

Table 1

MALE	NAME	YEAR	PERF.	DATE	LOCATION
UNDER 12	1 BERNARD GOUDREAU	19786	7.40	11-Dec-87	EDMONTON
50M	2 CHRIS BEGG	1971	7.44	27-Nov-82	EDMONTON
	3 SHANE HALL	1971	7.64	27-Nov-82	EDMONTON
	4 CASSON MASTERS	1975	7.65	4-Jan-86	EDMONTON
	5 KURT MILLER	1977	7.84	17-Dec-88	EDMONTON
	6 GARETH MATTOCKS	1977	7.88	13-Feb-88	EDMONTON
	7 JAY STILES	1978	8.21	11-Feb-89	EDMONTON
	8 ARLO OSTAPOWICH	1973	8.29	10-Mar-84	EDMONTON
	9 ALAN MAKSYMIC	1968	8.34	3-Mar-79	EDMONTON
	9 BEV MCAMMOND	1969	8.34	12-Jan-80	EDMONTON
	9 CLINTON DOTY	1982	8.34	14-Feb-93	EDMONTON
	12 MICAH BROWN	2008	8.36	3-Mar-18	EDMONTON
	13 MICHAEL FEDORUK	1971	8.44	27-Nov-82	EDMONTON
	14 JEREMY KRUKOWSKY	1976	8.51	14-Feb-87	EDMONTON
	15 STEPHEN FOSTER	1981	8.53	26-Jan-92	CALGARY
	16 RYLAN CHIPIUK	2008	8.78	17-Feb-19	EDMONTON
	17 PETER ZWIEGERS	2008	8.79	17-Feb-19	EDMONTON
	18 LARRY THOMPSON	1976	8.82	14-Feb-87	EDMONTON
	19 JASON GESSNER	1977	8.84	17-Dec-88	EDMONTON
	20 JESSE MEIDL	1975	8.90	23-Mar-85	EDMONTON
60M	1 CHRIS BEGG	1971	8.55	27-Dec-82	SASKATOON
	2 BERNARD GOUDREAU	1976	8.74	10-Apr-87	SASKATOON
	3 CONNOR BOLE	2002	8.88	14-Dec-13	CALGARY
	4 LIAM MILNE	2006	8.89	10-Dec-17	CALGARY
	5 MATS SWANSON	2004	8.93	21-Nov-15	EDMONTON
	6 TED KOSTELNIK	1993	9.00	4-Dec-04	CALGARY
	7 MIKAEL GOH	2002	9.04	14-Dec-13	CALGARY
	8 CASSON MASTERS	1975	9.12	22-Mar-86	EDMONTON
	9 MICAH BROWN	2008	9.14	16-Nov-19	EDMONTON
	10 TIM HARDEN	1986	9.26	6-Dec-97	EDMONTON
	11 JORDEN HANSEN	1996	9.27	1-Dec-07	EDMONTON
	12 GARETH MATTOCKS	1977	9.29	18-Mar-88	EDMONTON
	13 MARC JAMES	2003	9.37	29-Nov-14	EDMONTON
	14 STEPHEN MACDONALD	1985	9.41	1-Dec-96	EDMONTON
	15 JERRETT ROSS	2007	9.46	5-Feb-17	EDMONTON
	16 SEAN AUSTIN	1981	9.51	17-Feb-91	CALGARY
	17 BRENT TETREULT	1984	9.54	2-Dec-95	EDMONTON
	18 RYAN FYFE	1986	9.57	6-Dec-97	EDMONTON
	19 ELIJAH DREBERT	2010	9.59	28-Nov-21	EDMONTON
	20 AUSTIN DELLEZAY	2007	9.61	18-Nov-17	EDMONTON
MALE	1 LIAM MILNE	2006	21.80	18-Nov-17	EDMONTON
UNDER 12	2 CONNOR BOLE	2002	22.15	14-Dec-13	CALGARY
150M	3 AUSTIN DELLEZAY	2007	22.60	20-Nov-16	EDMONTON
	4 MICAH BROWN	2008	22.91	29-Jan-19	CALGARY
	5 MIKAEL GOH	2002	23.61	14-Dec-13	CALGARY
	6 JACOB REVES	2007	23.68	8-Dec-18	CALGARY
	7 KEAGAN BROWN	2002	23.78	10-Mar-12	EDMONTON
	8 WYATT HEARN	2013	24.42	21-Jan-24	EDMONTON
	9 BLAKE DREBERT	2009	24.63	1-Mar-20	EDMONTON
	10 RYLAN CHIPIUK	2008	24.65	7-Dec-19	CALGARY
	11 JOSHUA SMALLWOOD	1999	24.92	13-Mar-10	EDMONTON
	12 CADE MEIKELJOHN	2004	25.18	17-Jan-15	EDMONTON
	13 ELIJAH DREBERT	2010	25.18	7-Dec-19	CALGARY
	14 DOMINIC HENDERSON	2007	25.20	20-Nov-16	EDMONTON
	15 HEZEKIAH WHARTON	2013	25.33	10-Dec-23	CALGARY
	16 KAYDEN HEARN	2007	25.44	18-Nov-17	EDMONTON
	17 JAKIN SMALLWOOD	2001	25.48	13-MAR-10	EDMONTON
	18 REESE NORMAN	2002	25.59	27-Jan-13	CALGARY
	19 AYOTOB OMOYAYI	2011	25.90	4-Dec-22	CALGARY
	20 JACOB DREBERT	2007	26.17	8-Dec-18	CALGARY
200M	1 BERNARD GOUDREAU	1976	29.51	7-Mar-87	EDMONTON
	2 MICAH BROWN	2008	30.13	16-Mar-19	EDMONTON
	3 TIM HARDEN	1986	30.95	6-Dec-97	EDMONTON
	4 MARC JAMES	2003	30.96	29-Nov-14	EDMONTON
	5 CASSON MASTERS	1975	31.06	22-Mar-86	EDMONTON
	6 RYAN FYFE	1986	31.15	6-Dec-97	EDMONTON
	7 GARETH MATTOCKS	1977	31.34	18-Mar-88	EDMONTON
	8 KRIS LINK	1981	31.43	12-Dec-92	EDMONTON
	9 CHRIS BEGG	1971	31.44	8-May-82	GRANDE PRAIRIE
	10 KEAGAN BROWN	2002	31.72	17-Mar-12	EDMONTON
	11 ARLO OSTAPOWICH	1973	32.11	10-Mar-84	EDMONTON
	12 JAY STILES	1978	32.33	3-Mar-89	EDMONTON
	13 BRODY GIDDINGS	1991	32.38	19-Jan-02	EDMONTON
	14 KELSEY HANSEN	1987	32.48	17-Jan-98	CALGARY
	15 SEAN AUSTIN	1981	32.94	9-Feb-91	EDMONTON
	16 COLIN HUTCHINSON	1985	32.97	1-Dec-96	EDMONTON
	17 RYAN MARTINSON	1983	33.16	12-Dec-92	EDMONTON
	18 STEPHEN MACDONALD	1985	33.20	17-Feb-96	CALGARY
	19 CAMERON SCHREIVER	1978	33.22	8-Dec-89	EDMONTON
	20 SHANE HALL	1971	33.24	8-May-82	GRANDE PRAIRIE
MALE	1 SHANE HALL	1971	47.54	27-Nov-82	EDMONTON
UNDER 12	2 CHRIS BEGG	1971	47.95	23-Apr-82	SASKATOON
300M	3 BERNARD GOUDREAU	1976	48.29	10-Apr-87	SASKATOON
	4 CHAD COCHRANE	1971	50.24	27-Nov-82	EDMONTON
	5 ARLO OSTAPOWICH	1973	50.44	2-Dec-84	EDMONTON
	6 KELSEY HANSEN	1987	51.33	7-Mar-98	CALGARY
	7 TREVOR ROCKWELL	1973	52.04	2-Dec-84	EDMONTON
	8 HEZEKIAH WHARTON	2013	53.76	3-Mar-24	EDMONTON
	9 WYATT HEARN	2013	53.93	4-Mar-23	EDMONTON
	10 JOHAN JENSEN	1984	55.06	20-Jan-95	EDMONTON
	11 DUSTIN GUENTHER	1985	55.66	20-Jan-95	EDMONTON
	12 RYAN MARTINSON	1983	55.97	23-Jan-93	EDMONTON
	13 RYAN HIEBERT	1986	56.20	8-Dec-07	CALGARY
	14 JONATHAN DOWN	1992	56.23	1-Feb-03	CALGARY
	15 CALUM WARD	1997	56.26	6-Dec-08	CALGARY
	16 GRANT LAIRD	1982	57.27	23-Jan-93	EDMONTON
	17 STEPHEN FOSTER	1981	58.79	18-Jan-92	EDMONTON
	18 ELIJAH DREBERT	2010	60.01	5-Jan-20	CALGARY
	19 DEREK LEBLANC	1982	60.64	23-Jan-93	EDMONTON
	20 JORDEN HANSEN	1996	61.10	13-Jan-07	CALGARY
400M	1 RYAN FYFE	1986	67.41	6-Dec-97	EDMONTON
	2 BERNARD GOUDREAU	1976	67.74	7-Mar-87	EDMONTON
	3 TIM HARDEN	1986	70.83	6-Dec-97	EDMONTON
	4 KELSEY HANSEN	1987	70.97	28-Mar-98	CALGARY
	5 ARLO OSTAPOWICH	1973	71.52	10-Mar-84	EDMONTON
	6 CHRIS BEGG	1971	71.74	8-May-82	GRANDE PRAIRIE
	7 GARETH MATTOCKS	1971	72.07	18-Mar-88	EDMONTON
	8 FERGUS PRENTICE	1971	72.44	13-Mar-82	EDMONTON
	9 DARRIN KRUEGER	1977	72.59	17-Dec-88	EDMONTON
	10 JEREMY KRUKOWSKY	1976	74.27	7-Mar-87	EDMONTON
	11 MICAH BROWN	2008	74.73	6-Jan-19	CALGARY
	12 STEPHEN FOSTER	1981	75.54	8-Feb-92	EDMONTON
	13 MICHAEL FEDORUK	1971	75.64	8-May-82	GRANDE PRAIRIE
	14 CAMERON SCHREIVER	1978	75.99	9-Dec-89	EDMONTON
	15 JOHAN JENSEN	1984	76.61	4-Feb-95	EDMONTON
	16 STEPHEN MACDONALD	1985	76.70	2-Dec-95	EDMONTON
	17 SEAN AUSTIN	1981	76.74	9-Feb-91	EDMONTON
	18 COLIN HUTCHINSON	1985	77.00	9-Mar-96	CALGARY
	19 BLAKE DREBERT	2009	77.10	29-Feb-20	EDMONTON
	20 SHANE HALL	1971	77.24	8-May-82	GRANDE PRAIRIE
MALE	1 SHANE HALL	1971	1:50.47	27-Dec-82	SASKATOON
UNDER 12	2 CONNOR BOLE	2002	1:50.83	3-Mar-13	EDMONTON
600M	3 MATS SWANSON	2004	1:54.61	21-Nov-15	EDMONTON
	4 ARLO OSTAPOWICH	1973	1:55.24	2-Dec-84	EDMONTON
	5 MICAH BROWN	2008	1:55.53	10-Mar-19	EDMONTON
	6 KELSEY HANSEN	1987	1:55.59	7-Mar-98	CALGARY
	7 CHAD COCHRANE	1971	1:57.89	27-Dec-82	SASKATOON
	8 MARC JAMES	2003	1:58.02	29-Nov-14	EDMONTON
	9 BLAKE DREBERT	2009	1:58.28	1-Mar-20	EDMONTON
	10 REESE NORMAN	2002	2:00.83	3-Mar-13	EDMONTON
	11 GRANT LAIRD	1982	2:01.04	4-Dec-93	CALGARY
	12 JERRETT ROSS	2007	2:01.47	5-Feb-17	EDMONTON
	13 CHRIS ELDER	1972	2:02.51	27-Dec-82	SASKATOON
	14 ELIJAH DREBERT	2010	2:01.52	28-Nov-21	EDMONTON
	15 JACOB REVES	2007	2:02.62	13-Jan-18	SASKATOON
	16 RYLAN CHIPIUK	2008	2:03.63	16-Nov-19	EDMONTON
	17 WYATT HEARN	2013	2:03.98	5-Mar-23	EDMONTON
	18 ALEX WEBB	2001	2:04.42	24-Nov-12	EDMONTON
	19 STEPHEN MACDONALD	1985	2:04.47	17-Feb-96	CALGARY
	20 WYATT HEARN	2013	2:05.11	3-Dec-23	EDMONTON
800M	1 RYAN FYFE	1986	2:31.65	6-Dec-97	EDMONTON
	2 JERRETT ROSS	2007	2:40.66	28-Feb-17	EDMONTON
	3 ARLO OSTAPOWICH	1973	2:40.72	10-Mar-84	EDMONTON
	4 JAY STILES	1978	2:41.04	20-Nov-88	CALGARY
	5 KELSEY HANSEN	1987	2:42.22	14-Mar-88	EDMONTON
	6 TED KOSTELNIK	1993	2:42.23	4-Dec-04	CALGARY
	7 BLAKE DREBERT	2009	2:42.77	19-Feb-20	EDMONTON
	8 MICHAEL NISHIYAMA	1989	2:42.78	25-Nov-00	EDMONTON
	9 CONNOR BOLE	2002	2:43.51	26-Feb-13	EDMONTON
	10 GRANT LAIRD	1982	2:43.82	5-Mar-93	EDMONTON
	11 COLIN HUTCHINSON	1985	2:43.96	3-Mar-96	EDMONTON
	12 REESE NORMAN	2002	2:45.29	16-Mar-13	EDMONTON
	13 JEREMY KRUKOWSKY	1976	2:46.09	7-Mar-87	EDMONTON
	14 JACOB REVES	2007	2:47.40	17-Mar-18	EDMONTON
	15 MARC JAMES	2003	2:47.69	29-Nov-14	EDMONTON
	16 JOHAN JENSEN	1984	2:48.85	2-Dec-95	EDMONTON
	17 KRIS LINK	1981	2:49.36	12-Dec-92	EDMONTON
	18 DANNY LICKACZ	1985	2:49.79	26-Apr-96	SASKATOON
	19 WYATT HEARN	2013	2:49.96	11-Mar-23	EDMONTON
	20 RYLAN CHIPIUK	2008	2:50.41	16-Mar-19	EDMONTON
MALE	1 SHANE HALL	1971	3:14.08	13-Dec-97	CALGARY
UNDER 12	2 ROBERT WEGNER	1986	3:28.64	27-Nov-82	EDMONTON
1000M	3 KELSEY HANSEN	1987	3:29.47	28-Mar-98	CALGARY
	4 CHRIS ELDER	1972	3:31.14	27-Nov-82	EDMONTON
	5 JOHAN JENSEN	1984	3:32.18	9-Dec-95	CALGARY
	6 FERGUS PRENTICE	1971	3:32.24	27-Nov-82	EDMONTON
	7 DANNY LICKACZ	1985	3:33.18	9-Dec-95	CALGARY
	8 BLAKE DREBERT	2009	3:33.98	11-Jan-20	SASKATOON
	9 COLIN HUTCHINSON	1985	3:33.98	7-Dec-96	CALGARY
	10 ARLO OSTAPOWICH	1973	3:35.04	2-Dec-84	EDMONTON
	11 GOWAN YOUNG	1987	3:36.11	12-Dec-98	CALGARY
	12 MICHAEL NISHIYAMA	1989	3:40.42	22-Jan-00	EDMONTON
	13 GRANT LAIRD	1982	3:40.67	1-May-93	SASKATOON
	14 STEPHEN FOSTER	1981	3:41.52	26-Jan-91	CALGARY
	15 RYLAN CHIPIUK	2008	3:43.93	12-Jan-19	SASKATOON
	16 REESE NORMAN	2002			