-Jun-18	KELOWNA

**SHOT 3K  
UNDER 14**

1	MAELLE DREBERT	2011	8.47	18-Jun-23	CALGARY
2	ANDREA JACOB	2008	8.24	09-Jul-21	EDMONTON
3	LIBBY DUNN	2006	7.92	23-Jun-19	EDMONTON
4	ABIOLA OMOYAYI	2009	7.49	29-May-22	ST ALBERT
5	AMARIAH WHARTON	2011	7.4	18-Jun-23	CALGARY
6	ELLA ROSS	2005	7.33	15-Jul-18	CALGARY
7	ARYONNAH KNEE	2009	7.27	26-Jun-22	LEDUC
8	CLAIR KELLER	2010	7.13	27-May-23	ST ALBERT
9	MCKENA FLEISHHACKER	2006	7.02	30-Jun-18	KELOWNA
10	LAUREN DELLEZAY	2005	7.01	16-Jun-18	CALGARY
11	TYLER MITCHELL	2005	7	30-Jun-18	KELOWNA
12	MARY MCLEAN	2008	6.88	26-Jun-21	CALGARY
13	AVA SONNENBERG	2008	6.69	17-Jul-21	LEDUC
14	PIPER JORGENSON	2006	6.63	28-Jul-18	SHERWOOD PARK
15	KYLEE ADAMKOWSKI	2005	6.57	09-Jun-18	LEDUC
16	MEADOW DREBERT	2006	6.54	23-Jun-19	EDMONTON
17	ELLA STEEL DOUGLAS	2007	6.44	26-May-19	ST ALBERT
18	ALLEGRA PETASKY	2010	6.24	17-Jun-22	EDMONTON
19	AYLIE DAHL	2006	6.05	22-Jul-19	SHERWOOD PARK
20	PATRICIJA HIRSSONE	2006	5.97	23-Jun-19	EDMONTON

**TURBO JAV  
UNDER 14**

1	TYLER MITCHELL	2005	18.74	09-Jun-18	LEDUC
2	LIBBY DUNN	2006	13.83	09-Jun-18	LEDUC
3	AYLIE DAHL	2006	12.68	09-Jun-18	LEDUC
4	PATRICIJA HIRSSONE	2006	10.7	09-Jun-18	LEDUC
5	IZZY SEILER	2006	9.67	09-Jun-18	LEDUC
6	MCKENA FLEISHHACKER	2006	9.08	09-Jun-18	LEDUC
7	MEADOW DREBERT	2006	6.8	09-Jun-18	LEDUC

**1000M  
UNDER 14**

1	LIBBY DUNN	2006	03:02.1	29-Jun-19	EDMONTON
2	MEADOW DREBERT	2006	03:06.7	29-Jun-19	EDMONTON
3	JAYME BIALIK	2007	03:30.7	29-Jun-19	EDMONTON
4	BROOKLYN JOHN STON	2007	03:35.1	29-Jun-19	EDMONTON
5	PATRICIJA HIRSSONE	2006	03:38.7	29-Jun-19	EDMONTON
6	ELLA STEEL DOUGLAS	2007	03:41.3	29-Jun-19	EDMONTON

**PENT  
UNDER 14**

1	ANDREA JACOB	2008	1762	22-Aug-21	CALGARY
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