

FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18 100M	1 ABIOLA OMOYAYI	2009	12.44	6-Jul-25	SHERWOOD PARK
	2 JANICE ZAWASKI	1982	12.48	28-Jun-98	KELOWNA
	3 KATHERINE DRAGON	2009	12.49	6-Jul-25	SHERWOOD PARK
	4 TATYJANIA KHOUNVISETH	1998	12.52	6-Jun-15	LETHBRIDGE
	5 ASHLEY PATTERSON	1987	12.79	30-Jun-03	KELOWNA
	6 BREANNE CARTER	1988	12.83	18-Jun-05	CALGARY
	7 ERIKA THIRSK	2008	12.96	6-Jul-25	SHERWOOD PARK
	8 KELSEY RICHARD	1992	13.11	5-Jun-09	CALGARY
	9 CHRIS EVANS	1984	13.22	30-Jun-01	KELOWNA
	10 CHRISTI FERGUSON	1970	13.25	6-Aug-87	SHERWOOD PARK
	11 MADISON STEPHAN	1997	13.25	7-Jun-14	CALGARY
	12 REBECCA PRICE	1993	13.45	27-Jun-09	KELOWNA
	13 BRIANNA CATHCART	2008	13.52	10-May-25	CALGARY
	14 ERIKA OSWALD	1990	13.53	30-Jun-07	KELOWNA
	15 LISA SHANTZ	1964	13.64	10-May-80	OKOTOKS
	16 JENNY ZAWASKI	1977	13.72	1-Jul-94	KELOWNA
	17 SARAH FALK	1980	13.73	29-Jun-96	KELOWNA
	18 MELANIE HALWA	1982	13.79	15-Jul-98	CALGARY
	19 KEIKO KOIZUMI	2003	13.83	21-Jul-19	SHERWOOD PARK
	20 VANESSA BARR	1993	13.86	9-May-09	ST. ALBERT
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18 200M	1 JANICE ZAWASKI	1982	24.90	20-Jun-98	CALGARY
	2 TATYJANIA KHOUNVISETH	1998	25.32	26-Jul-14	AIRDRIE
	3 ABIOLA OMOYAYI	2009	25.67	7-Jun-25	CALGARY
	4 ASHLEY PATTERSON	1987	25.75	4-Jun-04	CALGARY
	5 KATHERINE DRAGON	2009	25.75	10-Aug-25	CALGARY
	6 BREANNE CARTER	1988	26.33	19-Jun-04	CALGARY
	7 BARB DROLET	1972	26.50	10-Jun-89	CALGARY
	8 CARLE EVANS	1984	26.53	2-Jun-01	EDMONTON
	9 NATASHA SMALLWOOD	1996	26.84	1-Jun-12	EDMONTON
	10 KELSEY RICHARD	1992	26.89	5-Jun-09	CALGARY
	11 AMANDA LALONDE	1989	27.01	16-May-06	EDMONTON
	12 ERIKA OSWALD	1990	27.07	28-Jul-06	RED DEER
	13 REBECCA PRICE	1993	27.12	27-Jun-09	KELOWNA
	14 MADISON STEPHAN	1997	27.12	6-Jun-14	CALGARY
	15 BRIANNA CATHCART	2008	27.17	11-May-25	CA
	16 NICOLLE HARYSH	1995	27.23	3-Jul-11	KELOWNA
	17 RAELEEN HUNTER	1987	27.30	25-May-03	ST. ALBERT
	18 DEANNA MONSON	1971	27.47	1-Jul-88	CALGARY
	19 CHELSY LINK	1979	27.55	27-May-95	ST. ALBERT
	20 ERIKA THIRSK	2008	27.61	11-May-25	CALGARY
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18 400M	1 JANICE ZAWASKI	1982	55.47	25-Jul-98	CALGARY
	2 TATYJANIA KHOUNVISETH	1998	56.33	4-Jul-14	STE. THERESE
	3 TANYA WRIGHT	1981	56.35	18-Aug-97	BRANDON
	4 ASHLEY PATTERSON	1987	56.86	24-Jul-04	SASKATOON
	5 MARY MACLEAN	2008	56.92	14-Jul-24	SHERWOOD PARK
	6 GINELLE DEMONE	1998	57.56	30-May-15	ST. ALBERT
	7 RAELEEN HUNTER	1987	58.53	25-Jun-04	CALGARY
	8 VICKY LYNCH	1970	58.59	27-Jun-87	EDMONTON
	9 JENNIFER KEMP	1983	58.59	29-Jul-00	EDMONTON
	10 BRYNN HEBERT	2002	58.73	1-Jul-18	KELOWNA
	11 NATASHA SMALLWOOD	1996	58.74	27-Jul-12	LETHBRIDGE
	12 CARLE EVANS	1984	59.32	13-Jul-01	CALGARY
	13 MEADOW DREBERT	2006	59.49	11-Jun-22	CALGARY
	14 BARB DROLET	1972	60.11	10-Jun-89	CALGARY
	15 AMANDA LALONDE	1989	60.37	15-Jul-06	CALGARY
	16 JENNY ZAWASKI	1977	60.42	1-Jul-94	KELOWNA
	17 LIBBY DUNN	2006	60.90	11-Aug-23	SHERBROOKE
	18 NICOLLE HARYSH	1995	61.11	12-Jun-11	CALGARY
	19 CARA GIBSON	1977	61.59	4-Jul-93	KELOWNA
	20 DEBBIE FOSTER	1978	61.73	17-Jul-94	CALGARY
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18 800M	1 MARY MACLEAN	2008	2:06.37	20-Jul-25	EDMONTON
	2 TANYA WRIGHT	1981	2:07.39	12-Jul-97	ABBOTSFORD
	3 GINELLE DEMONE	1998	2:07.94	9-Aug-15	STE. THERESE
	4 JENNY KEMP	1983	2:08.18	26-Jun-99	KELOWNA
	5 VICKY LYNCH	1970	2:09.42	18-Jul-87	PULLMAN
	6 MEADOW DREBERT	2006	2:13.37	19-Jun-22	EDMONTON
	7 BRYNN HEBERT	2002	2:13.88	23-Jun-18	EDMONTON
	8 NATASHA SMALLWOOD	1996	2:15.78	14-Jul-12	MEDICINE HAT
	9 JOELLE STENGER	1988	2:16.01	8-Jul-05	MONTREAL
	10 RAELEEN HUNTER	1987	2:16.42	5-Jul-04	CALGARY
	11 CHRISTINE ZAWASKI	1980	2:16.77	29-Jun-96	KELOWNA
	12 TATYJANIA KHOUNVISETH	1998	2:17.38	16-Aug-14	LANGLEY
	13 JENNY VAN KEMPEN	1982	2:18.48	15-Jul-98	CALGARY
	14 ALYCIA SWANSON	1998	2:20.94	21-May-14	EDMONTON
	15 BARB DROLET	1972	2:21.12	3-Jul-88	CALGARY
	16 LIBBY DUNN	2006	2:22.25	9-Jul-22	CALGARY
	17 ADRIA SNOWDON	1986	2:22.36	15-Jun-02	CALGARY
	18 MADDY OXTON	1999	2:22.52	20-Jul-13	SHERWOOD PARK
	19 HAILEY KEIRSTEAD	1997	2:22.93	6-Jun-15	LETHBRIDGE
	20 DEANNA MONSON	1971	2:23.29	1-Aug-87	KELOWNA
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18 1500M	1 MARY MACLEAN	2008	4:29.70	20-Jul-25	EDMONTON
	2 JENNY KEMP	1983	4:34.08	26-Jun-99	KELOWNA
	3 TANYA WRIGHT	1981	4:34.68	30-Jun-98	KELOWNA
	4 GINELLE DEMONE	1998	4:35.30	15-Aug-14	LANGLEY
	5 MEGHAN METCALFE	1982	4:36.79	12-Aug-99	SUDBURY
	6 CHRISTINE ZAWASKI	1980	4:41.49	29-Jun-96	KELOWNA
	7 JOELLE STENGER	1988	4:43.20	8-Aug-04	SUDBURY
	8 JENNY VAN KEMPEN	1982	4:48.60	12-Aug-99	SUDBURY
	9 VICKY LYNCH	1970	4:48.68	9-Aug-86	SUDBURY
	10 BRYNN HEBERT	2002	4:49.02	20-Jul-18	GRANDE PRAIRIE
	11 ALYCIA SWANSON	1998	4:53.83	21-May-14	EDMONTON
	12 MEADOW DREBERT	2006	4:56.00	14-May-22	CALGARY
	13 STEPHANIE AITKEN	1977	4:56.43	30-Jun-03	KELOWNA
	14 TANYA ANDERSON	1971	4:58.73	11-Jul-87	EDMONTON
	15 MADDY OXTON	1997	4:59.29	20-Jul-13	SHERWOOD PARK
	16 LIBBY DUNN	2006	5:01.50	27-May-22	ST. ALBERT
	17 MEGAN HODGE	1983	5:09.65	30-Jun-00	KELOWNA
	18 TARA LABRANCHE	1985	5:10.91	9-Jun-01	EDMONTON
	19 KAILAN PAUL	1988	5:13.30	25-Jun-04	CALGARY
	20 NATASHA SMALLWOOD	1996	5:13.90	2-Jun-12	ST. ALBERT
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18 3000M	1 MEGHAN METCALFE	1982	09:45.92	2-Jul-99	VANCOUVER
	2 CHRISTINE ZAWASKI	1980	10:09.71	9-Aug-97	MOUNT PEARL
	3 JOELLE STENGER	1988	10:36.49	2-Jul-04	KELOWNA
	4 STEPHANIE AITKEN	1987	10:38.40	30-Jun-03	KELOWNA
	5 MEGGAN HODGE	1983	11:05.70	30-Jul-00	EDMONTON
	6 JENNIFER KEMP	1983	11:05.80	30-Jun-00	KELOWNA
	7 ALYCIA SWANSON	1998	11:13.50	15-Jun-14	CALGARY
	8 GINELLE DEMONE	1998	11:24.39	31-May-14	ST. ALBERT
	9 TARA LABRANCHE	1985	11:30.55	30-Jun-01	KELOWNA
	10 KYLA CUNNINGHAM	1977	11:46.08	4-Jul-93	KELOWNA
	11 RILEY LAFORGE	1994	12:13.13	3-Jul-10	KELOWNA
	12 GEORGIANNA JEFFERYS	1989	12:15.18	1-Jul-05	KELOWNA
	13 BRETT FOLEY	1982	12:17.19	30-Jun-98	KELOWNA
	14 CHANTELL WIDNEY	1979	12:17.37	29-Jun-96	KELOWNA
	15 MELANIE FYFE	1982	12:24.35	30-Jun-98	KELOWNA
	16 SIERRA HALWA	1997	12:26.14	21-May-14	EDMONTON
	17 CHRISTINE SIMARD	1996	12:45.17	23-May-12	EDMONTON
	18 CHARLOTTE SINCLAIR	1988	12:52.86	11-Jun-05	LETHBRIDGE
	19 CHARLEEN HARVEY	1978	12:56.88	2-Jul-95	KELOWNA
	20 ANGIE MACDONALD	1983	14:51.92	30-Jun-00	KELOWNA
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18 HIGH JUMP	1 DEANNA MONSON	1971	1.67	13-Aug-87	REGINA
	2 KELSEY RICHARD	1992	1.64	9-Aug-08	MEDICINE HAT
	3 TERRI ANN SANDERS	1977	1.60	15-Aug-93	SASKATOON
	4 LINDSEY BERGVEIN	1989	1.60	15-Jul-06	CALGARY
	5 LAUREN DELLEZAY	2005	1.56	9-Jul-22	CALGARY
	6 SARINA PEEK	1998	1.50	26-Jul-14	AIRDRIE
	7 JODY ARBUCKLE	1976	1.45	31-Jul-92	CALGARY
	8 ABIOLA OMOYAYI	2009	1.43	10-Aug-25	CALGARY
	9 NATASHA SMALLWOOD	1996	1.40	27-Jul-12	LETHBRIDGE
	10 BRIANNA CATHCART	2008	1.40	11-May-25	CALGARY
	11 CINDY GLOECKER	1977	1.36	28-May-94	ST. ALBERT
	12 ARIELLE BOCK	1994	1.36	20-Jul-10	PEACE RIVER
	13 DARA LEE GEAKE	1970	1.35	6-Aug-87	SHERWOOD PARK
	14 GLADYS HICKEY	1962	1.35	20-May-78	PEACE RIVER
	15 JENNY ZAWASKI	1977	1.30	17-May-94	RED DEER
	16 DEB BORG	1962	1.30	20-May-78	PEACE RIVER
	17 CHANTELL WIDNEY	1979	1.30	20-May-95	CALGARY
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	20				
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18 LONG JUMP	1 TERRY ANN SANDERS	1977	5.21	28-May-94	ST. ALBERT
	2 JENNY WILLOWS	1970	5.09	12-Jul-86	CALGARY
	3 BREANNE CARTER	1988	4.93	25-Jul-04	HIGH RIVER
	4 DEANNA MONSON	1971	4.89	25-Jun-88	SUDBURY
	5 ABIOLA OMOYAYI	2009	4.87	1-Jun-25	LEDUC
	6 BRIANNA CATHCART	2008	4.85	10-May-25	CALGARY
	7 LINDSEY BERGVEIN	1989	4.82	8-Jul-06	EDMONTON
	8 MELANIE HALWA	1982	4.78	25-Jul-98	CALGARY
	9 CARA GIBSON	1977	4.68	28-May-94	ST. ALBERT
	10 VANESSA HALWA	1979	4.62	3-Jul-95	KELOWNA
	11 VANESSA BARR	1993	4.60	9-May-09	ST. ALBERT
	12 RAELEEN HUNTER	1987	4.58	5-Jul-04	CALGARY
	13 JODY ARBUCKLE	1976	4.49	18-Jul-92	CALGARY
	14 REBECCA PRICE	1993	4.49	27-Jun-09	KELOWNA
	15 DARA LEE GEAKE	1970	4.45	6-Aug-87	SHERWOOD PARK
	16 LISA SHANTZ	1964	4.44	10-May-80	OKOTOKS
	17 JENNI MINCHAU	1978	4.41	28-May-94	ST. ALBERT
	18 CHANTELL WIDNEY	1979	4.40	29-Jun-96	KELOWNA
	19 CINDY GLOECKER	1977	4.40	28-May-94	ST. ALBERT
	20 JENNY ZAWASKI	1977	4.35	1-Jul-94	KELOWNA
FEMALE	NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18 TRIPLE JUMP	1 ASHLEY PATTERSON	1987	11.79	4-Jun-04	CALGARY
	2 LINDSEY BERGVEIN	1989	10.67	18-Jul-06	CALGARY
	3 VANESSA HALWA	1979	10.29	15-Jul-95	CALGARY
	4 JENNY ZAWASKI	1977	10.15	17-Jul-93	CALGARY
	5 CHEYENNE GOH	1999	10.03	21-Jun-15	CALGARY
	6 MELANIE HALWA	1982	9.82	28-Jun-98	KELOWNA
	7 TERRI ANN SANDERS	1977	9.71	1-Jul-94	KELOWNA
	8 SHAY OSTAPOWICH	1976	9.64	26-Jun-92	KELOWNA
	9 DARA LEE GEAKE	1970	9.59	6-Aug-87	SHERWOOD PARK
	10 JODY ARBUCKLE	1976	9.46	31-Jul-92	CALGARY
	11 JENNI MINCHAU	1978	9.27	3-Jul-95	KELOWNA
	12 CARA GIBSON	1977	9.26	26-Jun-93	RED DEER
	13 CHELSEA SHURGOT	1980	8.94	29-Jun-96	KELOWNA
	14 BREANNE CARTER	1988	8.92	5-Jul-04	CALGARY
	15 CHANTELL WIDNEY	1979	8.72	27-May-95	ST. ALBERT
	16 TAMARA WRIGHT	1984	8.67	30-Jun-00	KELOWNA
	17 CHRISTINE SIMARD	1996	8.62	23-May-12	EDMONTON
	18 CASSANDRA BALTER	1982	8.57	9-May-98	