

FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
60M	1 ELLA STEEL-DOUGLAS	2007	8.90	25-May-18	ST ALBERT
UNDER 12	2 JAYME BIALIK	2007	8.93	29-Jun-18	KELOWNA
	3 LIBBY DUNN	2006	9.21	10-Jun-17	LEDUC
	4 ABIOLA AMOYAYI	2009	9.25	12-Sep-20	LEDUC
	5 ISABELLA SEILER	2006	9.38	10-Jun-17	LEDUC
	6 LANIYAH BRUCE	2012	9.38	13-Jun-23	CALGARY
	7 ANDREA JACOB	2008	9.39	16-Jun-18	CALGARY
	8 AVA SONNENBERG	2008	9.52	25-May-19	ST ALBERT
	9 ARYONNAH KNEE	2009	9.58	12-Jun-19	CALGARY
	10 MARY MACLEAN	2008	9.61	25-May-19	ST ALBERT
	11 JOSIE PLITT	2005	9.63	15-May-16	CALGARY
	12 KENNA BOLE	2004	9.71	21-May-17	CALGARY
	13 MCKENA FLEISCHHACKER	2006	9.73	10-Jun-15	LEDUC
	14 MAELLE DREBERT	2011	9.73	25-Jun-22	LEDUC
	15 AYLIE DAHL	2006	9.74	10-Jun-17	LEDUC
	16 ELLA ROSS	2005	9.76	29-May-16	ST ALBERT
	17 CADY MCCUBBING	2002	9.78	11-May-13	CALGARY
	18 SIENNA JORDAN	2008	9.78	25-May-18	ST ALBERT
	19 GABRIELLE SHEPTAK	2003	9.82	10-May-14	CALGARY
	20 MARLEA DREBERT	2014	9.83	11-May-25	CALGARY
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
80M	1 JAYME BIALIK	2007	11.79	26-May-17	ST ALBERT
UNDER 12	2 LIBBY DUNN	2006	11.88	26-May-17	ST ALBERT
	3 LANIYAH BRUCE	2012	11.98	16-Jun-23	CALGARY
	4 ELLA STEEL-DOUGLAS	2007	12.08	26-May-17	ST ALBERT
	5 ISABELLA SEILER	2006	12.09	26-May-17	ST ALBERT
	6 AVA SONNENBERG	2008	12.50	2-Jun-19	LEDUC
	7 MCKENA FLEISHHACKER	2006	12.54	26-May-17	ST ALBERT
	8 KENNA BOLE	2004	12.86	12-Jul-14	SHERWOOD PARK
	9 JOSIE PLITT	2005	13.03	12-Jul-14	SHERWOOD PARK
	10 SAMARA MTSHIYA	2013	13.03	16-Jun-24	CALGARY
	11 MARLEA DREBERT	2014	13.11	29-Jun-25	LETHBRIDGE
	12 ELLA ROSS	2005	13.56	13-Jun-15	SHERWOOD PARK
	13 KYLA SWEET	2004	13.60	13-Jun-15	SHERWOOD PARK
	14 LINDSAY DEMONE	2000	13.63	23-Jul-11	SHERWOOD PARK
	15 BROOKLYN JOHNSTON	2007	13.69	26-May-17	ST ALBERT
	16 MAELLE DREBERT	2012	14.09	22-Jun-19	EDMONTON
	17 HALEY KEIRSTEAD	1999	14.27	11-Jul-10	SHERWOOD PARK
	18 KATIE KINSELLA	2000	14.30	9-May-09	ST ALBERT
	19 GABY SEILER	2010	14.34	29-Jun-19	EDMONTON
	20 EMILJA HIRSSONE	2010	14.98	22-Jun-19	EDMONTON
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
100M	1 GWYNNIE FEDORUK	1969	13.46	19-July-1980	CALGARY
UNDER 12	2 MELANIE HALWA	1982	14.04	15-May-1993	LETHBRIDGE
	3 AMANDA GUENTHER	1983	14.48	17-May-1994	RED DEER
	4 JANICE ZAWASKI	1982	14.49	15-May-1993	LETHBRIDGE
	5 CHELSEA SHURGOT	1980	14.54	29-Jun-1991	KELOWNA
	6 JAYME BIALIK	2007	14.54	29-June-2018	KELOWNA
	7 HEATHER SHURGOT	1983	14.56	1-July-1994	KELOWNA
	8 MAEGAN PATTISON	1990	14.85	30-June-2001	KELOWNA
	9 ELLA STEEL DOUGLAS	2007	14.85	27-July-2018	SHERWOOD PARK
	10 MICHELLE MAKOWSKY	1981	14.70	9-May-1992	LETHBRIDGE
	11 LIBBY DUNN	2006	14.70	23-July-2017	SHERWOOD PARK
	12 SUSAN WEDMAAN	1967	14.74	11-June-1978	RED DEER
	13 ABIOLA AMOYAYI	2009	14.75	16-Jun-2019	CALGARY
	14 SHAY OSTAPOWICH	1976	14.90	12-June-1987	RED DEER
	15 ANDREA JACOB	2008	14.91	22-June-2019	EDMONTON
	16 JENNA LUNDE	1985	14.97	29-June-1996	KELOWNA
	17 AVA SONNENBERG	2008	14.99	29-June-2019	EDMONTON
	18 ARIELLE BOCK	1994	15.02	25-June-2005	CALGARY
	19 HEATHER WEGNER	1972	15.04	24-July-1983	LETHBRIDGE
	20 NATASHA SMALLWOOD	1996	15.09	12-May-2007	ST ALBERT
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
150M	1 ABIOLA AMOYAYI	2009	22.05	12-Sep-20	LEDUC
UNDER 12	2 ELLA STEEL DOUGLAS	2007	22.07	23-Jun-18	CALGARY
	3 LIBBY DUNN	2006	22.29	23-Jul-17	SHERWOOD PARK
	4 JAYME BIALIK	2007	22.32	28-Jul-18	SHERWOOD PARK
	5 ANDREA JACOB	2008	22.53	2-Jun-19	LEDUC
	6 JOSIE PLITT	2005	22.70	2-Jul-16	SHERWOOD PARK
	7 AVA SONNENBERG	2008	22.70	2-Jun-19	LEDUC
	8 ISABELLA SEILER	2006	23.08	23-Jul-17	SHERWOOD PARK
	9 MCKENNA FLEISHHACKER	2006	23.19	10-Jun-17	LEDUC
	10 MAELLE DREBERT	2011	23.24	18-Jun-22	EDMONTON
	11 LANIYAH BRUCE	2012	23.41	9-Jul-23	SHERWOOD PARK
	12 ARYONNAH KNEE	2009	23.44	21-Jul-19	SHERWOOD PARK
	13 ELLA ROSS	2005	23.50	25-Jul-15	SHERWOOD PARK
	14 MARLEA DREBERT	2014	23.58	6-Jul-25	SHERWOOD PARK
	15 GABRIELLE SHEPTAK	2003	23.74	10-May-14	CALGARY
	16 KENNA BOLE	2004	23.78	30-May-15	ST ALBERT
	17 AYLIE DAHL	2006	23.95	10-Jun-17	LEDUC
	18 CADY MCCUBBING	2002	24.01	11-May-13	CALGARY
	19 ABIGAIL CLARK	2004	24.60	25-Jul-15	SHERWOOD PARK
	20 SIENNA JORDAN	2008	24.74	10-Jun-18	LEDUC
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
200M	1 MELANIE HALWA	1982	28.62	15-May-1993	LETHBRIDGE
UNDER 12	2 GWYNNIE FEDORUK	1969	28.64	19-July-1980	CALGARY
	3 JANICE ZAWASKI	1982	29.47	15-May-1993	LETHBRIDGE
	4 ANGIE LACHMAN	1979	29.54	10-June-1990	ST ALBERT
	5 JAYME BIALIK	2007	29.79	1-Jul-18	ST ALBERT
	6 HEATHER SHURGOT	1983	29.84	29-May-1984	ST ALBERT
	7 CHELSEA SHURGOT	1980	30.16	29-June-1991	KELOWNA
	8 AMANDA GUENTHER	1983	30.24	28-May-1994	ST ALBERT
	9 VICKY LYNCH	1970	30.54	19-July-1981	EDMONTON
	10 MAEGAN PATTISON	1990	30.74	30-June-2001	KELOWNA
	11 MICHELLE MAKOWSKY	1981	30.84	3-July-1992	RED DEER
	12 ANDREA JACOB	2008	30.91	29-Jun-19	EDMONTON
	13 MARY MACLEAN	2008	31.06	22-Jun-19	EDMONTON
	14 KENNA BOLE	2004	31.31	27-June-2015	KELOWNA
	15 NATASHA SMALLWOOD	1996	31.33	12-May-2007	ST ALBERT
	16 AVA SONNENBERG	2008	31.51	22-Jun-19	EDMONTON
	17 ARIELLE BOCK	1994	31.52	1-July-2005	KELOWNA
	18 SHAY OSTAPOWICH	1976	31.65	24-May-1987	LEDUC
	19 CALLIE LAWRENCE	1982	31.84	29-May-1993	ST ALBERT
	20 LEE EVANS	1976	32.14	23-May-1987	LEDUC
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
300 M	1 ARYONNAH KNEE	2009	50.46	12-Sep-20	LEDUC
UNDER 12	2 MAELLE DREBERT	2011	51.28	16-Jul-22	EDMONTON
	3 ELLA ROSS	2005	52.11	29-May-16	ST ALBERT
	4 ABIOLA AMOYAYI	2009	52.81	27-May-18	ST ALBERT
	5 JOSIE PLITT	2005	53.48	29-May-16	ST ALBERT
	6 SLOAN BALL	2015	54.22	1-Jun-24	LEDUC
	7 MCKENNA FLEISHHACKER	2006	55.68	29-May-16	ST ALBERT
	8 MARLEA DREBERT	2014	55.88	28-May-23	ST ALBERT
	9 NIYARA BRUCE	2016	56.24	23-Jun-24	EDMONTON
	10 ANDREA JACOB	2008	56.58	10-Jun-17	LEDUC
	11 GABRIELLA SEILER	2010	56.95	12-Sep-20	LEDUC
	12 BROOKLYN JOHNSTON	2007	58.88	29-May-16	ST ALBERT
	13 LEXI DREBERT	2016	59.13	26-May-24	ST ALBERT
	14 EMILJA HIRSSONE	2010	60.04	12-Sep-20	LEDUC
	15 NOVA ARMSTRONG	2010	61.69	2-Jun-19	LEDUC
	16 ADYSON CHARPENTIER	2009	65.80	10-Jun-17	LEDUC
	17 HALEY HOYDA	2016	68.98	26-May-24	ST ALBERT
	18 MADELEINE ST CYR	2012	73.94	16-Jul-22	EDMONTON
	19 JORDAN ROBINSON	2012	81.02	16-Jul-22	EDMONTON
	20 ALI HOYDA	2014	81.44	29-May-22	ST ALBERT
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
400M	1 MELANIE HALWA	1982	63.98	29-May-93	ST ALBERT
UNDER 12	2 JANICE ZAWASKI	1982	64.95	27-Jun-93	RED DEER
	3 GWYNNIE FEDORUK	1969	66.58	10-May-80	OKOTOKS
	4 ANGIE LACHMAN	1979	66.98	30-Jun-90	KELOWNA
	5 SHAY OSTAPOWICH	1976	68.90	20-Jun-87	EDMONTON
	6 HEATHER SHURGOT	1983	69.01	1-Jul-94	KELOWNA
	7 JEANNINE BROD	1981	69.98	26-Jun-92	KELOWNA
	8 KERRY WILLIAMS	1976	70.08	23-May-87	LEDUC
	9 SHERRY POMERLEAU	1986	70.38	29-Jun-96	KELOWNA
	10 CHRISTINE ZAWASKI	1980	71.28	29-Jun-91	KELOWNA
	11 AMANDA GUENTHER	1983	71.33	1-Jul-94	KELOWNA
	12 VICKY LYNCH	1970	71.38	18-Jul-81	EDMONTON
	13 MICHELLE MAKOWSKY	1981	71.44	3-Jul-92	RED DEER
	14 CHELSEA SHURGOT	1980	71.78	15-Jun-91	EDMONTON
	15 HEATHER KRUEGER	1978	71.79	24-Jun-89	RED DEER
	16 CALLIE LAWRENCE	1982	71.98	29-May-93	ST ALBERT
	17 JENNY ANDERSON	1982	73.15	4-Jul-93	KELOWNA
	18 GABRIELLE SHEPTAK	2003	73.95	22-Jun-10	EDMONTON
	19 HALEY KEIRSTEAD	1999	74.07	12-Jun-10	EDMONTON
	20 NICOLE MARVIN	1981	74.54	9-May-92	LETHBRIDGE
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
600M	1 LIBBY DUNN	2006	1:49.22	23-Jul-17	SHERWOOD PARK
UNDER 12	2 MAELLE DREBERT	2011	1:50.70	19-Jun-22	CALGARY
	3 MARY MACLEAN	2008	1:54.08	29-Jun-19	EDMONTON
	4 AVA SONNENBERG	2008	1:54.70	26-Jun-19	ST ALBERT
	5 ISABELLA SEILER	2006	1:55.57	23-Jul-17	SHERWOOD PARK
	6 JOSIE PLITT	2005	1:56.32	2-Jul-16	SHERWOOD PARK
	7 GABRIELLE SHEPTAK	2003	1:56.35	10-May-14	CALGARY
	8 KENNA BOLE	2004	1:57.15	10-May-15	CALGARY
	9 JAYME BIALIK	2007	1:57.69	27-May-18	ST ALBERT
	10 ABIOLA AMOYAYI	2009	1:57.72	16-Jun-19	CALGARY
	11 HALEY KEIRSTEAD	1999	1:58.30	19-Jun-10	CALGARY
	12 ANDREA JACOB	2008	1:58.53	29-Jun-19	EDMONTON
	13 JULIANA CHIPIUK	2005	1:59.50	29-May-16	ST ALBERT
	14 MARLEA DREBERT	2014	2:00.41	6-Jul-25	SHERWOOD PARK
	15 ARYONNAH KNEE	2009	2:00.62	29-Jun-19	KELOWNA
	16 ELLA ROSS	2005	2:00.80	25-Jul-15	SHERWOOD PARK
	17 MCKENA FLEISHHACKER	2006	2:01.32	23-Jul-17	SHERWOOD PARK
	18 LEXI DREBERT	2016	2:01.72	21-Jun-25	CALGARY
	19 GABBY SEILER	2010	2:03.00	17-Jul-21	LEDUC
	20 CLAIR KELLER	2010	2:05.29	17-Jul-21	LEDUC
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
800M	1 JANICE ZAWASKI	1982	2:32.36	4-Jul-93	KELOWNA
UNDER 12	2 MELANIE HALWA	1982	2:34.21	4-Jul-93	KELOWNA
	3 NATASHA SMALLWOOD	1996	2:35.99	30-Jun-07	KELOWNA
	4 VICKY LYNCH	1970	2:37.88	2-Aug-81	CALGARY
	5 SHERRY POMERLEAU	1986	2:37.88	29-Jun-97	KELOWNA
	6 CHRISTINE ZAWASKI	1980	2:39.86	29-Jun-91	KELOWNA
	7 MARY MACLEAN	2008	2:40.53	29-Jun-19	EDMONTON
	8 SHAY OSTAPOWICH	1976	2:40.78	20-Jun-87	EDMONTON
	9 NICOLE MARVIN	1981	2:41.27	26-Jun-92	KELOWNA
	10 GWYNNIE FEDORUK	1969	2:42.41	21-Jun-79	CALGARY
	11 ABIOLA AMOYAYI	2009	2:42.41	12-Sep-21	LEDUC
	12 LIBBY DUNN	2006	2:43.66	28-May-17	ST ALBERT
	13 ARYONNAH KNEE	2009	2:44.09		

