

Indoor Track U16 Boys

**MALE
UNDER 16
50M**

	NAME	YEAR	PERF.	DATE	LOCATION
1	MARK LYNCH	1968	6.67	12-Feb-83	EDMONTON
2	DEREK CARTIER	1972	6.7	21-Nov-87	CALGARY
3	TIM KUSS	1965	6.72	28-Dec-80	SASKATOON
4	BRANDON MARCHAND	1976	6.82	26-Jan-91	CALGARY
5	CHRIS BEGG	1971	6.86	23-Mar-85	EDMONTON
6	ANDY NICHOLS	1973	7.02	20-Nov-88	CALGARY
7	FRED THOM	1967	7.04	13-Mar-81	EDMONTON
8	DARREN LUEDTKE	1966	7.04	13-Mar-81	EDMONTON
9	BRAD SANDY	1976	7.04	26-Jan-91	CALGARY
10	JARED FOSTER	1973	7.04	17-Dec-88	EDMONTON
11	CRAIG WYHONY	1970	7.13	23-Mar-85	EDMONTON
12	JOHN SCOTT	1973	7.17	21-Nov-87	CALGARY
13	MICHAEL MARTIN	1966	7.21	31-Jan-81	SASKATOON
14	JOHN FINDLAY	1967	7.21	13-Mar-82	EDMONTON
15	DEREK TRENCHARD	1976	7.22	26-Jan-91	CALGARY
16	GLEN WEGNER	1967	7.24	27-Nov-82	EDMONTON
17	MICHAEL COOTE	1975	7.24	14-Jan-89	EDMONTON
18	JEFF FEDORUK	1973	7.29	21-Nov-87	CALGARY
19	MURRAY WENTLAND	1970	7.34	02-Dec-81	EDMONTON
20	MIKE REMBOWSKI	1968	7.41	12-Feb-83	EDMONTON

60M

1	DAMIEN SEKORA	1987	7.46	14-Dec-02	CALGARY
2	BERNARD GOUDREAU	1976	7.47	26-Apr-91	SASKATOON
3	MATS SWANSON	2004	7.53	10-Mar-19	EDMONTON
4	JEREMY JENKINS	1987	7.56	14-Dec-02	CALGARY
5	CHRIS BEGG	1971	7.62	01-Mar-86	SASKATOON
6	BEN DRAGON	2007	7.67	26-Nov-22	EDMONTON
7	QUENTIN WOOD	1975	7.7	02-Dec-90	CALGARY
8	ROBERT CLARKE	1983	7.71	29-Nov-98	EDMONTON
9	BRANDON MARCHAND	1976	7.78	01-Dec-91	CALGARY
10	WARREN BOHM	1987	7.79	14-Dec-02	CALGARY
11	ZAC HALUSHKA	1995	7.8	04-Dec-10	EDMONTON
12	GLEN DAVISSON	1984	7.81	27-Nov-99	EDMONTON
13	MIKE STAGG	1982	7.82	13-Dec-97	CALGARY
14	CHRIS SLUGGETT	1975	7.9	02-Feb-90	EDMONTON
15	KYLE DOUPE	1982	7.9	01-Mar-97	EDMONTON
16	MIKE HUEBNER	1969	7.93	30-Mar-84	SASKATOON
17	KWESI KILSON	1995	7.94	28-Nov-09	EDMONTON
18	TREVOR ADAM	1985	7.97	08-Apr-00	SASKATOON
19	AUSTIN GANSON	1995	7.97	04-Dec-10	EDMONTON
20	KYLE NISHIYAMA	1985	8	06-Dec-00	CALGARY

200M

1	CHRIS BEGG	1971	24.53	01-Mar-86	SASKATOON
2	BERNARD GOUDREAU	1976	24.75	03-Feb-91	EDMONTON
3	MARK LYNCH	1968	24.8	12-Feb-83	EDMONTON
4	JESSE WESTGATE	1997	24.85	24-Nov-12	EDMONTON
5	JORDEN HANSEN	1996	25.2	08-Mar-11	EDMONTON
6	QUENTIN WOOD	1975	25.23	02-Dec-90	CALGARY
7	ROBERT CLARKE	1983	25.39	21-Mar-98	EDMONTON
8	KWESI KILSON	1995	25.42	28-Nov-09	EDMONTON
9	BRANDEN HANSEN	1993	25.44	15-Mar-08	EDMONTON
10	AUSTIN GANSON	1995	25.5	04-Dec-10	EDMONTON
11	WARREN BOHM	1987	25.57	01-Dec-02	EDMONTON
12	DAMIEN SEKORA	1987	25.65	01-Dec-02	EDMONTON
13	ANDY CONNELLY	1973	25.68	20-Nov-88	CALGARY
14	DEREK CARTIER	1972	25.69	21-Nov-87	CALGARY
15	JEREMY STOTHART	1974	25.79	03-Mar-89	EDMONTON
16	KYLE DOUPE	1982	25.83	01-Mar-97	EDMONTON
17	BEN DRAGON	2007	25.92	26-Nov-22	EDMONTON
18	BRAD SANDY	1976	25.95	01-Dec-91	CALGARY
19	BRANDON MARCHAND	1976	26.11	01-Dec-91	CALGARY
20	ADAM WARD	1991	26.13	09-Dec-06	CALGARY

300M

1	MATS SWANSON	2004	36.83	10-Mar-19	EDMONTON
2	JORDEN HANSEN	1996	39.37	03-Dec-11	EDMONTON
3	MYRICK KNOL	1971	39.41	26-Apr-86	SASKATOON
4	MIKE HUEBNER	1969	39.84	30-Mar-84	SASKATOON
5	JESSE WESTGATE	1997	39.86	24-Nov-12	EDMONTON
6	CHRIS BEGG	1971	39.98	26-Apr-86	SASKATOON
7	MAKARTHY BRIDGES	1997	40.55	10-Mar-12	EDMONTON
8	MARK LYNCH	1968	40.96	20-Feb-82	EDMONTON
9	RYAN CUSVELLER	1992	40.96	08-Dec-07	CALGARY
10	WARREN BOHM	1987	40.98	09-Feb-02	EDMONTON
11	ROBERT CLARKE	1983	41.28	24-Apr-98	SASKATOON
12	KYLE NISHIYAMA	1985	41.31	22-Jan-00	EDMONTON
13	DEREK TRENCHARD	1976	41.44	04-Jan-91	SASKATOON
14	ROBERT COULAS	1988	41.47	09-Feb-02	EDMONTON
15	TIMURLANE CAKMAK	1995	41.61	13-Mar-10	EDMONTON
16	CHAD COCHRANE	1971	41.81	27-Dec-85	SASKATOON
17	ADAM WARD	1991	41.89	28-Jan-06	CALGARY
18	JOHN SCOTT	1973	42.01	29-Apr-88	SASKATOON
19	DAREK GLOWACKI	1973	42.36	29-Apr-88	SASKATOON
20	LARSON SCHANG	2004	42.38	12-Jan-19	SASKATOON

400M

1	MARK LYNCH	1968	53.94	15-Jan-83	EDMONTON
2	BRANDEN HANSEN	1993	54.09	29-Nov-08	EDMONTON
3	MYRICK KNOL	1971	54.66	22-Mar-86	EDMONTON
4	WARREN BOHM	1987	54.96	01-Dec-02	EDMONTON
5	JEREMY STOTHART	1974	56.03	03-Mar-89	EDMONTON
6	RYAN FYFE	1986	56.68	04-Mar-00	EDMONTON
7	QUENTIN WOOD	1975	56.75	08-Dec-90	EDMONTON
8	MICHAEL NISHIYAMA	1989	56.85	27-Nov-04	EDMONTON
9	MATS SWANSON	2004	57.1	07-Jan-18	CALGARY
10	KYLE NISHIYAMA	1985	57.11	27-Nov-99	EDMONTON
11	ADAM WARD	1991	57.2	25-Nov-06	EDMONTON
12	BRAD SANDY	1976	57.32	26-Jan-91	CALGARY
13	JORDEN HANSEN	1996	57.53	19-Feb-11	POCATELLO
14	ANDY CONNELLY	1973	57.54	05-Dec-87	CALGARY
15	DEREK TRENCHARD	1976	57.61	12-Feb-91	POCATELLO
16	ROBERT COULAS	1988	57.72	29-Nov-03	EDMONTON
17	RYAN CUSVELLER	1992	58.26	01-Dec-07	EDMONTON
18	ROBERT CLARKE	1983	58.36	28-Mar-98	CALGARY
19	NOLAN FYFE	1983	58.51	06-Dec-97	EDMONTON
20	DEREK CARTIER	1972	58.74	05-Dec-87	CALGARY

500M

1	MYRICK KNOL	1971	01:11.0	26-Apr-86	SASKATOON
2	NOLAN FYFE	1983	01:12.4	24-Apr-98	SASKATOON
3	KYLE NISHIYAMA	1985	01:13.9	08-Apr-00	SASKATOON
4	MARK LYNCH	1968	01:14.0	23-Apr-82	SASKATOON
5	ANDY CONNELLY	1973	01:14.5	10-Apr-87	SASKATOON
6	DEREK TRENCHARD	1976	01:16.0	26-Apr-91	SASKATOON
7	GRANT MURRAY	1979	01:17.4	29-Apr-94	SASKATOON
8	BLAINE RUSSELL	977	01:18.1	10-Apr-92	SASKATOON
9	MIKE REMBOWSKI	1968	01:21.3	22-Apr-83	SASKATOON
10	CASS CADATZ	1971	01:21.6	26-Apr-86	SASKATOON
11	MARC BOUCHER	1981	01:21.8	26-Apr-96	SASKATOON
12	KRIS LINK	1981	01:23.0	28-Apr-95	SASKATOON
13	COREY CONROY	1981	01:23.6	28-Apr-95	SASKATOON
14	JAMES CONNELLY	1976	01:23.7	27-Apr-90	SASKATOON
15	LEIF ANDERSON	1984	01:24.0	30-Apr-99	SASKATOON
16	DEREK BURGESS	1975	01:24.3	27-Apr-90	SASKATOON
17	LINDSAY ATKINSON	1967	01:24.6	23-Apr-82	SASKATOON
18	NATHAN PAYNE	1972	01:25.5	26-Apr-86	SASKATOON
19	JOHN FINDLAY	1967	01:25.8	23-Apr-82	SASKATOON
20	SHAUN GREGORY	1981	01:27.3	28-Apr-95	SASKATOON

600M

1	MATS SWANSON	2004	01:23.8	10-Feb-19	EDMONTON
2	MARK LYNCH	1968	01:28.9	27-Nov-82	EDMONTON
3	BRADY KELLER	2007	01:29.0	27-Nov-22	EDMONTON
4	RYAN FYFE	1986	01:30.4	13-Feb-00	EDMONTON
5	KYLE NISHIYAMA	1985	01:31.1	13-Feb-00	EDMONTON
6	ANDY CONNELLY	1973	01:31.6	23-Jan-88	EDMONTON
7	MYRICK KNOL	1971	01:32.5	31-Jan-86	SASKATOON
8	NOLAN FYFE	1983	01:33.2	11-Jan-98	SASKATOON
9	TIMURLANE CAKMAK	1995	01:34.7	13-Feb-10	EDMONTON
10	WARREN BOHM	1987	01:34.9	09-Feb-02	EDMONTON
11	DEREK TRENCHARD	1976	01:35.1	04-Jan-91	SASKATOON
12	ROBERT COULAS	1988	01:35.8	22-Feb-03	CALGARY
13	COREY MORSE	1969	01:36.4	27-Dec-84	SASKATOON
14	KARL ROBERTSON	1991	01:36.7	29-Apr-06	CALGARY
15	MICAH BROWN	2008	01:36.8	13-Feb-22	EDMONTON
16	ADAM WARD	1991	01:36.9	29-Apr-06	CALGARY
17	SHAN MURUGAN	1979	01:37.3	22-Jan-94	EDMONTON
18	CHAD COCHRANE	1971	01:38.0	27-Dec-85	SASKATOON
19	KURTIS NISHIYAMA	1988	01:38.4	22-Feb-03	CALGARY
20	BRODY GIDDINGS	1991	01:39.0	29-Apr-06	CALGARY

800M

1	MATS SWANSON	2004	01:58.5	16-Feb-19	POCATELLO
2	RYAN FYFE	1986	01:58.6	17-Feb-01	POCATELLO
3	KYLE NISHIYAMA	1985	02:01.9	25-Nov-00	EDMONTON
4	MARK LYNCH	1968	02:05.0	15-Jan-83	EDMONTON
5	MYRICK KNOL	1971	02:05.5	15-Mar-86	EDMONTON
6	ANDY CONNELLY	1973	02:05.7	18-Mar-88	EDMONTON
7	MAKARTHY BRIDGES	1997	02:05.9	24-Nov-12	EDMONTON
8	NOLAN FYFE	1983	02:06.2	21-Mar-98	EDMONTON
9	DEREK ANDERSON	1972	02:06.4	21-Nov-87	CALGARY
10	TIMURLANE CAKMAK	1995	02:08.3	18-Feb-10	POCATELLO
11	ROBERT CLARKE	1983	02:09.4	29-Nov-98	EDMONTON
12	ADAM WARD	1991	02:10.6	09-Dec-06	CALGARY
13	SHAN MURUGAN	1979	02:10.7	10-Dec-94	EDMONTON
14	ROBERT COULAS	1988	02:11.7	18-Jan-03	EDMONTON
15	WARREN BOHM	1987	02:11.7	01-Dec-02	EDMONTON
16	KARL ROBERTSON	1991	02:12.0	18-Mar-06	EDMONTON
17	TRAVIS MCKAY	1985	02:12.3	18-Mar-00	EDMONTON
18	MICHAEL NISHIYAMA	1989	02:12.8	04-Dec-04	CALGARY
19	QUENTIN WOOD	1975	02:12.9	02-Dec-90	CALGARY
20	KEEGAN EDWARDS	1996	02:12.9	13-Mar-11	EDMONTON

1000M

1	RYAN FYFE	1986	02:39.0	10-Feb-01	EDMONTON
2	MATS SWANSON	2004	02:40.5	01-Feb-19	EDMONTON
3	MARK LYNCH	1968	02:43.4	27-Nov-82	EDMONTON
4	KYLE NISHIYAMA	1985	02:47.3	16-Dec-00	CALGARY
5	NOLAN FYFE	1983	02:47.5	24-Apr-98	SASKATOON
6	BRADY KELLER	2007	2:48:10	12-Feb-22	EDMONTON
7	ANDY CONNELLY	1973	02:50.1	10-Apr-87	SASKATOON
8	DEREK ANDERSON	1972	02:53.2	10-Apr-87	SASKATOON
9	TIMURLANE CAKMAK	1995	02:53.9	13-Feb-10	EDMONTON
10	BLAINE RUSSELL	1977	02:57.2	10-Apr-92	SASKATOON
11	SHAN MURUGAN	1979	02:58.0	05-Feb-94	CALGARY
12	GRANT MURRAY	1979	02:58.7	29-Apr-94	SASKATOON
13	KARL ROBERTSON	1991	03:00.2	28-Jan-06	CALGARY
14	TY SECKER	2008	03:00.7	21-Jan-23	EDMONTON
15	BRAD SANDY	1976	03:01.0	26-Jan-91	CALGARY
16	WARREN BOHM	1987	03:01.3	02-Feb-02	CALGARY
17	COREY MORSE	1969	03:02.2	30-Mar-84	SASKATOON
18	MIKE REMBOWSKI	1968	03:02.4	22-Apr-83	SASKATOON
19	ADAM WARD	1991	03:03.4	28-Jan-06	CALGARY
20	GRANT LAIRD	1982	03:03.6	26-Apr-97	SASKATOON

1200M

1	BRADY KELLER	2007	03:29.2	06-Mar-22	EDMONTON
2	TIMURLANE CAKMAK	1995	03:33.1	13-Mar-10	EDMONTON
3	TY SECKER	2008	03:41.4	05-Feb-23	EDMONTON
4	SEBASTIAN LIND	2003	03:43.7	17-Nov-18	EDMONTON
5	ALEX ANDRES	1995	03:49.2	04-Dec-10	EDMONTON
6	DUSTIN SETTER	1998	03:51.0	03-Mar-13	EDMONTON
7	TYLER BIDDULPH	1996	03:52.4	03-Dec-11	EDMONTON
8	RYLAN CHIPIUK	2008	03:53.1	12-Feb-23	EDMONTON
9	CONNOR BOLE	2002	03:54.1	19-Nov-16	EDMONTON
10	STEPHEN RAITZ	1996	04:01.4	13-Feb-11	EDMONTON
11	BLAKE DREBERT	2009	04:01.6	05-Mar-23	EDMONTON
12	STUART MACLELLAN	2002	04:17.7	05-Mar-16	EDMONTON
13	GARRETT KUHNERT	2000	04:21.9	19-Jan-14	EDMONTON
14	ETHAN BUCYK	2001	04:27.8	21-Nov-15	EDMONTON

1500M

1	RYAN FYFE	1986	04:13.8	27-Apr-01	SASKATOON
2	MARK LYNCH	1968	04:15.7	15-Jan-83	EDMONTON
3	TRAVIS MCKAY	1985	04:20.9	25-Nov-00	EDMONTON
4	ANDY CONNELLY	1973	04:28.2	18-Mar-88	EDMONTON
5	BRADY KELLER	2007	4:29:10	26-Nov-22	EDMONTON
6	SHAN MURUGAN	1979	04:30.4	13-Feb-94	EDMONTON
7	DEREK ANDERSON	1972	04:32.2	07-Mar-87	EDMONTON
8	KYLE NISHIYAMA	1985	04:39.1	09-Jan-00	SASKATOON
9	NOLAN FYFE	1983	04:39.6	25-Jan-98	EDMONTON
10	KARL ROBERTSON	1991	04:41.3	28-Nov-05	EDMONTON
11	MYRICK KNOL	1971	04:41.6	23-Mar-85	EDMONTON
12	GRANT MURRAY	1979	04:42.3	05-Mar-94	EDMONTON
13	COREY MORSE	1969	04:42.4	27-Dec-84	SASKATOON
14	GRANT LAIRD	1982	04:44.7	06-Dec-97	EDMONTON
15	TIMURLANE CAKMAK	1995	04:46.1	28-Nov-09	EDMONTON
16	DANNY LICKACZ	1985	04:46.6	22-Jan-00	EDMONTON
17	WARREN BOHM	1987	04:46.8	01-Dec-02	EDMONTON
18	DAKOTA NEPOOSE	1993	04:48.4	01-Mar-08	EDMONTON
19	BRODY GIDDINGS	1991	04:52.7	20-Jan-06	EDMONTON
20	BRAD SANDY	1976	04:52.7	09-Feb-91	EDMONTON

2000M

1	TY SECKER	2008	06:43.4	04-Mar-23	EDMONTON
2	RYLAN CHIPIUK	2008	06:49.9	04-Mar-23	EDMONTON
3	RHYS DUNN	2001	06:53.5	20-Nov-16	EDMONTON
4	STUART MACLELLAN	2002	07:05.1	21-Jan-17	EDMONTON
5	CONNOR BOLE	2002	07:05.5	06-Mar-16	EDMONTON
6	TYLER BIDDULPH	1996	07:40.7	15-Jan-10	EDMONTON

3000M

1	DEREK ANDERSON	1972	09:11.0	11-Dec-87	EDMONTON
2	MARK LYNCH	1968	09:26.5	12-Feb-83	EDMONTON
3	TRAVIS MCKAY	1985	09:28.2	25-Nov-00	EDMONTON
4	PAUL TAYLOR	1973	09:34.3	17-Dec-88	EDMONTON
5	COREY CONROY	1981	10:19.3	01-Dec-96	EDMONTON
6	LEO LANCASTER	1973	10:20.0	29-Jan-88	SASKATOON
7	DANNY LICKACZ	1985	10:20.1	22-Jan-00	EDMONTON
8	GRANT LAIRD	1982	10:25.4	11-Jan-97	SASKATOON
9	LINDSAY ATKINSON	1967	10:41.3	27-Dec-82	SASKATOON
10	BRAD SANDY	1976	11:26.5	26-Jan-91	CALGARY
11	TIMURLANE CAKMAK	1995	11:29.1	24-Apr-10	CALGARY
12	EZRA ALEBA	1991	11:29.1	04-Mar-06	EDMONTON
13	ADAM BIDDULPH	1994	11:33.4	07-Mar-09	EDMONTON
14	DANNY MCAVENA	1962	11:43.0	17-Dec-77	EDMONTON
15	MIKE CHRISTENSEN	1974	12:36.9	13-Feb-88	EDMONTON

50M HURDLES

1	JARED FOSTER	1973	8.14	17-Dec-88	EDMONTON
2	CURTIS SCHREIVER	1973	8.14	17-Dec-88	EDMONTON
3	CHRIS BEGG	1971	8.23	23-Mar-85	EDMONTON
4	ARLO OSTAPOWICH	1973	8.24	17-Dec-88	EDMONTON
6	JOHN SCOTT	1973	8.4	11-Dec-87	EDMONTON
5	JEFF BEGG	1974	8.44	17-Dec-88	EDMONTON
7	COREY MORSE	1969	8.73	14-Feb-84	EDMONTON
8	TREVOR ROCKWELL	1973	9.92	14-Feb-87	EDMONTON

60M HURDLES

1	BRANDEN HANSEN	1993	9.83	09-Feb-08	EDMONTON
2	JEFF BEGG	1974	9.87	27-Jan-89	SASKATOON
3	JOHN SCOTT	1973	10.01	18-Mar-88	EDMONTON
4	COREY MORSE	1969	10.04	30-Dec-84	SASKATOON
5	CAMERON SCHREIVER	1978	10.5	05-Mar-93	EDMONTON
6	BRAD SANDY	1976	10.79	27-Apr-90	SASKATOON
7	ARLO OSTAPOWICH	1973	11.02	29-Jan-87	SASKATOON
8	JUSTIN HUTCHINSON	1980	11.15	02-Dec-95	EDMONTON
9	KURTIS NISHIYAMA	1988	11.27	18-Jan-03	EDMONTON
10	NATHAN PAYNE	1972	11.39	26-Apr-86	SASKATOON
11	BRENT TETREALT	1984	11.44	11-Jan-98	SASKATOON
12	TREVOR ROCKWELL	1973	11.62	07-Mar-87	EDMONTON
13	MICHAEL NISHIYAMA	1989	11.97	18-Jan-03	EDMONTON
14	MIKE STEFFAN	1972	12.23	26-Apr-86	SASKATOON
15	DAVID JENSEN	1980	12.66	10-Dec-94	EDMONTON
16	RYAN CUSVELLER	1992	12.83	20-Jan-06	EDMONTON
17	COLTER CARTER	1984	13.03	11-Jan-98	SASKATOON

HIGH JUMP

1	RYAN HOPKINS	1979	1.8	11-Dec-93	EDMONTON
2	MICHAEL NISHIYAMA	1989	1.75	27-Nov-04	EDMONTON
3	ARLO OSTAPOWICH	1973	1.7	17-Dec-88	EDMONTON
3	JOHN SCOTT	1973	1.7	18-Mar-88	EDMONTON
3	BRENT TETREULT	1984	1.7	27-Nov-99	EDMONTON
6	DAREK GLOWACKI	1973	1.68	13-Feb-88	EDMONTON
7	NOLAN FYFE	1983	1.66	11-Jan-98	SASKATOON
8	FERGUS PRENTICE	1971	1.65	23-Mar-85	EDMONTON
8	JEFF BEGG	1974	1.65	03-Mar-89	EDMONTON
8	TODD ROURKE	1975	1.65	08-Dec-90	EDMONTON
11	MAKARTHY BRIDGES	1997	1.62	10-Mar-12	EDMONTON
12	KYLE DOUPE	1982	1.6	01-Dec-96	EDMONTON
12	CAMERON SCHREIVER	1978	1.6	05-Mar-93	EDMONTON
12	JORDEN HANSEN	1996	1.6	13-Mar-11	EDMONTON
15	KURTIS NISHIYAMA	1988	1.55	19-Jan-02	EDMONTON
15	JEREMY STOTHART	1974	1.55	27-Jan-89	SASKATOON
15	MURRAY WENTLAND	1970	1.55	23-Mar-85	EDMONTON
15	NATHAN PAYNE	1972	1.55	26-Apr-86	SASKATOON
15	CODY BLAIR	1982	1.55	01-Dec-96	EDMONTON
15	ALEX ANDRES	1995	1.55	4-Ded-10	EDMONTON
15	MICAH BROWN	2007	1.55	12-Feb-22	EDMONTON

LONG JUMP

1	BERNARD GOUDREAU	1976	6.14	26-Apr-91	SASKATOON
2	MIKE HUEBNER	1969	5.9	30-Mar-84	SASKATOON
3	DAMIEN SEKORA	1987	5.71	01-Dec-02	EDMONTON
4	GRANT MURRAY	1979	5.6	05-Mar-94	EDMONTON
5	ARLO OSTAPOWICH	1973	5.52	17-Dec-88	EDMONTON
6	KYLE DOUPE	1982	5.49	01-Mar-97	EDMONTON
7	MARK LYNCH	1968	5.47	15-Jan-83	EDMONTON
8	JEREMY JENKINS	1987	5.47	01-Dec-02	EDMONTON
9	CHRIS BEGG	1971	5.44	31-Jan-86	SASKATOON
10	JACOB JANKE	1997	5.4	13-Mar-11	EDMONTON
11	RYAN HOPKINS	1979	5.38	11-Dec-93	EDMONTON
12	JOHN FINDLAY	1967	5.37	27-Nov-82	EDMONTON
13	ADAM WARD	1991	5.35	25-Nov-06	EDMONTON
14	CODY BLAIR	1982	5.32	18-Jan-97	EDMONTON
15	MIKE COOTE	1975	5.31	14-Jan-89	EDMONTON
16	MAKARTHY BRIDGES	1997	5.31	24-Nov-12	EDMONTON
17	JORDEN HANSEN	1996	5.29	13-Mar-11	EDMONTON
18	TIM KUSS	1965	5.28	28-Dec-80	SASKATOON
19	BRANDON MARCHAND	1976	5.17	26-Apr-91	SASKATOON
20	COREY MORSE	1969	5.16	10-Mar-84	EDMONTON

TRIPLE JUMP

1	DAMIEN SEKORA	1987	12	01-Dec-02	EDMONTON
2	JACOB JANKE	1997	11.01	13-Mar-11	EDMONTON
3	JORDEN HANSEN	1996	10.61	13-Mar-11	EDMONTON
4	MIKE STAGG	1982	9.94	01-Dec-96	EDMONTON
5	MIKAEL GOH	2002	9.81	05-Mar-16	EDMONTON

SHOT 4K

1	CHRIS BEGG	1971	14.71	27-Dec-86	SASKATOON
2	JEREMY JENKINS	1987	14.19	01-Dec-02	EDMONTON
3	SCOTT BUCYK	1969	13.86	02-Dec-84	EDMONTON
4	COLIN BACSIK	1977	13.8	12-Dec-92	EDMONTON
5	TIM KUSS	1965	12.7	28-Dec-80	SASKATOON
6	KEN GIBENNUS	1972	12.61	07-Mar-87	EDMONTON
7	CODY BLAIR	1982	12.59	26-Apr-97	SASKATOON
8	CURTIS SCHREIVER	1973	12.31	17-Dec-88	EDMONTON
9	MIKE COOTE	1975	12.23	03-Mar-89	EDMONTON
10	JESSE RUNGE	1974	12.1	03-Mar-89	EDMONTON
11	MICAH BROWN	2008	11.99	04-Mar-23	EDMONTON
12	DAREK GLOWACKI	1973	11.83	17-Dec-88	EDMONTON
13	JOHN FINDLAY	1967	11.7	27-Dec-82	SASKATOON
14	BRENT TETREALT	1984	11.48	27-Nov-99	EDMONTON
15	FRED THOM	1967	11.41	25-Apr-81	GRANDE PRAIRIE
16	KEEGAN EDWARDS	1996	11.35	04-Dec-10	EDMONTON
17	BRANDON MARCHAND	1976	11.25	04-Jan-91	SASKATOON
18	BRAD YAREMKO	1968	11.1	27-Nov-82	EDMONTON
19	CASS CADATZ	1971	11.01	22-Mar-86	EDMONTON
20	ROB YAREMKO	1972	10.96	22-Mar-86	EDMONTON

150M

1	HARKARIT MALHI	2000	21.32	03-Jan-15	CALGARY
2	ABAYOMI OMOYAYI	2006	23.73	05-Jan-20	CALGARY

**WEIGHT
7.26K**

1	MIKAEL GOH	2002	10.56	05-Mar-16	EDMONTON
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Undated Oct 2023