

## Outdoor Track and Field U20 Male

	NAME	YEAR	PERF.	DATE	LOCATION	
<b>UNDER 20 MEN 100M</b>	1	ANDREAS THOME	2001	11.53	21-May-19	EDMONTON
	2	DAREK GLOWACKI	1973	11.68	23-May-92	CALGARY
	3	JAYDEN FAUCHER	2000	11.81	28-Jul-18	SHERWOOD PARK
	4	ELIJAH APORTADERA	1995	11.83	08-Jun-13	CALGARY
	5	ARLO OSTAPOWICH	1973	11.9	23-May-92	CALGARY
	6	CONNOR BOLE	2002	11.92	17-Jul-21	LEDUC
	7	JAMIE ROBERTSON	1977	12.43	20-May-95	CALGARY
	8	HASLYN KLASS	1977	12.61	02-Jul-95	KELOWNA
	9	DARREN DELLEZAY	1977	12.73	20-May-95	CALGARY

<b>UNDER 20 MEN 200M</b>	1	MATS SWANSON	2004	21.69	21-Apr-23	BATON ROUGE
	2	BRANDEN HANSEN	1993	23.59	03-Jul-11	KELOWNA
	3	ALEX ANDRES	1995	23.92	20-Jul-13	SHERWOOD PARK
	4	NICK ADAMS	1977	24.03	17-Jun-95	CALGARY
	5	JAYDEN FAUCHER	2000	24.16	22-Jun-18	EDMONTON
	6	KURTIS NISHIYAMA	1988	24.28	06-Jun-06	EDMONTON
	7	ANDREAS THOME	2001	24.34	21-May-19	EDMONTON
	8	ADAM WARD	1991	24.76	09-May-09	ST. ALBERT
	9	DARREN DELLEZAY	1977	24.96	16-Jul-95	CALGARY
	10	ARLO OSTAPOWICH	1973	25.11	29-Jun-91	KELOWNA
	11	HASLYN KLASS	1977	25.71	16-Jul-95	CALGARY
	12	LANDON HILL	1991	25.84	09-May-09	ST. ALBERT

<b>UNDER 20 MEN 400M</b>	1	MATS SWANSON	2005	47.27	22-Apr-23	BATON ROUGE
	2	TYLER SMITH	1994	48.67	02-Jun-12	EDMONTON
	3	MICHAEL NISHIYAMA	1989	49.71	23-Jun-07	EDMONTON
	4	NOLAN FYFE	1983	49.79	30-Jun-01	KELOWNA
	5	JORDEN HANSEN	1996	50.44	15-Jun-14	CALGARY
	6	ALEX ANDRES	1995	50.91	31-May-14	ST. ALBERT
	7	MARK LYNCH	1968	51.03	25-May-86	SASKATOON
	8	BRANDEN HANSEN	1993	51.94	07-May-11	LETHBRIDGE
	9	QUENTIN WOOD	1975	52	04-Jul-93	KELOWNA
	10	KYLE NISHIYAMA	1985	52.41	21-Jun-03	EDMONTON
	11	TIMURLANE CAKMAK	1995	52.55	02-Jun-13	ST. ALBERT
	12	CONNOR BOLE	2002	52.66	12-Sep-20	LEDUC
	13	DEREK BURGESS	1975	52.77	27-Jun-93	RED DEER
	14	WARREN BOHM	1987	52.88	01-Jul-05	KELOWNA
	15	ADAM WARD	1991	52.9	12-Jun-09	CALGARY
	16	JORDAN FRIZZELL	1981	52.97	30-Jun-00	KELOWNA
	17	RHYS DUNN	2001	53.76	16-Jun-19	CALGARY
	18	HARRY MALHI	2000	53.78	30-Jun-19	EDMONTON
	19	DARRYL TRAUTMAN	1993	54.17	24-Jul-11	SHERWOOD PARK
	20	ARLO OSTAPOWICH	1973	54.64	24-Jul-92	WINNIPEG

**UNDER 20  
800M  
MEN**

1	TYLER SMITH	1994	01:48.0	16-Jun-12	EDMONTON
2	MATS SWANSON	2004	01:50.7	25-Mar-23	BATON ROUGE
3	NOLAN FYFE	1983	01:50.7	09-Jul-02	MONTREAL
4	KARL ROBERTSON	1991	01:52.1	05-Jun-10	VICTORIA
5	MARK LYNCH	1968	01:52.5	13-Jul-86	CALGARY
6	MICHAEL NISHIYAMA	1989	01:55.0	26-Jul-08	ABBOTSFORD
7	ALEX ANDRES	1995	01:55.1	08-Jun-14	CALGARY
8	AARON ROBSON	1986	01:56.1	04-Jun-04	CALGARY
9	DEREK BURGESS	1975	01:57.0	24-Jul-93	CALGARY
10	TRAVIS MCKAY	1985	01:57.3	25-May-03	ST. ALBERT
11	DONOVAN HACKING	1992	01:58.5	04-Jun-10	MEDICINE HAT
12	ADAM WARD	1991	01:58.8	17-Jul-09	CHARLOTTETOWN
13	JORDAN FRIZZELL	1981	01:59.2	30-Jun-00	KELOWNA
14	TIMURLANE CAKMAK	1995	01:59.3	06-Apr-13	ARCADIA
15	KYLE NISHIYAMA	1985	01:59.3	21-Jun-03	EDMONTON
16	CONOR MCKAIGNEY	1980	02:00.3	26-Jun-99	KELOWNA
17	CLAYTON PARADIS	1969	02:00.6	01-Jul-88	CALGARY
18	DEREK PARKER	2000	02:00.7	24-May-18	EDMONTON
19	BRANDEN HANSEN	1993	02:01.0	12-Jun-11	CALGARY
20	MATT MACLELLAN	1999	2:01:16	23-Jul-17	SHERWOOD PARK

**UNDER 20  
MEN  
1500M**

1	KARL ROBERTSON	1991	03:50.8	10-Jun-09	VICTORIA
2	AARON ROBSON	1986	03:51.6	01-Jul-04	HARRY JEROME
3	TRAVIS MCKAY	1985	03:54.7	10-Apr-04	STARKSVILLE
4	TYLER SMITH	1994	03:55.1	13-May-12	CALGARY
5	MARK LYNCH	1968	03:58.8	12-Jul-86	CALGARY
6	NOLAN FYFE	1983	04:03.6	09-Jun-01	EDMONTON
7	DEREK BURGESS	1975	04:03.9	18-Jun-94	CALGARY
8	ALEX ANDRES	1995	04:09.1	13-Jul-14	SHERWOOD PARK
9	CONOR MCKAIGNEY	1980	04:09.7	26-Jun-99	KELOWNA
10	KELSEY KELEMAN	1980	04:10.4	26-Jun-99	KELOWNA
11	MATT MACLELLAN	1999	04:12.3	03-Jun-17	EDMONTON
12	DONOVAN HACKING	1992	04:13.4	04-Jun-10	MEDICINE HAT
13	MICHAEL NISHIYAMA	1989	04:14.1	30-Jun-07	KELOWNA
14	ADAM WARD	1991	04:17.3	27-Jun-09	KELOWNA
15	SHAUN GREGORY	1981	04:19.1	26-Jun-99	KELOWNA
16	TOM WILLOWS	1968	04:19.2	25-May-86	SASKATOON
17	ANDRE LOCKER	1985	04:19.6	30-Jun-03	KELOWNA
18	KIM GENTES	1967	04:20.2	29-Jun-85	CALGARY
19	JORDAN FRIZZELL	1981	04:28.0	26-Jun-99	KELOWNA
20	GREG ZAWASKI	1984	04:31.6	15-Jun-02	CALGARY

**UNDER 20  
MEN  
3000M**

1	AARON ROBSON	1986	08:30.9	26-Jun-04	ABBOTSFORD
2	TRAVIS MCKAY	1985	08:56.7	08-Aug-04	GLASGOW
3	LORRIS WILLIAMS	1981	09:09.1	11-Jun-99	CALGARY
4	MATT MACLELLAN	1999	9:12:03	02-Jun-17	EDMONTON
5	NOLAN FYFE	1983	09:15.7	09-Jun-01	EDMONTON
6	ALEX ANDRES	1995	09:18.7	07-Jun-13	CALGARY
7	KELSEY KELEMAN	1981	09:21.8	11-Jun-99	CALGARY
8	ANDRE LOCKER	1985	09:21.8	30-Jun-03	KELOWNA
9	ADAM WARD	1991	10:04.2	04-Jul-10	KELOWNA
10	EZRA ALEBA	1991	10:04.6	09-May-09	ST. ALBERT
11	TIMURLANE CAKMAK	1995	10:13.0	02-Jun-13	ST ALBERT
12	BRENDAN ROBERTSON	1989	11:23.9	28-Jun-08	KELOWNA

**UNDER 20  
MEN  
5000M**

1	KELSEY KELEMAN	1980	15:36.4	02-Jul-99	VANCOUVER
2	LORRIS WILLIAMS	1981	15:48.8	02-Jul-99	VANCOUVER
3	KIM GENTES	1967	16:44.1	29-Jun-85	CALGARY
4	ANDRE LOCKER	1985	16:46.2	25-Jun-04	CALGARY
5	DEREK ANDERSON	1972	16:51.9	28-May-88	BURNABY
6	MARK LYNCH	1968	16:56.6	14-Aug-82	EDMONTON
7	CLAYTON PARADIS	1969	17:03.1	18-Jun-88	RED DEER
8	BILL NICHOLL	1964	17:52.5	10-May-80	OKOTOKS
9	JAMIE ROBERTSON	1977	18:19.7	25-Jun-94	RED DEER
10	BRYCE BOYD	1978	18:25.3	25-Jun-94	RED DEER

**UNDER 20  
MEN  
110M HURDLE**

1	NICK ADAMS	1977	15.22	16-Jul-95	CALGARY
2	ARLO OSTAPOWICH	1973	16.34	07-Jul-92	SASKATOON
3	DAREK GLOWACKI	1973	18.32	23-May-92	CALGARY
4					
5					

**UNDER 20  
MEN  
400M HURDLE**

1	JORDEN HANSEN	1996	58.25	11-May-14	CALGARY
2	NICK ADAMS	1977	58.73	16-Jul-95	CALGARY
3	QUENTIN WOOD	1975	59.24	04-Jul-93	KELOWNA
4	BRANDEN HANSEN	1993	59.44	03-Jul-11	KELOWNA
5	DEREK PARKER	2000	59.77	01-Jul-18	KELOWNA
6	KURTIS NISHIYAMA	1988	59.79	10-Aug-07	SHERWOOD PARK

**UNDER 20  
MEN  
3000M STEEPLE**

1	TRAVIS MCKAY	1985	09:06.8	22-Apr-04	PENN RELAYS
---	--------------	------	---------	-----------	-------------

**UNDER 20  
MEN  
HIGH JUMP**

1	ANDREAS THOME	2001	1.95	16-Jun-19	CALGARY
1	JEFF BEGG	1974	1.95	18-Jul-93	CALGARY
1	KURTIS NISHIYAMA	1988	1.95	26-Jun-07	EDMONTON
4	NOLAN FYFE	1983	1.85	09-Jun-01	EDMONTON
5	ARLO OSTAPOWICH	1973	1.82	24-Jul-92	WINNIPEG
6	DAREK GLOWACKI	1973	1.8	23-May-92	CALGARY
7	HASLYN KLASS	1977	1.75	16-Jul-95	CALGARY
8	ALEX ANDRES	1995	1.7	20-Jul-13	SHERWOOD PARK
9	JAMIE ROBERTSON	1977	1.6	03-Jul-95	KELOWNA
9	DARREN DELLEZAY	1977	1.6	16-Jul-95	CALGARY

**UNDER 20  
MEN  
LONG JUMP**

1	ANDREAS THOME	2001	6.81	12-May-19	CALGARY
2	STEWART MARKHAM	1971	6.59	10-Jun-89	CALGARY
3	ARLO OSTAPOWICH	1973	6.28	26-Jun-92	KELOWNA
4	DAREK GLOWACKI	1973	6.25	28-May-92	CALGARY
5	ELIJAH APORTADERA	1995	6.18	08-Jun-13	CALGARY
6	DAVID COWAN	1968	6.15	12-Jul-86	CALGARY
7	KURTIS NISHIYAMA	1988	5.99	15-Jun-07	CALGARY
8	JEFF BEGG	1974	5.73	26-Jun-92	KELOWNA
9	DEREK BURGESS	1975	5.63	01-Jul-94	KELOWNA
10	ADAM WARD	1991	5.55	09-May-09	ST. ALBERT
11	DARREN DELLEZAY	1977	5.52	03-Jul-95	KELOWNA
12	JAMIE ROBERTSON	1977	5.5	20-May-95	CALGARY
13	DARRYL CYRE	1968	5.4	14-Jun-86	EDMONTON
14	HASLYN KLASS	1977	5.32	03-Jul-95	KELOWNA

**UNDER 20  
MEN  
TRIPLE JUMP**

1	DAVID COWAN	1968	13.71	26-Jul-86	WINNIPEG
2	STEWART MARKHAM	1971	12.49	24-Jun-89	RED DEER
3	HASLYN KLASS	1977	11.85	03-Jul-95	KELOWNA
4					
5					

**UNDER 20  
MEN  
POLE VAULT**

1	ARLO OSTAPOWICH	1973	3.85	24-Jul-92	WINNIPEG
2	DAREK GLOWACKI	1973	3.8	23-May-92	CALGARY
3	DEREK PARKER	2000	3.75	29-Jul-18	SHERWOOD PARK
4	DARREN DELLEZAY	1977	3.45	07-Jun-96	EDMONTON
5	DARRYL CYRE	1968	3.2	26-Jul-86	WINNIPEG

**UNDER 20  
MEN  
SHOT**

1	CHRIS BEGG	1971	13.67	10-Jun-89	CALGARY
2	SCOTT BUCYK	1969	13.48	09-Jul-88	EDMONTON
3	MATT KUSHAK	1993	12.05	24-Jul-11	SHERWOOD PARK
4	STEWART MARKHAM	1971	11.34	05-May-90	CALGARY
5	DAREK GLOWACKI	1973	10.87	23-May-92	CALGARY
6	JOHN FINDLAY	1967	10.67	10-May-86	EDMONTON
7	ARLO OSTAPOWICH	1973	10.58	24-Jul-92	WINNIPEG
8	JAMIE ROBERTSON	1977	9.44	20-May-95	CALGARY
9	DARREN DELLEZAY	1977	8.58	29-Jun-96	KELOWNA
10					

**UNDER 20  
MEN  
DISCUS**

1	STEWART MARKHAM	1971	38.48	10-Jun-89	CALGARY
2	SCOTT BUCYK	1969	37.86	01-Jul-88	CALGARY
3	JOHN FINDLAY	1967	35.82	25-May-86	SASKATOON
4	MATT KUSHAK	1993	35.06	15-May-11	CALGARY
5	DAREK GLOWACKI	1973	32.78	16-Aug-92	COQUITLAM
6	ARLO OSTAPOWICH	1973	30.48	26-Jun-92	KELOWNA
7	DARREN DELLEZAY	1977	29.32	29-Jun-96	KELOWNA
8					

**UNDER 20  
MEN  
JAVELIN**

1	STEWART MARKHAM	1971	61.98	20-Jul-90	SHERWOOD PARK
2	DARREN DELLEZAY	1977	45.22	07-Jun-96	EDMONTON
3	ARLO OSTAPOWICH	1973	44.28	24-Jul-92	WINNIPEG
4	DAREK GLOWACKI	1973	41	06-Aug-92	COQUITLAM
5	JOHN FINDLAY	1967	35.28	14-Jun-86	EDMONTON
6	CONOR MCKAIGNEY	1980	33.04	26-Jun-99	KELOWNA
7	JAMIE ROBERTSON	1977	32.8	20-May-95	CALGARY
8	LANDON HILL	1991	27.91	27-Jun-09	KELOWNA
9					

**UNDER 20  
MEN  
HAMMER**

1	SCOTT BUCYK	1969	60.9	09-Jul-88	EDMONTON
2	IAN MAPLETHORPE	1966	51.1	29-Jun-85	CALGARY
3	MATT KUSHAK	1993	43.01	03-Jul-11	KELOWNA
4	JEFF BEGG	1974	27	24-Jul-93	CALGARY
5	STEWART MARKHAM	1971	21.3	06-May-89	CALGARY

**UNDER 20  
MEN  
MILE**

1	AARON ROBSON	1986	4:14:18	09-Apr-04	ARCADIA
2	BRADY KELLER	2007	4:24:06	08-Apr-23	ARCADIA