	FEMALE		NAME	YEAR	PERF.	**DATE**	**LOCATION**
	UNDER16	1	KATHERINE DRAGON	2009	7.07	3-Dec-23	EDMONTON
	50M	2	COLLETTE GOUDREAU	1973	7.13	21-Nov-87	CALGARY
		3	CHRISTI FERGUSON	1970	7.18	2-Dec-84	EDMONTON
		4	KIM FELDMAN	1964	7.34	16-Dec-78	EDMONTON
		5	DIANE SMITH	1965	7.34	29-Feb-80	EDMONTON
		6	DEBBIE STEVENS	1969	7.37	2-Dec-84	EDMONTON
		7	VICKI LYNCH	1970	7.37	10-Mar-84	EDMONTON
		8	CARA GIBSON	1977	7.43	26-Jan-92	CALGARY
		9	LISA SHANTZ	1964	7.44	3-Mar-79	EDMONTON
		10	JENNIFER METZ	1975	7.44	13-Jan-90	EDMONTON
		11	CARLA SERNA	1967	7.47	20-Feb-82	EDMONTON
		12	CHRISTINE VERCHOMIN	1966	7.54	13-Mar-81	EDMONTON
		13	CHRISTINE CLARKE	1966	7.54	17-Jan-81	EDMONTON
		14	TERRI ANN SANDERS	1977	7.56	26-Jan-92	CALGARY
		15	JENNIFER ZAWASKI	1977	7.57	26-Jan-92	CALGARY
		16	TERESA MELLOT	1964	7.64	16-Dec-78	EDMONTON
		17	ANGIE REMBOWSKI	1965	7.64	13-Jan-79	EDMONTON
		18	KIM LOGAN	1969	7.65	10-Mar-84	EDMONTON
		19	DEBBIE FOSTER	1978	7.70	26-Jan-92	CALGARY
		20	SENTA GROEGER	1972	7.70	21-Nov-87	CALGARY
	UNDER16	1	JANICE ZAWASKI	1982	7.82	8-Mar-97	CALGARY
	60M	2	EMMA LEE	2010	7.93	9-Feb-25	EDMONTON
		3	KATHERINE DRAGON	2009	8.19	10-Feb-24	EDMONTON

		4	ASHLEY PATTERSON	1987	8.21	14-Dec-02	CALGARY
		5	TATYJANIA KHOUNVISETH	1998	8.29	30-Nov-13	EDMONTON
		6	CARLE EVANS	1984	8.30	27-Nov-99	EDMONTON
		7	BREANNE CARTER	1988	8.30	15-Feb-03	POCATELLO
		8	AMANDA GUENTHER	1983	8.37	1-Mar-97	EDMONTON
		9	NICOLLE HARYSH	1995	8.37	23-Jan-10	CALGARY
		10	CHRISTI FERGUSON	1970	8.38	31-Mar-84	SASKATOON
		11	COLLETTE GOUDREAU	1973	8.40	18-Mar-88	EDMONTON
		12	KAMI GAINSFORTH	1995	8.40	25-Apr-09	CALGARY
		13	KELSEY RICHARD	1992	8.42	3-Mar-07	EDMONTON
		14	JENNY WILLOWS	1970	8.43	27-Dec-85	SASKATOON
		15	ERIKA OSWALD	1990	8.46	5-Feb-05	CALGARY
		16	VANESSA BARR	1993	8.46	13-Jan-08	EDMONTON
		17	BRITTANY HARRYSH	1989	8.47	4-Dec-04	CALGARY
		18	ARIELLE BOCK	1994	8.47	25-Apr-09	CALGARY
		19	KATHERINE DRAGON	2009	8.51	4-Mar-23	EDMONTON
		20	CADY MCCUBBING	2002	8.53	5-Mar-16	EDMONTON

	UNDER16	1	JANICE ZAWASKI	1982	25.66	2-Mar-97	EDMONTON
	200M	2	ASHLEY PATTERSON	1987	26.44	1-Dec-02	EDMONTON
		3	ARIELLE BOCK	1994	26.79	14-Mar-09	EDMONTON
		4	TATYJANIA KHOUNVISETH	1998	26.95	14-Dec-13	CALGARY
		5	EMMA LEE	2010	26.99	9-Feb-25	EDMONTON
		6	ABIOLA OMOYAYI	2009	27.24	11-Feb-24	EDMONTON

		7	TANYA WRIGHT	1981	27.41	5-Feb-95	EDMONTON
		8	AMANDA GUENTHER	1983	27.42	21-Mar-98	EDMONTON
		9	KATHERINE DRAGON	2010	27.46	3-Mar-24	EDMONTON
		10	VANESSA BARR	1993	27.47	3-Mar-07	EDMONTON
		11	VICKY LYNCH	1970	27.84	12-Jan-85	EDMONTON
		12	KAMI GAINSFORTH	1995	27.87	14-Mar-10	EDMONTON
		13	CHRISTI FERGUSON	1970	27.88	23-Mar-85	EDMONTON
		14	ERIKA OSWALD	1990	27.89	6-Mar-05	EDMONTON
		15	KELSEY RICHARD	1992	27.89	4-Mar-06	EDMONTON
		16	MEGAN MCKENZIE	1993	27.99	15-Mar-08	EDMONTON
		17	BARB DROLET	1972	28.02	11-Dec-87	EDMONTON
		18	BREANNE CARTER	1988	28.12	7-Feb-03	SASKATOON
		19	NICOLLE HARYSH	1995	28.17	14-Mar-10	EDMONTON
		20	CHELSEA SHURGOT	1980	28.24	18-Mar-95	EDMONTON
	UNDER16	1	JANICE ZAWASKI	1982	40.92	18-Jan-97	EDMONTON
	300M	2	ABIOLA OMOYAYI	2009	42.35	3-Mar-24	EDMONTON
		3	TANYA WRIGHT	1981	42.45	14-Jan-96	SASKATOON
		4	TATYJANIA KHOUNVISETH	1998	42.59	30-Nov-13	EDMONTON
		5	NATASHA SMALLWOOD	1996	42.94	23-Jan-11	EDMONTON
		6	GWYNNE FEDORUK	1969	43.39	22-Apr-83	SASKATOON
		7	NICOLLE HARYSH	1995	43.88	4-Dec-10	EDMONTON
		8	HEATHER WEGNER	1972	44.55	26-Apr-86	SASKATOON
		9	MELANIE HALWA	1982	44.78	14-Jan-96	SASKATOON
		10	NOELLE CAKMAK	1997	44.85	10-Mar-12	EDMONTON

		11	CHELSEA LINK	1979	44.91	29-Apr-94	SASKATOON
		11	MEADOW DREBERT	2006	44.97	26-Jan-20	CALGARY
		13	LIBBY DUNN	2006	44.97	19-Jan-20	EDMONTON
		14	JAYME BIALIK	2007	45.00	6-Feb-22	EDMONTON
		15	VANESSA BARR	1993	45.42	13-Jan-08	EDMONTON
		16	CADY MCCUBBING	2002	45.44	6-Feb-16	EDMONTON
		17	VANESSA HALWA	1979	45.45	29-Apr-94	SASKATOON
		18	NICOLE MARVIN	1981	45.49	20-Jan-96	EDMONTON
		19	ERIKA OSWALD	1990	45.63	10-Dec-05	CALGARY
		20	JENNIFER KEMP	1983	45.68	14-Feb-98	EDMONTON

	UNDER16	1	JANICE ZAWASKI	1982	55.68	15-Feb-97	POCATELLO
	400M	2	ASHLEY PATTERSON	1987	58.37	1-Dec-02	EDMONTON
		3	TANYA WRIGHT	1981	59.9	4-Mar-95	EDMONTON
		4	ABIOLA OMOYAYI	2009	59.92	18-Feb-24	P0CATELLO
		5	GWYNNE FEDORUK	1969	60.62	12-Feb-83	EDMONTON
		6	VICKI LYNCH	1970	60.72	1-Mar-85	WINNIPEG
		7	JENNY VAN KEMPEN	1982	61.14	2-Mar-97	EDMONTON
		8	BARB DROLET	1972	61.93	7-Mar-87	EDMONTON
		9	DEBBIE FOSTER	1978	62.76	5-Mar-93	EDMONTON
		10	CARA GIBSON	1977	63.04	20-Mar-92	EDMONTON
		11	CHRISTINE ZAWASKI	1980	63.33	14-Feb-95	EDMONTON
		12	RILEY LAFORGE	1994	63.48	16-Jan-09	EDMONTON

		13	JENNIFER KEMP	1983	63.49	6-Dec-97	EDMONTON
		14	HEATHER WEGNER	1972	63.65	22-Mar-86	EDMONTON
		15	NICOLE MARVIN	1981	63.96	2-Dec-95	EDMONTON
		16	MELANIE HALWA	1982	64.18	9-Mar-96	CALGARY
		17	VANESSA HALWA	1979	64.47	10-Dec-94	EDMONTON
		18	ERIKA OSWALD	1990	64.47	6-Mar-05	EDMONTON
		19	CARLE EVANS	1984	64.54	27-Nov-99	EDMONTON
		20	COLLEEN ROGERS	1965	64.64	3-Mar-79	EDMONTON
	UNDER16	1	JANICE ZAWASKI	1982	1:17.84	26-Apr-96	SASKATOON
	500M	2	TANYA WRIGHT	1981	1:18.70	28-Apr-95	SASKATOON
		3	JENNIFER KEMP	1983	1:19.73	24-Apr-98	SASKATOON
		4	JENNY VANKEMPEN	1982	1:21.86	26-Apr-97	SASKATOON
		5	BARB DROLET	1972	1:21.93	10-Apr-87	SASKATOON
		6	VICKI LYNCH	1970	1:22.26	31-Mar-84	SASKATOON
		7	CARA GIBSON	1977	1:22.33	10-Apr-92	SASKATOON
		8	CHRISTINE ZAWASKI	1980	1:23.09	29-Apr-94	SASKATOON
		9	ADRIA SNOWDON	1986	1:23.14	27-Apr-01	SASKATOON
		10	DEBBIE FOSTER	1978	1:23.31	1-May-93	SASKATOON
		11	HEATHER WEGNER	1972	1:24.51	25-Apr-86	SASKATOON
		12	VANESSA HALWA	1979	1:24.83	29-Apr-94	SASKATOON
		13	SHAY OSTAPOWICH	1976	1:24.84	26-Apr-91	SASKATOON
		14	JENNY ZAWASKI	1977	1:25.86	10-Apr-92	SASKATOON
		15	HEATHER KRUEGER	1978	1:26.59	1-May-93	SASKATOON
		16	JODI ARBUCKLE	1976	1:26.64	26-Apr-91	SASKATOON
		17	BRETT FOLEY	1982	1:27.52	26-Apr-97	SASKATOON
		18	JAMIE JOHNSEN	1983	1:27.89	24-Apr-98	SASKATOON

		19	CHELSEA LINK	1979	1:28.33	29-Apr-94	SASKATOON
		20	KARI RESVICK	1971	1:28.45	25-Apr-86	SASKATOON

	UNDER16	1	MEADOW DREBERT	2006	1:36.54	29-Feb-20	EDMONTON
	600M	2	TANYA WRIGHT	1981	1:37.10	11-Feb-96	EDMONTON
		3	NATASHA SMALLWOOD	1996	1:37.45	13-Feb-11	EDMONTON
		4	HANNAH GREGORY	2010	1:39.06	21-Jan-25	EDMONTON
		5	JENNIFER KEMP	1983	1:40.56	7-Mar-98	CALGARY
		6	VICKI LYNCH	1970	1:41.01	27-Dec-84	SASKATOON
		7	JENNY VAN KEMPEN	1982	1:41.60	18-Jan-97	EDMONTON
		8	ADRIA SNOWDON	1986	1:41.82	10-Feb-01	EDMONTON
		9	JANICE ZAWASKI	1982	1:42.13	11-Jan-97	SASKATOON
		10	RILEY LAFORGE	1994	1:42.20	24-Jan-09	CALGARY
		11	DEANNA MONSON	1971	1:42.27	27-Dec-86	SASKATOON
		12	DEBBIE FOSTER	1978	1:42.38	23-Jan-93	EDMONTON
		13	LIBBY DUNN	2006	1:42.40	17-Jan-20	EDMONTON
		14	CHRISTINE ZAWASKI	1980	1:43.73	22-Jan-94	EDMONTON
		15	MARY MACLEAN	2008	1:44.26	22-Jan-23	EDMONTON
		16	JULIANA CHIPIUK	2005	1:44.40	8-Mar-19	EDMONTON
		17	ABIOLA OMOYAYI	2009	1:44.56	4-Mar-23	EDMONTON
		18	HALEY KEIRSTEAD	1999	1:44.98	9-Feb-14	EDMONTON
		19	MAELLE DREBERT	2011	1:45.51	9-Feb-25	EDMONTON

		20	GINELLE DEMONE	1998	1:45.81	5-Jan-13	CALGARY
	UNDER16	1	MEADOW DREBERT	2006	2:15.16	10-Mar-20	EDMONTON
	800M	2	TANYA WRIGHT	1981	2:16.27	3-Mar-96	EDMONTON
		3	JENNIFER KEMP	1983	2:17.91	21-Mar-98	EDMONTON
		4	RILEY LAFORGE	1994	2:19.09	15-Mar-08	EDMONTON
		5	GWYNNE FEDORUK	1969	2:19.30	12-Feb-83	EDMONTON
		6	NATASHA SMALLWOOD	1996	2:19.60	24-Apr-10	CALGARY
		7	JULIANA CHIPIUK	2005	2:19.81	16-Mar-19	EDMONTON
		8	ADRIA SNOWDON	1986	2:20.12	17-Feb-01	POCATELLO
		9	VICKI LYNCH	1970	2:20.31	17-Feb-85	EDMONTON
		10	GINELLE DEMONE	1998	2:20.41	2-Mar-13	EDMONTON
		11	JENNY VAN KEMPEN	1982	2:21.40	2-Mar-97	EDMONTON
		12	HALEY KEIRSTEAD	1999	2:22.66	15-Mar-14	EDMONTON
		13	CHRISTINE ZAWASKI	1980	2:23.18	18-Mar-95	EDMONTON
		14	JANICE ZAWASKI	1982	2:23.39	22-Feb-97	EDMONTON
		15	HANNAH GREGORY	2010	2:24.10	8-Mar-25	EDMONTON
		16	MARY MACLEAN	2008	2:24.16	18-Feb-23	POCATELLO
		17	BARB DROLET	1972	2:24.97	7-Mar-87	EDMONTON
		18	ALYCIA SWANSON	1998	2:25.08	2-Mar-13	EDMONTON
		19	DEANNA MONSON	1971	2:25.79	22-Mar-86	EDMONTON
		20	DEBBIE FOSTER	1978	2:26.28	5-Mar-93	EDMONTON

	UNDER16	1	HANNAH GREGORY	2010	2:55.85	6-Dec-25	EDMONTON
	1000M	2	MEADOW DREBERT	2006	2:59.26	8-Feb-20	EDMONTON
		3	JENNIFER KEMP	1983	3:01.45	24-Apr-98	SASKATOON
		4	JULIANA CHIPIUK	2005	3:02.11	8-Feb-20	EDMONTON
		5	TANYA WRIGHT	1981	3:04.58	20-Jan-96	EDMONTON
		6	ADRIA SNOWDON	1986	3:05.03	19-Jan-01	EDMONTON
		7	VICKI LYNCH	1970	3:06.01	27-Dec-84	SASKATOON
		8	JENNY VAN KEMPEN	1982	3:06.98	26-Apr-97	SASKATOON
		9	CHRISTINE ZAWASKI	1980	3:07.30	29-Apr-95	SASKATOON
		10	DEANNA MONSON	1971	3:08.40	13-Dec-86	EDMONTON
		11	LIBBY DUNN	2006	3:09.89	8-Feb-20	EDMONTON
		12	BARB DROLET	1972	3:10.20	10-Apr-87	SASKATOON
		13	MEGAN METCALFE	1982	3:11.24	13-Dec-97	CALGARY
		14	ALYCIA SWANSON	1998	3:11.26	10-Feb-13	EDMONTON
		15	TANYA ANDERSON	1971	3:12.14	13-Dec-86	EDMONTON
		16	GINELLE DEMONE	1998	3:12.31	12-Feb-12	EDMONTON
		17	HALEY KEIRSTEAD	1999	3:12.58	9-Feb-14	EDMONTON
		18	MADDY OXTON	1997	3:12.69	12-Feb-12	EDMONTON
		19	BRETT FOLEY	1982	3:14.60	26-Apr-97	SASKATOON
		20	STEPHANIE AITKEN	1987	3:15.08	2-Feb-02	CALGARY
	UNDER16	1	MEADOW DREBERT	2006	3:36.90	16-Feb-20	EDMONTON
	1200M	2	JULIANA CHIPIUK	2005	3:44.66	2-Mar-20	EDMONTON
		3	HANNAH GREGORY	2010	3:48.32	25-Jan-25	EDMONTON
		4	BRYNN HEBERT	2002	3:48.51	4-Mar-17	EDMONTON

		5	GINELLE DEMONE	1998	3:49.06	10-Feb-13	EDMONTON
		6	NATASHA SMALLWOOD	1996	3:52.21	13-Feb-10	EDMONTON
		7	HALEY KEIRSTEAD	1999	3:54.07	14-Mar-14	EDMONTON
		8	ALYCIA SWANSON	1998	3:54.30	10-Feb-13	EDMONTON
		9	MADDY OXTON	1997	3:57.68	10-Mar-12	EDMONTON
		10	ASHLYNN UDHOLM	1995	4:03.72	13-Feb-10	EDMONTON
		11	DEVIN FLINT	1996	4:03.81	13-Feb-10	EDMONTON
		12	MAELLE DREBERT	2011	4:08.70	2-Mar-25	EDMONTON
		13	KYRA SHEPPARD	2007	4:09.14	6-Mar-22	EDMONTON
		14	SIERRA HALWA	1997	4:10.70	10-Mar-12	EDMONTON
		15	CLAIR KELLER	2010	4:14.96	21-Jan-24	EDMONTON
		16	CHRISTINE SIMARD	1996	4:18.20	3-Dec-11	EDMONTON
		17	KENNA BOLE	2004	4:18:53	16-Nov-19	EDMONTON
		18	OLIVIA GOMEZ	2010	4:20:31	2-Mar-25	EDMONTON
		19	MARY MACLEAN	2008	4:22:48	6-Mar-22	EDMONTON
		20	BROOKLYN JOHNSTON	2007	4:24:14	6-Mar-22	EDMONTON

	UNDER16	1	HANNAH GREGORY	2010	4:50.90	13-Mar-25	NEW YORK
	1500M	2	ADRIA SNOWDON	1986	4:53.60	4-Mar-01	EDMONTON
		3	RILEY LAFORGE	1994	4:54.51	1-Mar-08	EDMONTON
		4	BARB DROLET	1972	4:55.23	1-Mar-86	SASKATOON
		5	MEGHAN METCALFE	1982	4:55.51	6-Dec-97	EDMONTON

		6	DEANNA MONSON	1971	4:55.56	1-Mar-86	SASKATOON
		7	JULIANA CHIPIUK	2005	4:55.77	9-Feb-20	EDMONTON
		8	VICKI LYNCH	1970	4:57.31	23-Mar-85	EDMONTON
		9	JENNIFER KEMP	1983	5:00.52	1-Mar-97	EDMONTON
		10	TANYA WRIGHT	1981	5:00.79	30-Nov-96	EDMONTON
		11	STEPHANIE AITKEN	1987	5:03.63	2-Mar-02	EDMONTON
		12	TAYLOR PATTERSON	1991	5:11.23	20-Jan-06	EDMONTON
		13	CHRISTINE ZAWASKI	1980	5:13.57	5-Mar-94	EDMONTON
		14	BRETT FOLEY	1982	5:14.80	9-Feb-97	EDMONTON
		15	TARA LABRANCHE	1985	5:19.38	25-Nov-00	EDMONTON
		16	JENNY ZAWASKI	1977	5:19.88	12-Jan-91	EDMONTON
		17	TASHA WATSON	1975	5:21.40	3-Mar-89	EDMONTON
		18	DARA LEE GEAKE	1970	5:25.26	27-Dec-84	SASKATOON
		19	AMY BROHMAN	1986	5:27.50	4-Mar-00	EDMONTON
		20	CARA PATTERSON	1992	5:27.50	20-Jan-06	EDMONTON
	UNDER16	1	JULIANA CHIPIUK	2005	6:35.76	29-Feb-20	EDMONTON
	2000M	2	MEADOW DREBERT	2006	6:48.33	8-Feb-19	EDMONTON
		3	HALEY KEIRSTEAD	1999	6:55.04	2-Mar-14	EDMONTON
		4	BRYNN HIEBERT	2002	7:00.85	5-Mar-17	EDMONTON
		5	MADDY OXTON	1997	7:16.05	10-Mar-12	EDMONTON
		6	BROOKLYN JOHNSTON	2007	7:20.21	17-Jan-20	EDMONTON
		7	DEVIN FLINT	1996	7:21.04	13-Mar-10	EDMONTON
		8	KYRA SHEPPARD	2007	7:26.28	5-Feb-22	EDMONTON
		9	SIERRA HALWA	1997	7:36.18	10-Mar-12	EDMONTON
		10	CHRISTINE SIMARD	1996	7:59.41	13-Mar-10	EDMONTON
		11	ASHLYNN UDHOLM	1995	8:04.78	15-Jan-10	EDMONTON

		12	LAUREN DELLEZAY	2005	8:12.27	18-Jan-19	EDMONTON
	UNDER16	1	NICOLE MARVIN	1981	10:59.88	2-Dec-95	EDMONTON
	3000M	2	STEPHANIE AITKEN	1987	11:04.17	18-Jan-02	EDMONTON
		3	BARB DROLET	1972	11:08.05	22-Mar-86	EDMONTON
		4	DEANNA MONSON	1971	11:10.50	25-Apr-86	SASKATOON
		5	RILEY LAFORGE	1994	11:26.93	6-Dec-08	CALGARY
		6	TARA LABRANCHE	1985	11:50.09	25-Nov-00	EDMONTON
		7	JENNIFER ZAWASKI	1977	12:10.21	3-Mar-91	EDMONTON
		8	KATIE ELDER	1994	12:53.72	16-Jan-09	EDMONTON
		9	CARLEEN HARVEY	1978	13:03.53	1-May-93	SASKATOON
		10	KATIE SAMOIL	1986	13:40.67	25-Nov-00	EDMONTON

	UNDER16	1	CARA GIBSON	1977	8.44	12-Jan-92	EDMONTON
	50M HURDLES	2	TERRI ANN SANDERS	1977	8.51	12-Dec-92	EDMONTON
		3	SHAY OSTAPOWICH	1976	8.54	11-Feb-90	EDMONTON
		4	GWYNNE FEDORUK	1969	8.77	12-Feb-83	EDMONTON
		5	KIM LOGAN	1969	8.89	2-Dec-84	EDMONTON
		6	DEBBIE STEVENS	1969	9.21	10-Mar-84	EDMONTON
		7	DARA LEE GEAKE	1970	9.34	2-Dec-84	EDMONTON
		8	VICKY LYNCH	1970	9.46	19-Feb-84	EDMONTON
		9	AMANDA MATTOCKS	1973	9.47	16-Jan-88	EDMONTON
		10	MARY MUGFORD	1970	9.89	1-Mar-85	WINNIPEG
		11	JACKIE LITTLE	1969	10.12	2-Dec-84	EDMONTON
		12	KIM MOIR	1971	10.24	12-Jan-85	EDMONTON

	UNDER16	1	DAWN CHITRINA	1983	9.84	29-Nov-98	EDMONTON
	60M HURDLES	2	BRITTANY THOMAS	1988	9.96	8-Mar-03	EDMONTON
		3	CARA GIBSON	1977	10.04	6-Mar-92	EDMONTON
		4	ANGIE LACHMAN	1979	10.15	5-Mar-93	EDMONTON
		5	MAEGAN PATTISON	1990	10.49	6-Mar-05	EDMONTON
		6	SHAY OSTAPOWICH	1976	10.52	3-Feb-90	EDMONTON
		7	CHEYENNE GOH	1999	10.56	19-Jan-14	EDMONTON
		8	KIM LOGAN	1969	10.65	31-Mar-84	SASKATOON
		9	CHRISTI FERGUSON	1970	10.82	31-Mar-84	SASKATOON
		10	AMANDA MATTOCKS	1973	10.94	29-Jan-88	SASKATOON
		11	ARYONNAH KNEE	2009	11.10	14-Jan-23	SASKATOON
		12	LAUREN DELLEZAY	2005	11.14	8-Feb-20	EDMONTON
		13	HEATHER SHURGOT	1983	11.40	1-Mar-97	EDMONTON
		14	ANDREA JACOB	2008	11.50	6-Mar-22	EDMONTON
		15	JAYME BIALIK	2007	11.60	17-Jan-20	EDMONTON
		16	KRISTIN VAN ECK	1983	13.34	26-Apr-97	SASKATOON
		17	CASSANDRA CARTER	1982	13.99	3-Mar-96	EDMONTON
	UNDER16	1	LAUREN DELLEZAY	2005	2.05	8-Feb-20	EDMONTON
	POLE VAULT						
	MILE	1	HANNAH GREGORY	2010	5:10:29	16-Mar-25	NEW YORK

	UNDER16	1	GWYNNE FEDORUK	1969	5.03	19-Feb-83	EDMONTON
	LONG JUMP	2	JENNIFER METZ	1975	4.88	27-Jan-89	SASKATOON
		3	DAWN CHITRINA	1983	4.88	29-Nov-98	EDMONTON
		4	ARIELLE BOCK	1994	4.87	1-Mar-08	EDMONTON
		5	MELANIE HALWA	1982	4.86	1-Dec-96	EDMONTON
		6	MARY MUGFORD	1970	4.85	10-Mar-84	EDMONTON
		7	HEATHER WEGNER	1972	4.83	22-Mar-86	EDMONTON
		8	VANESSA BARR	1993	4.82	3-Mar-07	EDMONTON
		9	DIANE SMITH	1965	4.81	1-Mar-80	EDMONTON
		10	JENNY WILLOWS	1970	4.80	27-Dec-85	SASKATOON
		11	AMANDA GUENTHER	1983	4.79	6-Dec-97	EDMONTON
		12	COLLETTE GOUDREAU	1973	4.78	8-Jan-88	SASKATOON
		13	JANICE ZAWASKI	1982	4.76	22-Feb-97	EDMONTON
		14	MICHELLE MAKOWSKY	1981	4.76	21-Jan-95	EDMONTON
		15	CARA GIBSON	1977	4.75	12-Jan-92	EDMONTON
		16	VANESSA HALWA	1979	4.69	10-Dec-94	EDMONTON
		17	OLIVIA TRUEMAN	1993	4.69	29-N0v-08	EDMONTON
		18	BREANNE CARTER	1988	4.62	18-Jan-02	EDMONTON
		19	LISA SHANTZ	1964	4.61	3-Mar-79	EDMONTON
		20	ANDREA GOLLY	1978	4.59	20-Mar-92	EDMONTON

	UNDER16	1	TANYA WRIGHT	1981	9.81	29-Apr-95	SASKATOON
	TRIPLE JUMP	2	AMANDA GUENTHER	1983	9.54	6-Dec-97	EDMONTON
		3	DAWN CHITRINA	1983	9.47	6-Dec-97	EDMONTON
		4	HEATHER SHURGOT	1983	9.34	1-Mar-97	EDMONTON
		5	MICHELLE MAKOWSKY	1981	9.22	29-Apr-95	SASKATOON
		6	MAEGAN PATTISON	1990	9.17	6-Mar-04	EDMONTON
		7	BRETT FOLEY	1982	9.02	1-Mar-97	EDMONTON
		8	SAMARA PAINE	2000	8.82	9-Feb-14	EDMONTON
		9	ERIKA OSWALD	1990	8.75	6-Mar-04	EDMONTON
		10	JENNIFER POMERLEAU	1983	8.70	1-Mar-97	EDMONTON
		11	ANGIE MACDONALD	1983	8.63	6-Dec-97	EDMONTON
		12	KENDRA PATRICK	1987	8.59	2-Mar-02	EDMONTON
		13	LYNN NAYLOR	1982	8.58	6-Dec-97	EDMONTON
		14	HEATHER MYATT	1991	8.55	6-Mar-05	EDMONTON
		15	CASSANDRA CARTER	1982	8.49	1-Dec-96	EDMONTON
		16	BRYNN HIEBERT	2002	8.34	20-Nov-16	EDMONTON
		17	KAYLA NEUFELD	1983	8.16	11-Jan-98	SASKATOON

	UNDER16	1	DEANNA MONSON	1971	1.62	13-Dec-86	EDMONTON
	HIGH JUMP	2	GWYNNE FEDORUK	1969	1.55	19-Feb-83	EDMONTON
		3	KELSEY RICHARD	1992	1.54	1-Dec-07	EDMONTON
		4	LAUREN DELLEZAY	2005	1.53	9-Feb-20	EDMONTON
		5	TERRI ANN SANDERS	1977	1.53	12-Dec-92	EDMONTON
		6	MARY MUGFORD	1970	1.51	3-Feb-85	EDMONTON
		7	MICHELLE MAKOWSKY	1981	1.50	21-Jan-95	EDMONTON
		8	ANGIE LACHMAN	1979	1.50	23-Jan-93	EDMONTON
		9	RILEY LAFORGE	1994	1.50	29-Nov-08	EDMONTON
		10	JANICE ZAWASKI	1982	1.48	22-Feb-97	EDMONTON
		11	JODIE ARBUCKLE	1976	1.47	13-Jan-90	EDMONTON
		12	JENNIFER POMERLEAU	1983	1.45	12-Jan-97	SASKATOON
		13	HEATHER WEGNER	1972	1.45	22-Mar-86	EDMONTON
		14	CARLA SERNA	1967	1.45	29-Jan-82	SASKATOON
		15	JENNIFER METZ	1975	1.44	17-Dec-89	EDMONTON
		16	ARIELLE BOCK	1994	1.41	9-Feb-08	EDMONTON
		17	TANYA WRIGHT	1981	1.40	27-Jan-95	EDMONTON
		18	JENNI MINCHAU	1978	1.40	11-Dec-93	EDMONTON
		19	JENNI ZAWASKI	1977	1.40	20-Mar-92	EDMONTON
		20	SHEENA CODY	1986	1.40	28-Apr-01	SASKATOON
			AMANDA MATTOCKS	1973	1.40	29-Jan-88	SASKATOON
			KRISTIN VAN ECK	1983	1.40	26-Apr-97	SASKATOON
			DAWN CHITRINA	1983	1.40	12-Jan-97	SASKATOON
			NATASHA SMALLWOOD	1996	1.40	4-Dec-10	EDMONTON
			NOELLE CAKMAK	1997	1.40	13-Mar-11	EDMONTON
			CHRISTINE SIMARD	1996	1.40	23-Jan-11	EDMONTON

	UNDER16	1	ABIGALE KIRSCH	2004	10.05	10-Mar-19	EDMONTON
	WEIGHT	2	LAUREN DELLEZAY	2005	8.38	9-Feb-20	EDMONTON
	7.26K						
	UNDER16	1	CHEYENNE GOH	1999	21.84	4-Jan-14	CALGARY
	150M	2	KYRA HERMANN	1999	22.64	4-Jan-14	CALGARY
		3	LAUREN DELLEZAY	2005	23.74	5-Jan-20	CALGARY
	UNDER16	1	GWYNNE FEDORUK	1969	2913	22-Jan-83	SASKATOON
	PENTATHLON	2	ABIOLA OMOYAYI	2009	2732.00	4-Feb-24	EDMONTON

	UNDER16	1	DEBBIE STEVENS	1969	8.69	10-Mar-84	EDMONTON
	SHOT 4K	2	COLLETTE GOUDREAU	1973	8.64	16-Jan-88	EDMONTON
		3	KIAH HENRY	1989	8.55	18-Jan-03	EDMONTON
		4	CHANTELL WIDNEY	1979	8.42	10-Dec-94	EDMONTON
		5	MARY MUGFORD	1970	8.10	23-Mar-85	EDMONTON
		6	JENNIFER POMERLEAU	1983	7.75	6-Dec-97	EDMONTON

		7	HEATHER SHURGOT	1983	7.69	11-Jan-98	SASKATOON
		8	NICOLE DOUVILLE	1978	7.60	1-May-93	SASKATOON
		9	LAUREN LUTIC	1988	7.55	18-Jan-03	EDMONTON
		10	GWYNNE FEDORUK	1969	7.51	13-Feb-83	EDMONTON
		11	BRETT FOLEY	1982	7.51	26-Apr-97	SASKATOON
		12	MAELYNN HODGINS	1970	7.41	28-Jan-84	SASKATOON
		13	CHANDRA ROSZEL	1974	7.38	3-Mar-89	EDMONTON
		14	ERIN SPUTEK	1984	7.35	11-Jan-98	SASKATOON
		15	KARLE YOUNG	1974	7.22	18-Mar-88	EDMONTON
		16	JILL METZ	1977	7.20	4-Jan-91	SASKATOON
		17	TARYN FOLEY	1984	7.20	7-Mar-99	EDMONTON
		18	SONJA GIRGIS	1972	6.99	7-Mar-87	EDMONTON
		19	MELISSA FOSTER	1986	6.98	25-Nov-00	EDMONTON
		20	JENNIFER METZ	1975	6.83	14-Jan-89	EDMONTON
	UNDER16	1	MEGAN HIEBERT	2001	11.15	20-Nov-16	EDMONTON
	SHOT 3K	2	ANDREA JACOB	2008	9.72	5-Feb-23	EDMONTON
		3	ERIKA OSWALD	1990	9.37	20-Nov-06	EDMONTON
		4	MAELLE DREBERT	2011	9.29	26-Jan-25	EDMONTON
		5	LAUREN DELLEZAY	2005	8.64	1-Mar-20	EDMONTON
		6	ARIELLE BOCK	1994	8.38	9-Feb-08	EDMONTON
		7	ARYONNAH KNEE	2009	7.91		
		8	MARY MACLEAN	2008	7.60	6-Feb-22	EDMONTON
		9	KATHERINE DRAGON	2009	7.26	5-Feb-23	EDMONTON
		10	ALEX O'BRIEN	2002	7.12	20-Nov-16	EDMONTON

		11	SAMARA PAINE	2000	6.20	2-Mar-14	EDMONTON
		12	COURTNEY SETTER	2002	4.45	5-Mar-16	EDMONTON

LEDUC TRACK INDOOR RECORDS

MIDGET GIRLS

	NAME	YEAR	PERFORMANCE	DATE	LOCATION
50M	COLLETTE GOUDREAU	1973	7.13	21-Nov-87	CALGARY
60M	JANICE ZAWASKI	1982	7.82	8-Mar-97	CALGARY
200M	JANICE ZAWASKI	1982	25.66	2-Mar-97	EDMONTON
300M	JANICE ZAWASKI	1982	40.92	18-Jan-97	EDMONTON
400M	JANICE ZAWASKI	1982	55.68	15-Feb-97	POCATELLO
500M	JANICE ZAWASKI	1982	1:17.84	26-Apr-96	SASKATOON
600M	TANYA WRIGHT	1981	1:37.10	11-Feb-96	EDMONTON
800M	TANYA WRIGHT	1981	2:16.27	3-Mar-96	EDMONTON
1000M	JENNIFER KEMP	1983	3:01.45	24-Apr-98	SASKATOON
1200M	GINELLE DEMONE	1998	3:49.06	10-Feb-13	EDMONTON
1500M	ADRIA SNOWDON	1986	4:53.60	4-Mar-01	EDMONTON
2000M	MADDY OXTON	1997	7:16.05	10-Mar-12	EDMONTON
3000M	NICOLE MARVIN	1981	10:59.88	2-Dec-95	EDMONTON
50M HURDLES	CARA GIBSON	1977	8.44	12-Jan-92	EDMONTON
60M HURDLES	DAWN CHITRINA	1983	9.84	29-Nov-98	EDMONTON
HIGH JUMP	DEANNA MONSON	1971	1.62	13-Dec-86	EDMONTON
LONG JUMP	GWYNNE FEDORUK	1969	5.03	19-Feb-83	EDMONTON
TRIPLE JUMP	TANYA WRIGHT	1981	9.81	29-Apr-95	SASKATOON
SHOT 3K	ERIKA OSWALD	1990	9.37	20-Nov-06	EDMONTON
SHOT 4K	DEBBIE STEVENS	1969	8.69	10-Mar-84	EDMONTON
PENTATHLON	GWYNNE FEDORUK	1969	2913	22-Jan-83	SASKATOON