

		NAME	YEAR	PERF	DATE	LOCATION
MALE						
100M		BERNARD GOUDREAU	1976	11.40	8-Aug-91	TORONTO
UNDER 16	1	ROBERT CLARKE	1983	11.94	30-May-98	ST ALBERT
	2	ZAC HALUSHKA	1995	12.06	11-Jul-10	SHERWOOD PARK
	3	JOEL THORPE	2008	12.06	9-Jul-23	SHERWOOD PARK
	4	RABLEEN RAJPUT	2010	12.19	10-May-25	CALGARY
	5	CHRIS BEGG	1971	12.24	24-May-86	LEDUC
	6	WARREN BOHM	1987	12.31	25-May-02	ST ALBERT
	7	CHILI MUZONGWE	1992	12.37	12-May-07	ST ALBERT
	8	KYLE DOUPE	1982	12.38	29-Jun-97	KELOWNA
	9	MICAH BROWN	2008	12.38	21-Jul-23	OKOTOKS
	10	TREVOR FRASER	1973	12.44	12-Jun-88	ST ALBERT
	11	ALEXANDER KESLER	1992	12.51	12-May-07	ST ALBERT
	12	RYAN CUSVELLER	2001	12.51	22-Jun-15	CALGARY
	13	RYAN RASMUSSEN	1977	12.52	18-Jul-92	CALGARY
	14	MYRICK KNOL	1971	12.54	24-May-86	LEDUC
	15	MIKE HEDGES	1964	12.54	1-Jul-78	CALGARY
	16	TREVOR ADAM	1985	12.54	30-Jun-00	KELOWNA
	17	CHRIS SLUGGETT	1975	12.61	28-Jul-90	CALGARY
	18	MICHAEL NISHIYAMA	1989	12.63	25-Jul-04	HIGH RIVER
	19	KWESI KILSON	1995	12.67	26-Jun-10	ST ALBERT
	20					
MALE						
200M						
UNDER 16	1	NAMES SWANSON	2004	22.76	17-Jul-19	EDMONTON
	2	CHRIS BEGG	1971	23.80	29-Jun-86	CALGARY
	3	BERNARD GOUDREAU	1976	23.96	28-Jul-90	KELOWNA
	4	ZAC HALUSHKA	1995	24.29	11-Jul-10	SHERWOOD PARK
	5	BRANDEN HANSEN	1993	24.46	13-Jun-08	CALGARY
	6	MARK LYNCH	1968	24.54	14-May-83	OKOTOKS
	7	ROBERT CLARKE	1983	24.65	20-Jun-98	ST ALBERT
	8	JOEL THORPE	2008	24.91	9-Jul-23	SHERWOOD PARK
	9	RYAN RASMUSSEN	1977	25.14	18-Jul-92	CALGARY
	10	JEREMY STOTHART	1974	25.14	11-Jun-89	ST ALBERT
	11	KYLE DOUPE	1982	25.23	29-Jun-97	KELOWNA
	12	BRANDON MARCHAND	1976	25.24	29-Jun-91	KELOWNA
	13	TREVOR ADAM	1985	25.30	30-Jun-00	KELOWNA
	14	MIKE HUEBNER	1969	25.31	14-Jul-84	CALGARY
	15	RYAN CUSVELLER	1984	25.33	23-Jun-07	EDMONTON
	16	ROBERT COULAS	1988	25.41	25-May-03	ST ALBERT
	17	JORDEN HANSEN	1996	25.51	24-Jul-11	SHERWOOD PARK
	18	MIKE HEDGES	1964	25.64	11-Jun-78	RED DEER
	19	SHAUN KUNY	1968	25.64	18-Jun-83	LEDUC
	20	ERIC HOLMLUND	1973	25.68	9-Jul-88	EDMONTON
MALE						
300M						
UNDER 16	1	MATS SWANSON	2004	35.68	10-Aug-19	CAPE BRETON
	2	ZAC HALUSHKA	1995	38.07	19-Jun-10	CALGARY
	3	MAKARTHY BRIDGES	1997	38.39	27-Jul-11	LETHBRIDGE
	4	JORDEN HANSEN	1996	38.42	24-Jul-11	SHERWOOD PARK
	5	HUDSON CLEVELAND	2010	38.63	21-Jun-25	CALGARY
	6	LUCA PATRIZI	2010	39.37	6-Jul-25	SHERWOOD PARK
	7	TIMURLANE CAKMAK	1995	39.89	26-Jun-10	ST ALBERT
	8	MICAH BROWN	2008	40.39	8-Jul-22	CALGARY
	9	DANIEL GREGORY	2009	41.30	19-Jun-24	WINNIPEG
	10	DEREK NADON	2011	42.05	11-May-25	CALGARY
	11	XAVIER ALEBA	1995	42.32	30-May-09	MEDICINE HAT
	12	ETHAN BUCYK	2001	42.74	15-May-16	CALGARY
	13	HARKARIT MALHI	2000	42.81	10-May-15	CALGARY
	14	SAJAN ATWAL	2008	43.42	27-May-23	ST ALBERT
	15	BRADY KELLER	2007	43.86	24-Jul-21	CALGARY
	16	KAYDEN HEARN	2007	44.19	14-May-22	CALGARY
	17	ELIJAH DREBERT	2010	44.42	25-May-24	ST ALBERT
	18	KEENAN BRIDGES	1998	44.95	10-Jun-12	CALGARY
	19	BRADLEY BROOKS	1997	44.99	12-May-12	CALGARY
	20	ZACKARY MAGEAU	1996	45.51	15-May-10	CALGARY
MALE						
400M						
UNDER 16	1	MATS SWANSON	2004	49.10	30-Jun-19	EDMONTON
	2	MARK LYNCH	1968	52.18	16-Jul-83	CALGARY
	3	RYAN FYFE	1986	52.81	2-Jun-01	EDMONTON
	4	BRANDEN HANSEN	1993	52.82	14-Aug-08	SHERBROOKE
	5	ANDY CONNELLY	1973	53.54	3-Jul-88	CALGARY
	6	MAKARTHY BRIDGES	1997	53.59	12-May-12	CALGARY
	7	KYLE NISHIYAMA	1985	53.98	8-Jul-00	EDMONTON
	8	MYRICK KNOL	1971	54.49	29-Jun-85	CALGARY
	9	CHRIS BEGG	1971	54.69	13-Jul-86	CALGARY
	10	WARREN BOHM	1987	54.99	30-Jun-02	KELOWNA
	11	KARL ROBERTSON	1991	55.54	29-Jul-06	RED DEER
	12	ROBERT COULAS	1988	55.69	25-May-03	ST ALBERT
	13	ADAM WARD	1991	55.77	15-Jul-06	CALGARY
	14	NOLAN FYFE	1983	55.98	30-May-98	ST ALBERT
	15	MICHAEL NISHIYAMA	1989	55.99	19-Jun-04	CALGARY
	16	TIMURLANE CAKMAK	1995	56.04	9-Jul-10	SHERWOOD PARK
	17	RYAN CUSVELLER	1992	56.07	23-Jun-07	EDMONTON
	18	JEREMY STOTHART	1974	56.23	21-Jul-89	CALGARY
	19	RYAN RASMUSSEN	1977	56.72	11-Aug-92	CALGARY
	20	DEREK TRENCHARD	1976	56.84	12-Jul-91	CALGARY
MALE						
800M						
UNDER 16	1	MATS SWANSON	2004	1:56.06	7-Jul-19	KAMLOOPS
	2	RYAN FYFE	1986	1:57.92	14-Apr-01	ARCADIA
	3	MARK LYNCH	1968	1:57.94	19-Jun-83	CALGARY
	4	BRADY KELLER	2007	2:01.22	26-Jun-22	EDMONTON
	5	ANDY CONNELLY	1973	2:01.47	1-Jul-88	CALGARY
	6	KYLE NISHIYAMA	1985	2:01.92	30-Jun-00	KELOWNA
	7	KARL ROBERTSON	1991	2:02.44	12-Aug-06	VANCOUVER
	8	NOLAN FYFE	1983	2:04.18	30-May-98	ST ALBERT
	9	MAKARTHY BRIDGES	1997	2:04.73	14-Jul-12	MEDICINE HAT
	10	TIMURLANE CAKMAK	1995	2:04.98	18-Jun-10	CALGARY
	11	MYRICK KNOL	1971	2:05.54	29-Jul-85	CALGARY
	12	MICAH BROWN	2008	2:06.61	25-Jun-23	EDMONTON
	13	ROBERT COULAS	1988	2:07.10	30-Jun-03	KELOWNA
	14	ADAM WARD	1991	2:07.45	20-Jul-13	CALGARY
	15	DUSTIN SETTER	1998	2:07.50	20-Jul-06	SHERWOOD PARK
	16	CODY SANDERS	2009	2:08.14	11-Aug-24	CALGARY
	17	MICHAEL NISHIYAMA	1989	2:08.60	2-Jul-04	KELOWNA
	18	TRAVIS MCKAY	1985	2:08.84	30-Jun-00	KELOWNA
	19	BRODY GIDDINGS	1991	2:08.90	8-Jul-06	EDMONTON
	20	WARREN BOHM	1987	2:09.46	6-Jul-02	CALGARY
MALE						
1200M						
UNDER 16	1	BRADY KELLER	2007	3:14.50	5-Aug-22	SHERBROOKE
	2	MATS SWANSON	2004	3:17.92	10-Aug-18	BRANDON
	3	MATTHEW MACLELLAN	1999	3:25.60	15-Aug-14	LANGLEY
	4	TIMURLANE CAKMAK	1995	3:27.21	24-Jul-10	WINNIPEG
	5	MAKARTHY BRIDGES	1997	3:27.45	14-Jul-12	MEDICINE HAT
	6	CODY SANDERS	2009	3:34.00	12-Jul-24	SHERWOOD PARK
	7	TY SECKER	2008	3:36.45	27-May-23	ST ALBERT
	8	DUSTIN SETTER	1998	3:38.35	11-May-13	CALGARY
	9	AUSTIN CHRISTENSEN	2000	3:40.17	25-Jul-15	SHERWOOD PARK
	10	RHYS DUNN	2001	3:42.60	15-Jul-16	LEDUC
	11	BLAKE DREBERT	2009	3:46.44	6-Jul-24	EDMONTON
	12	DANIEL GREGORY	2009	3:47.33	2-Jun-24	LEDUC
	13	STUART MACLELLAN	2002	3:48.10	26-May-17	CALGARY
	14	RYLAN CHIPIUK	2008	3:51.80	17-Jun-22	EDMONTON
	15	HUDSON CLEVELAND	2010	3:53.82	4-Jul-25	SHERWOOD PARK
	16	ADAM BIDDULPH	1994	3:54.43	30-May-09	MEDICINE HAT
	17	TYLER BIDDULPH	1996	3:55.49	29-May-11	ST ALBERT
	18	CONNOR BOLE	2002	3:55.54	26-May-17	CALGARY
	19	RYAN MCFETTERS	2010	3:56.75	1-Jun-25	LEDUC
	20	BLAKE JENSCH	2002	4:04.01	26-May-17	CALGARY
MALE						
1500M						
UNDER 16	1	MARK LYNCH	1968	4:01.90	6-Aug-83	EDMONTON
	2	TRAVIS MCKAY	1985	4:13.25	30-Jun-00	KELOWNA
	3	DEREK ANDERSON	1972	4:14.73	11-Jul-87	EDMONTON
	4	KARL ROBERTSON	1980	4:18.76	12-Aug-06	VANCOUVER
	5	RYAN FYFE	1986	4:19.64	30-Jun-00	KELOWNA
	6	BRADY KELLER	2007	4:22.56	14-May-22	CALGARY
	7	MICHAEL NISHIYAMA	1989	4:26.86	2-Jul-04	KELOWNA
	8	MICHAEL NISHIYAMA	1989	4:26.86	2-Jul-04	KELOWNA
	9	SHAN MURUGAN	1979	4:31.30	18-Jun-94	CALGARY
	10	BLAINE RUSSELL	1977	4:34.07	26-Jun-92	KELOWNA
	11	ADAM WARD	1979	4:34.81	29-Jul-06	RED DEER
	12	ROBERT COULAS	1988	4:35.71	30-Jun-03	KELOWNA
	13	DONOVAN HACKING	1992	4:35.82	15-Jun-07	CALGARY
	14	ANDY CONNELLY	1973	4:36.48	18-Jun-88	RED DEER
	15	COREY CONROY	1981	4:39.28	29-Jun-96	KELOWNA
	16	BRENT ELDER	1968	4:39.98	24-Jul-82	CALGARY
	17	PAT MCAVENA	1994	4:40.98	21-Jul-79	CALGARY
	18	DAKOTA NEPOOSE	1993	4:41.47	30-Jun-07	KELOWNA
	19	DANNY LICKACZ	1985	4:41.48	21-Jul-00	GRANDE PRAIRIE
	20	BRODY GIDDINGS	1991	4:41.88	18-Jul-06	CALGARY
MALE						
2000M						
UNDER 16	1	BRADY KELLER	2007	5:45.73	6-Aug-22	SHERBROOKE
	2	MATTHEW MACLELLAN	1999	6:07.27	16-Aug-14	LANGLEY
	3	TIMURLANE CAKMAK	1995	6:19.00	9-Jul-10	SHERWOOD PARK
	4	TY SECKER	2008	6:32.93	28-May-23	ST ALBERT
	5	BLAKE DREBERT	2009	6:46.90	14-Jul-24	SHERWOOD PARK
	6	AUSTIN CHRISTENSEN	2000	6:47.22	25-Jul-15	SHERWOOD PARK
	7	RHYS DUNN	2001	6:51.29	15-Jul-16	LEDUC
	8	RYLAN CHIPIUK	2008	6:53.99	21-Jul-23	OKOTOKS
	9	ADAM BIDDULPH	1994	7:02.59	9-May-09	ST ALBERT
	10	STUART MACLELLAN				