

U20 Mens**50M**

| | NAME | YEAR | PERF | DATE | LOCATION |
|---|-----------------|------|------|-----------|----------|
| 1 | STEWART MARKHAM | 1971 | 6.34 | 09-Dec-89 | EDMONTON |
| 2 | CHRIS BEGG | 1971 | 6.37 | 14-Jan-89 | EDMONTON |

60M

| | | | | | |
|----|-----------------|------|------|-----------|-----------|
| 1 | STEWART MARKHAM | 1971 | 7.38 | 03-Feb-90 | EDMONTON |
| 2 | ANDREAS THOME | 2001 | 7.39 | 19-Jan-19 | EDMONTON |
| 3 | CHRIS BEGG | 1971 | 7.39 | 06-Jan-89 | SASKATOON |
| 4 | KRIS GANSKE | 1972 | 7.51 | 04-Jan-90 | SASKATOON |
| 5 | NICK ADAMS | 1977 | 7.52 | 06-Jan-95 | SASKATOON |
| 6 | JAYDEN FAUCHER | 2000 | 7.55 | 18-Feb-19 | EDMONTON |
| 7 | JAMIE ROBERTSON | 1977 | 7.58 | 02-Mar-96 | EDMONTON |
| 8 | LEIF ANDERSON | 1984 | 7.73 | 02-Mar-02 | EDMONTON |
| 9 | DARREN DELLEZAY | 1977 | 7.88 | 06-Jan-95 | SASKATOON |
| 10 | DAVID COWAN | 1968 | 7.93 | 31-Jan-86 | SASKATOON |

200M

| | | | | | |
|----|-----------------|------|-------|-----------|--------------|
| 1 | MATS SWANSON | 2004 | 21.86 | 11-Feb-23 | FAYETTEVILLE |
| 2 | CHRIS BEGG | 1971 | 23.63 | 04-Feb-89 | EDMONTON |
| 3 | NICK ADAMS | 1977 | 23.74 | 08-Mar-95 | EDMONTON |
| 4 | CONNOR BOLE | 2002 | 23.77 | 09-Feb-20 | EDMONTON |
| 5 | QUENTIN WOOD | 1975 | 23.89 | 05-Mar-93 | EDMONTON |
| 6 | JAMIE ROBERTSON | 1977 | 24.06 | 03-Mar-96 | EDMONTON |
| 7 | BRENT CARTER | 1986 | 24.56 | 29-Nov-03 | EDMONTON |
| 8 | JOHN PATTISON | 1983 | 25.02 | 02-Mar-02 | EDMONTON |
| 9 | JAYDEN FAUCHER | 2000 | 25.08 | 11-Feb-18 | EDMONTON |
| 10 | DARREN DELLEZAY | 1977 | 25.14 | 06-Jan-96 | CALGARY |
| 11 | RYAN CUSVELLER | 1992 | 25.41 | 13-Mar-10 | EDMONTON |
| 12 | KRIS GANSKE | 1972 | 25.62 | 03-Feb-90 | EDMONTON |
| 13 | AUSTIN GANSON | 1995 | 25.64 | 03-Mar-13 | EDMONTON |
| 14 | LEIF ANDERSON | 1984 | 25.75 | 12-Jan-02 | SASKATOON |
| | | | | | |

300M

| | | | | | |
|----|-------------------|------|-------|-----------|-----------|
| 1 | TYLER SMITH | 1994 | 36.03 | 07-Jan-12 | CALGARY |
| 2 | MICHAEL NISHIYAMA | 1989 | 37.12 | 14-Jan-07 | EDMONTON |
| 3 | QUENTIN WOOD | 1975 | 37.24 | 13-Mar-93 | EDMONTON |
| 4 | JORDEN HANSEN | 1996 | 37.51 | 04-Jan-14 | CALGARY |
| 5 | CONNOR BOLE | 2002 | 37.56 | 17-Jan-20 | EDMONTON |
| 6 | BRANDEN HANSEN | 1993 | 37.67 | 13-Feb-11 | EDMONTON |
| 7 | CHRIS BEGG | 1971 | 37.87 | 20-Jan-89 | EDMONTON |
| 8 | TIMURLANE CAKMAK | 1995 | 38.28 | 05-Jan-13 | CALGARY |
| 9 | ADAM WARD | 1991 | 38.31 | 03-Jan-09 | CALGARY |
| 10 | NICK ADAMS | 1977 | 38.44 | 29-Apr-95 | SASKATOON |
| 11 | DEREK BURGESS | 1975 | 38.77 | 05-Feb-94 | CALGARY |
| 12 | JAMIE ROBERTSON | 1977 | 38.96 | 26-Apr-96 | SASKATOON |
| 13 | AUSTIN GANSON | 1995 | 39.27 | 10-Feb-13 | EDMONTON |
| 14 | DUSTIN SETTER | 1998 | 39.3 | 07-Feb-16 | EDMONTON |
| 15 | DARREN DELLEZAY | 1977 | 39.86 | 14-Jan-96 | SASKATOON |
| 16 | RHYS DUNN | 2001 | 40.23 | 12-Jan-19 | SASKATOON |
| 17 | RYAN CUSVELLER | 1992 | 41.38 | 13-Feb-10 | EDMONTON |
| 18 | ANDY CONNELLY | 1973 | 41.59 | 04-Jan-91 | SASKATOON |
| 19 | LEIF ANDERSON | 1984 | 41.73 | 09-Feb-02 | EDMONTON |
| 20 | SHAUN GREGORY | 1981 | 41.8 | 01-May-99 | SASKATOON |

400M

| | | | | | |
|----|-------------------|------|-------|-----------|--------------|
| 1 | MATS SWANSON | 2004 | 47.86 | 10-Feb-23 | FAYETTEVILLE |
| 2 | TYLER SMITH | 1994 | 49.75 | 10-Mar-12 | EDMONTON |
| 3 | MICHAEL NISHIYAMA | 1989 | 51.89 | 03-Mar-07 | EDMONTON |
| 4 | BRANDEN HANSEN | 1993 | 52.09 | 13-Mar-11 | EDMONTON |
| 5 | ALEX ANDRES | 1995 | 52.95 | 20-Jan-13 | EDMONTON |
| 6 | CHRIS BEGG | 1971 | 53.08 | 04-Feb-89 | EDMONTON |
| 7 | QUENTIN WOOD | 1975 | 53.21 | 23-Feb-93 | POCATELLO |
| 8 | ADAM WARD | 1991 | 53.32 | 16-Jan-09 | EDMONTON |
| 9 | KYLE NISHIYAMA | 1985 | 53.6 | 08-Mar-03 | EDMONTON |
| 10 | TIMURLANE CAKMAK | 1995 | 53.97 | 20-Jan-13 | EDMONTON |
| 11 | JAMIE ROBERTSON | 1977 | 53.99 | 02-Mar-96 | EDMONTON |
| 12 | DUSTIN SETTER | 1998 | 54.3 | 06-Mar-16 | EDMONTON |
| 13 | NICK ADAMS | 1977 | 54.55 | 04-Feb-95 | EDMONTON |
| 14 | DAREK GLOWACKI | 1973 | 55.56 | 06-Mar-92 | EDMONTON |
| 15 | RYAN CUSVELLER | 1992 | 56.49 | 13-Mar-10 | EDMONTON |
| 16 | BRAD SANDY | 1976 | 56.54 | 18-Feb-94 | POCATELLO |
| 17 | ROBERT COULAS | 1988 | 56.58 | 04-Mar-06 | EDMONTON |
| 18 | LANDON HILL | 1991 | 57.7 | 07-Mar-09 | EDMONTON |
| 19 | ANDY CONNELLY | 1973 | 58.14 | 02-Feb-91 | EDMONTON |
| 20 | ROBERT LEPINE | 1991 | 58.58 | 19-Feb-09 | POCATELLO |

500M

| | | | | | |
|---|-------------------|------|-------|-----------|-----------|
| 1 | MARK LYNCH | 1968 | 66.35 | 26-Apr-86 | SASKATOON |
| 2 | NOLAN FYFE | 1983 | 67.23 | 27-Apr-01 | SASKATOON |
| 3 | MICHAEL NISHIYAMA | 1989 | 68.78 | 01-Dec-07 | NEW YORK |
| 4 | JORDAN FRIZELL | 1981 | 70.91 | 30-Apr-99 | SASKATOON |
| 5 | JAMIE ROBERTSON | 1977 | 72.05 | 26-Apr-96 | SASKATOON |
| 6 | ARLO OSTAPOWICH | 1973 | 72.68 | 26-Apr-91 | SASKATOON |
| 7 | SHAUN GREGORY | 1981 | 74.13 | 30-Apr-99 | SASKATOON |

600M

| | | | | | |
|----|-------------------|------|---------|-----------|-----------|
| 1 | MATS SWANSON | 2004 | 01:19.3 | 12-Feb-22 | EDMONTON |
| 2 | TYLER SMITH | 1994 | 01:19.6 | 20-Jan-12 | EDMONTON |
| 3 | NOLAN FYFE | 1983 | 01:22.5 | 21-Jan-01 | EDMONTON |
| 4 | MARK LYNCH | 1968 | 01:22.7 | 31-Jan-86 | SASKATOON |
| 5 | MICHAEL NISHIYAMA | 1989 | 01:22.8 | 19-Jan-08 | OTTAWA |
| 6 | DEREK PARKER | 2000 | 01:24.1 | 17-Feb-18 | EDMONTON |
| 7 | CONNOR BOLE | 2002 | 01:24.2 | 29-Feb-20 | EDMONTON |
| 8 | TIMURLANE CAKMAK | 1995 | 01:24.5 | 10-Feb-13 | EDMONTON |
| 9 | TRAVIS MCKAY | 1985 | 01:24.7 | 22-Feb-03 | CALGARY |
| 10 | ADAM WARD | 1991 | 01:25.2 | 26-Feb-10 | EDMONTON |
| 11 | RHYS DUNN | 2001 | 1;25.57 | 17-Jan-20 | EDMONTON |
| 12 | KYLE NISHIYAMA | 1985 | 01:25.7 | 18-Jan-03 | EDMONTON |
| 13 | ALEX ANDRES | 1995 | 01:25.8 | 09-Feb-14 | EDMONTON |
| 14 | JORDEN HANSEN | 1996 | 01:25.8 | 14-Feb-14 | EDMONTON |
| 15 | JAMIE ROBERTSON | 1977 | 01:26.0 | 21-Jan-95 | EDMONTON |
| 16 | WARREN BOHM | 1987 | 01:27.1 | 15-Jan-05 | EDMONTON |
| 17 | BRANDEN HANSEN | 1993 | 01:27.5 | 29-Jan-11 | SASKATOON |
| 18 | CLAYTON PARADIS | 1969 | 01:27.6 | 29-Jan-88 | SASKATOON |
| 19 | MAKARTHY BRIDGES | 1997 | 01:28.4 | 03-Jan-15 | CALGARY |
| 20 | DUSTIN SETTER | 1998 | 01:29.2 | 07-Feb-16 | EDMONTON |

800M

| | | | | | |
|----|-------------------|------|---------|-----------|-----------|
| 1 | TYLER SMITH | 1994 | 01:49.5 | 18-Feb-12 | POCATELLO |
| 2 | KARL ROBERTSON | 1991 | 01:53.4 | 16-Jan-10 | SEATTLE |
| 3 | MARK LYNCH | 1968 | 01:54.0 | 01-Mar-86 | SASKATOON |
| 4 | NOLAN FYFE | 1983 | 01:55.1 | 11-Mar-01 | NEW YORK |
| 5 | TRAVIS MCKAY | 1985 | 01:58.9 | 18-Jan-03 | EDMONTON |
| 6 | MICHAEL NISHIYAMA | 1989 | 01:58.9 | 15-Feb-07 | POCATELLO |
| 7 | TIMURLANE CAKMAK | 1995 | 01:59.6 | 03-Mar-13 | EDMONTON |
| 8 | DEREK BURGESS | 1975 | 02:00.0 | 19-Feb-94 | POCATELLO |
| 9 | DONOVAN HACKING | 1992 | 02:00.2 | 20-Mar-10 | EDMONTON |
| 10 | JAMIE FLOWER | 1968 | 02:00.2 | 11-Dec-87 | EDMONTON |
| 11 | KYLE NISHIYAMA | 1985 | 02:00.6 | 08-Mar-03 | EDMONTON |
| 12 | CLAYTON PARADIS | 1969 | 02:01.0 | 05-Mar-88 | WINNIPEG |
| 13 | ADAM WARD | 1991 | 02:01.1 | 13-Mar-10 | EDMONTON |
| 14 | BRANDEN HANSEN | 1993 | 02:01.2 | 19-Mar-11 | EDMONTON |
| 15 | CONNOR BOLE | 2002 | 2:01:26 | 15-Feb-20 | POCATELLO |
| 16 | JAMIE ROBERTSON | 1977 | 02:01.3 | 17-Feb-95 | POCATELLO |
| 17 | RHYS DUNN | 2001 | 2:01:53 | 15-Feb-20 | POCATELLO |
| 18 | ALEX ANDRES | 1995 | 02:01.7 | 16-Feb-13 | POCATELLO |
| 19 | JORDEN HANSEN | 1996 | 02:02.1 | 15-Mar-14 | EDMONTON |
| 20 | DEREK PARKER | 2000 | 2:02:26 | 17-Mar-18 | EDMONTON |

1000M

| | | | | | |
|----|------------------|------|---------|-----------|-----------|
| 1 | TYLER SMITH | 1994 | 02:29.1 | 12-Feb-12 | EDMONTON |
| 2 | MARK LYNCH | 1968 | 02:29.2 | 26-Apr-86 | SASKATOON |
| 3 | NOLAN FYFE | 1983 | 02:33.0 | 21-Jan-01 | EDMONTON |
| 4 | TRAVIS MCKAY | 1985 | 02:35.6 | 01-Feb-03 | CALGARY |
| 5 | DEREK BURGESS | 1975 | 02:36.7 | 22-Jan-94 | EDMONTON |
| 6 | TIMURLANE CAKMAK | 1995 | 02:38.3 | 10-Feb-13 | EDMONTON |
| 7 | ADAM WARD | 1991 | 02:38.8 | 13-Feb-10 | EDMONTON |
| 8 | ALEX ANDRES | 1995 | 02:39.4 | 10-Feb-13 | EDMONTON |
| 9 | WARREN BOHM | 1987 | 02:41.1 | 05-Feb-05 | CALGARY |
| 10 | JAMIE ROBERTSON | 1977 | 02:41.9 | 20-Jan-95 | EDMONTON |
| 11 | KYLE NISHIYAMA | 1985 | 02:42.3 | 18-Jan-03 | EDMONTON |
| 12 | TOM WILLOWS | 1968 | 02:45.1 | 26-Apr-86 | SASKATOON |
| 13 | JORDAN FRIZELL | 1981 | 02:45.6 | 01-May-99 | SASKATOON |
| 14 | HARRY MALHI | 2000 | 02:46.5 | 03-Mar-18 | EDMONTON |
| 15 | ANDRE LOCKER | 1985 | 02:51.9 | 01-Feb-03 | CALGARY |
| 16 | GREG ZAWASKI | 1984 | 02:53.8 | 09-Feb-02 | EDMONTON |
| 17 | EZRA ALEBA | 1991 | 03:00.3 | 03-Jan-09 | CALGARY |
| 18 | CLINTON STEER | 1982 | 03:02.6 | 11-Dec-99 | CALGARY |
| 19 | LEO LANCASTER | 1973 | 03:03.1 | 04-Jan-91 | SASKATOON |
| 20 | DARREN DELLEZAY | 1977 | 03:03.5 | 03-Mar-96 | EDMONTON |

1500M

| | | | | | |
|----|-----------------|------|---------|-----------|-----------|
| 1 | KARL ROBERTSON | 1991 | 03:55.4 | 06-Feb-10 | WINNIPEG |
| 2 | MARK LYNCH | 1968 | 04:00.7 | 22-Feb-86 | EDMONTON |
| 3 | TRAVIS MCKAY | 1985 | 04:05.1 | 18-Jan-03 | EDMONTON |
| 4 | SHAN MURUGAN | 1979 | 04:12.0 | 19-Jan-97 | EDMONTON |
| 5 | CLAYTON PARADIS | 1969 | 04:14.0 | 05-Mar-88 | WINNIPEG |
| 6 | MATT MACLELLAN | 1999 | 04:14.9 | 05-Mar-17 | EDMONTON |
| 7 | DONOVAN HACKING | 1992 | 04:16.1 | 13-Mar-10 | EDMONTON |
| 8 | DEREK BURGESS | 1975 | 04:17.2 | 05-Mar-94 | EDMONTON |
| 9 | KIM GENTES | 1967 | 04:18.3 | 24-Jan-85 | SASKATOON |
| 10 | ALEX ANDRES | 1995 | 04:19.6 | 10-Feb-13 | EDMONTON |
| 11 | ADAM WARD | 1991 | 04:21.1 | 07-Mar-09 | EDMONTON |
| 12 | TOM WILLOWS | 1968 | 04:21.3 | 01-Mar-86 | SASKATOON |
| 13 | ANDRE LOCKER | 1985 | 04:22.8 | 08-Mar-03 | EDMONTON |
| 14 | CONOR MCKAIGNEY | 1980 | 04:23.0 | 06-Mar-99 | EDMONTON |
| 15 | SHAUN GREGORY | 1981 | 04:25.4 | 22-Jan-00 | EDMONTON |
| 16 | GREG ZAWASKI | 1984 | 04:26.6 | 02-Mar-02 | EDMONTON |
| 17 | JORDAN FRIZZELL | 1981 | 04:33.6 | 22-Jan-00 | EDMONTON |
| 18 | EZRA ALEBA | 1991 | 04:37.3 | 07-Mar-09 | EDMONTON |
| 19 | COREY CONROY | 1981 | 04:52.3 | 06-Mar-99 | EDMONTON |
| 20 | CLINTON STEER | 1982 | 04:55.8 | 09-Jan-00 | SASKATOON |

3000M

| | | | | | |
|----|------------------|------|---------|-----------|-----------|
| 1 | TRAVIS MCKAY | 1985 | 08:50.3 | 08-Mar-03 | EDMONTON |
| 2 | DEREK BURGESS | 1975 | 08:58.9 | 11-Dec-93 | EDMONTON |
| 3 | KELSEY KELEMAN | 1980 | 09:07.1 | 07-Mar-99 | EDMONTON |
| 4 | RYAN FYFE | 1986 | 09:07.3 | 17-Jan-04 | EDMONTON |
| 5 | MATT MACLELLAN | 1999 | 9:13:18 | 13-Jan-18 | SASKATOON |
| 6 | SHAN MURUGAN | 1979 | 09:17.4 | 11-Jan-97 | SASKATOON |
| 7 | GREG ZAWASKI | 1984 | 09:26.3 | 15-Feb-03 | EDMONTON |
| 8 | ANDRE LOCKER | 1985 | 09:27.4 | 08-Mar-03 | EDMONTON |
| 9 | KIM GENTES | 1967 | 09:28.6 | 01-Mar-85 | WINNIPEG |
| 10 | CONOR MCKAIGNEY | 1980 | 09:29.4 | 07-Mar-99 | EDMONTON |
| 11 | TOM WILLOWS | 1968 | 09:46.3 | 22-Mar-86 | EDMONTON |
| 12 | COREY CONROY | 1981 | 10:01.9 | 20-Feb-99 | CALGARY |
| 13 | EZRA ALEBA | 1991 | 10:07.6 | 07-Mar-09 | EDMONTON |
| 14 | MAKARTHY BRIDGES | 1997 | 10:41.0 | 17-Jan-20 | EDMONTON |

50M HURDLES

| | | | | | |
|---|-----------------|------|------|-----------|----------|
| 1 | DAREK GLOWACKI | 1973 | 7.94 | 09-Feb-91 | EDMONTON |
| 2 | ARLO OSTAPOWICH | 1973 | 7.95 | 12-Dec-92 | EDMONTON |

60M HURDLES

| | | | | | |
|---|------------------|------|-------|-----------|-----------|
| 1 | NICK ADAMS | 1977 | 8.7 | 05-Mar-95 | EDMONTON |
| 2 | CURTIS SCHREIVER | 1973 | 8.95 | 03-Mar-91 | EDMONTON |
| 3 | JOHN PATTISON | 1983 | 9.11 | 02-Mar-02 | EDMONTON |
| 4 | JORDEN HANSEN | 1996 | 9.31 | 08-Feb-14 | EDMONTON |
| 5 | DEREK PARKER | 2000 | 9.45 | 20-Jan-18 | EDMONTON |
| 6 | ARLO OSTAPOWICH | 1973 | 9.49 | 26-Apr-91 | SASKATOON |
| 7 | DARREN DELLEZAY | 1977 | 9.52 | 03-Mar-96 | EDMONTON |
| 8 | QUENTIN WOOD | 1975 | 12.93 | 05-Mar-93 | EDMONTON |

HIGH JUMP

| | | | | | |
|---|------------------|------|------|-----------|-----------|
| 1 | JEFF BEGG | 1974 | 2.02 | 05-Mar-93 | EDMONTON |
| 2 | KURTIS NISHIYAMA | 1988 | 1.94 | 01-Dec-07 | NEW YORK |
| 3 | ANDREAS THOME | 2001 | 1.88 | 12-Jan-19 | SASKATOON |
| 4 | NOLAN FYFE | 1983 | 1.85 | 04-Mar-01 | EDMONTON |
| 4 | STEWART MARKHAM | 1971 | 1.8 | 09-Dec-89 | EDMONTON |
| 6 | ARLO OSTAPOWICH | 1973 | 1.8 | 12-Dec-92 | EDMONTON |
| 7 | ALEX ANDRES | 1995 | 1.7 | 03-Mar-13 | EDMONTON |
| 8 | DARREN DELLEZAY | 1977 | 1.6 | 03-Mar-96 | EDMONTON |
| 9 | JAMIE ROBERTSON | 1977 | 1.58 | 27-Jan-95 | EDMONTON |
| | ELIJA APORTADERA | 1995 | 1.55 | 10-Jan-13 | EDMONTON |

LONG JUMP

| | | | | | |
|----|------------------|------|------|-----------|-----------|
| 1 | STEWART MARKHAM | 1971 | 6.69 | 03-Mar-89 | EDMONTON |
| 2 | ANDREAS THOME | 2001 | 6.53 | 10-Mar-19 | EDMONTON |
| 3 | ARLO OSTAPOWICH | 1973 | 6.41 | 12-Dec-92 | EDMONTON |
| 4 | ELIJA APORTADERA | 1995 | 6.08 | 10-Feb-13 | EDMONTON |
| 5 | DAVID COWAN | 1968 | 6.03 | 07-Mar-87 | EDMONTON |
| 6 | TOM WILLOWS | 1968 | 5.84 | 31-Jan-86 | SASKATOON |
| 7 | DAREK GLOWACKI | 1973 | 5.77 | 18-Jan-91 | EDMONTON |
| 8 | DARREN DELLEZAY | 1977 | 5.76 | 04-Mar-95 | EDMONTON |
| 9 | JOHN PATTISON | 1983 | 5.73 | 02-Mar-02 | EDMONTON |
| 10 | NICK ADAMS | 1977 | 5.48 | 29-Apr-95 | SASKATOON |
| 11 | BRENT CARTER | 1986 | 5.23 | 17-Jan-04 | EDMONTON |
| | | | | | |

TRIPLE JUMP

| | | | | | |
|---|------------------|------|-------|-----------|----------|
| 1 | DAVID COWAN | 1968 | 13.15 | 07-Mar-87 | EDMONTON |
| 2 | STEWART MARKHAM | 1971 | 13.09 | 03-Mar-89 | EDMONTON |
| 3 | RICK NICKEL | 1963 | 11.9 | 13-Mar-81 | EDMONTON |
| 4 | ELIJA APORTADERA | 1995 | 11.72 | 20-Jan-13 | EDMONTON |
| 5 | RAY COWAN | 1971 | 10.59 | 03-Mar-89 | EDMONTON |

POLE VAULT

| | | | | | |
|---|-----------------|------|------|-----------|-----------|
| 1 | DEREK PARKER | 2000 | 3.45 | 18-Feb-18 | EDMONTON |
| 2 | DARRYL CYRE | 1968 | 3.2 | 01-Mar-86 | SASKATOON |
| 2 | DARREN DELLEZAY | 1977 | 3.2 | 03-Mar-96 | EDMONTON |
| 4 | DAREK GLOWACKI | 1973 | 3.1 | 05-Mar-91 | EDMONTON |

6K SHOT

| | | | | | |
|---|---------------|------|-------|-----------|-----------|
| 1 | MATT KUSHAK | 1993 | 12.59 | 13-Mar-11 | EDMONTON |
| 2 | ANDREAS THOME | 2001 | 11.22 | 12-Jan-19 | SASKATOON |

16LB SHOT

| | | | | | |
|---|------------------|------|-------|-----------|-----------|
| 1 | SCOTT BUCYK | 1969 | 12.92 | 18-Mar-88 | EDMONTON |
| 2 | CURTIS SCHREIVER | 1973 | 11.94 | 05-Mar-91 | EDMONTON |
| 3 | MATT KUSHAK | 1993 | 11.59 | 09-Jan-11 | EDMONTON |
| 4 | RICK SMITH | 1972 | 11.42 | 04-Jan-91 | SASKATOON |
| 5 | DAREK GLOWACKI | 1973 | 11.08 | 18-Jan-91 | EDMONTON |
| 6 | STEWART MARKHAM | 1971 | 10.79 | 14-Jan-89 | EDMONTON |
| 7 | DARREN DELLEZAY | 1977 | 10.41 | 03-Mar-96 | EDMONTON |
| 8 | RAY COWAN | 1971 | 8.61 | 03-Mar-89 | EDMONTON |

WEIGHT THROW

| | | | | | |
|---|------------------|------|-------|-----------|----------|
| 1 | MATT KUSHAK | 1993 | 16.92 | 13-Mar-11 | EDMONTON |
| 2 | SCOTT BUCYK | 1969 | 16.73 | 18-Mar-88 | EDMONTON |
| 3 | IAN MAPLETHORPE | 1966 | 15.39 | 01-Mar-85 | WINNIPEG |
| 4 | CURTIS SCHREIVER | 1973 | 9.95 | 12-Mar-91 | EDMONTON |
| 5 | STEWART MARKHAM | 1971 | 9.3 | 04-Feb-89 | EDMONTON |
| 6 | RICK SMITH | 1972 | 9.12 | 12-Mar-91 | EDMONTON |

Update Oct 2023