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|--------------------------------|------|--------------------|--------------------|---------|-----------|---------------|---------------|
| SEX | NAME | YEAR | PERF. | DATE | LOCATION | | |
| FEMALE 80METRES UNDER 14 | 1 | ELLA STEEL DOUGLAS | 2007 | 10.88 | 16-Jun-19 | CALGARY | |
| | 2 | NATASHA SMALLWOOD | 1996 | 11.10 | 4-Jul-09 | EDMONTON | |
| | | 3 | ABIOLA OMOYAYI | 2009 | 11.14 | 23-Jul-24 | SHERWOOD PARK |
| | | 4 | AMARIAH WHARTON | 2011 | 11.16 | 13-Jul-24 | SHERWOOD PARK |
| | | 5 | JAYME BIALIK | 2007 | 11.39 | 25-May-19 | ST ALBERT |
| | | 6 | ARYONNAH KNEE | 2009 | 11.47 | 23-Jul-22 | SHERWOOD PARK |
| | | 7 | LIBBY DUNN | 2006 | 11.64 | 14-Jul-18 | CALGARY |
| | | 8 | MERCEDES FOWLER | 2001 | 11.67 | 11-May-13 | CALGARY |
| | | 9 | AVA SONNENBERG | 2008 | 11.71 | 17-Jul-21 | LEDUC |
| | | 10 | BRIANNA CATHCART | 2008 | 11.71 | 7-Aug-21 | SHERWOOD PARK |
| | | 11 | AYLIE DAHL | 2006 | 11.75 | 16-Jun-19 | CALGARY |
| | | 12 | CLAIR KELLER | 2010 | 11.77 | 12-May-23 | CALGARY |
| | | 13 | LANIYAH BRUCE | 2012 | 11.78 | 1-Jun-24 | LEDUC |
| | | 14 | ANDREA JACOB | 2008 | 11.81 | 17-Jul-21 | LEDUC |
| | | 15 | IZZY SEILER | 2006 | 11.89 | 14-Jul-18 | CALGARY |
| | | 16 | GINELLE DEMONE | 1998 | 11.90 | 28-May-11 | ST ALBERT |
| | | 17 | CADY MCCUBBING | 2002 | 11.94 | 11-May-14 | CALGARY |
| | | 18 | JOSIE PLITT | 2005 | 11.95 | 18-Jun-17 | CALGARY |
| | | 19 | ELLA ROSS | 2005 | 11.97 | 18-Jun-17 | CALGARY |
| | | 20 | KENNA BOLE | 2004 | 11.99 | 18-Jun-17 | CALGARY |
| 100M UNDER 14 | 1 | JANICE ZAWASKI | 1982 | 13.11 | 3-Jul-95 | KELOWNA | |
| | 2 | COLLETTE GOUDREAU | 1973 | 13.19 | 12-Jul-86 | CALGARY | |
| | | 3 | ELLA STEEL DOUGLAS | 2007 | 13.19 | 28-Jun-19 | EDMONTON |
| | | 4 | GWYNNE FEDORUK | 1969 | 13.34 | 28-Jun-82 | LANGLEY |
| | | 5 | MELANIE HALWA | 1982 | 13.57 | 17-May-94 | RED DEER |
| | | 6 | TANYA WRIGHT | 1981 | 13.58 | 1-Jul-94 | KELOWNA |
| | | 7 | SHEENA CODY | 1986 | 13.63 | 26-Jun-99 | KELOWNA |
| | | 8 | VICKY LYNCH | 1970 | 13.64 | 24-Jul-83 | LETHBRIDGE |
| | | 9 | ANGIE LACHMAN | 1979 | 13.65 | 18-Jul-92 | CALGARY |
| | | 10 | AMANDA GUENTHER | 1983 | 13.71 | 29-Jun-96 | KELOWNA |
| | | 11 | ABIOLA OMOYAYI | 2009 | 13.76 | 26-Jun-21 | CALGARY |
| | | 12 | DAWN CHITRINA | 1983 | 13.79 | 16-Jun-96 | RED DEER |
| | | 13 | JAYME BIALIK | 2007 | 13.79 | 22-Jun-19 | EDMONTON |
| | | 14 | LIBBY DUNN | 2006 | 13.79 | 28-Jun-19 | EDMONTON |
| | | 15 | MICHELLE MAKOWSKY | 1981 | 13.82 | 17-Jul-94 | CALGARY |
| | | 16 | NATASHA SMALLWOOD | 1996 | 13.84 | 9-May-09 | ST ALBERT |
| | | 17 | CHELSEA SHURGOT | 1980 | 13.89 | 9-May-92 | LETHBRIDGE |
| | | 18 | CORRENE BREIDIN | 1980 | 13.89 | 28-Jun-93 | RED DEER |
| | | 19 | AVA SONNENBERG | 2008 | 13.91 | 26-Jun-21 | CALGARY |
| | | 20 | AMARIAH WHARTON | 2011 | 14.09 | 26-May-24 | ST ALBERT |
| 150M UNDER 14 | 1 | ELLA STEEL DOUGLAS | 2007 | 19.84 | 2-Jun-19 | LEDUC | |
| | 2 | ABIOLA OMOYAYI | 2009 | 20.47 | 14-May-22 | CALGARY | |
| | 3 | AMARIAH WHARTON | 2011 | 20.95 | 12-May-24 | CALGARY | |
| | 4 | NATASHA SMALLWOOD | 1996 | 21.31 | 12-Jun-09 | CALGARY | |
| | 5 | AVA SONNENBERG | 2008 | 21.31 | 10-Jul-21 | EDMONTON | |
| | 6 | JOSIE PLITT | 2005 | 21.40 | 12-May-18 | CALGARY | |
| | 7 | ARYONNAH KNEE | 2009 | 21.46 | 11-May-23 | CALGARY | |
| | 8 | MERCEDES FOWLER | 2001 | 21.73 | 14-May-13 | CALGARY | |
| | 9 | RENAE DREBERT | 2006 | 21.78 | 12-Jun-19 | CALGARY | |
| | 10 | MEADOW DREBERT | 2006 | 21.78 | 12-Jun-19 | CALGARY | |
| | 11 | LIBBY DUNN | 2006 | 21.79 | 15-Jul-18 | CALGARY | |
| | 12 | LANIYAH BRUCE | 2012 | 21.83 | 1-Jun-24 | LEDUC | |
| | 13 | AYLIE DAHL | 2006 | 21.84 | 2-Jun-19 | LEDUC | |
| | 14 | CLAIR KELLER | 2010 | 21.89 | 14-May-23 | CALGARY | |
| | 15 | IZZY SEILER | 2006 | 21.97 | 12-Jun-18 | CALGARY | |
| | 16 | PIPER JORGENSEN | 2006 | 22.04 | 12-May-18 | CALGARY | |
| | 17 | ALLEGRA PETASKY | 2010 | 22.18 | 16-Jun-22 | LEDUC | |
| | 18 | MAELLE DREBERT | 2011 | 22.25 | 24-Jun-23 | CALGARY | |
| | 19 | JULIANA CHIPIUK | 2005 | 22.27 | 12-May-18 | CALGARY | |
| | 20 | DEVIN FLINT | 1996 | 22.28 | 12-Jun-09 | CALGARY | |
| 200M UNDER 14 | 1 | JANICE ZAWASKI | 1982 | 26.28 | 17-Jun-95 | CALGARY | |
| | 2 | GWYNNE FEDORUK | 1969 | 26.71 | 29-May-81 | SHERWOOD PARK | |
| | 3 | ELLA STEEL DOUGLAS | 2007 | 26.88 | 29-Jun-19 | EDMONTON | |
| | 4 | MELANIE HALWA | 1982 | 27.74 | 28-May-95 | ST ALBERT | |
| | 5 | TANYA WRIGHT | 1981 | 27.84 | 28-May-94 | ST ALBERT | |
| | 6 | VANESSA BARR | 1993 | 28.06 | 28-Jul-06 | RED DEER | |
| | 7 | COLLETTE GOUDREAU | 1973 | 28.08 | 29-Jun-86 | KELOWNA | |
| | 8 | LIBBY DUNN | 2006 | 28.17 | 23-Jun-19 | EDMONTON | |
| | 9 | NATASHA SMALLWOOD | 1996 | 28.19 | 27-Jun-09 | KELOWNA | |
| | 10 | VICKY LYNCH | 1970 | 28.24 | 24-Jul-82 | CALGARY | |
| | 11 | MANNA RAMOS | 1977 | 28.28 | 16-Jun-90 | RED DEER | |
| | 12 | ARIELLE BOCK | 1994 | 28.28 | 12-May-07 | ST ALBERT | |
| | 13 | JAYME BIALIK | 2007 | 28.39 | 29-Jun-19 | KELOWNA | |
| | 14 | AMARIAH WHARTON | 2011 | 28.60 | 16-Jun-24 | ST ALBERT | |
| | 15 | AMANDA GUENTHER | 1983 | 28.64 | 26-May-96 | ST ALBERT | |
| | 16 | DAWN CHITRINA | 1983 | 28.64 | 26-May-96 | ST ALBERT | |
| | 17 | ANGIE LACHMAN | 1979 | 28.65 | 29-Jun-91 | KELOWNA | |
| | 18 | JESSICA NUGENT | 1979 | 28.71 | 3-Jul-92 | RED DEER | |
| | 19 | SHEENA CODY | 1986 | 28.76 | 8-May-99 | LETHBRIDGE | |
| | 20 | JORDAN TAYLOR | 1995 | 28.86 | 10-May-08 | ST ALBERT | |
| 300M UNDER 14 | 1 | LIBBY DUNN | 2006 | 45.32 | 2-Jun-19 | LEDUC | |
| | 2 | IZZY SEILER | 2006 | 45.60 | 26-May-19 | ST ALBERT | |
| | 3 | ABIOLA OMOYAYI | 2009 | 45.79 | 29-May-22 | ST ALBERT | |
| | 4 | ELLA STEEL DOUGLAS | 2007 | 45.91 | 26-May-19 | ST ALBERT | |
| | 5 | JAYME BIALIK | 2007 | 46.01 | 29-Jun-19 | KELOWNA | |
| | 6 | AMARIAH WHARTON | 2011 | 46.11 | 25-May-24 | ST ALBERT | |
| | 7 | MEADOW DREBERT | 2006 | 46.32 | 19-Jun-19 | KELOWNA | |
| | 8 | CHEYENNE GOH | 1999 | 46.48 | 1-Jul-12 | KELOWNA | |
| | 9 | CLAIR KELLER | 2010 | 46.49 | 29-May-23 | ST ALBERT | |
| | 10 | ARYONNAH KNEE | 2009 | 46.83 | 29-May-22 | ST ALBERT | |
| | 11 | MAELLE DREBERT | 2011 | 46.86 | 25-May-24 | ST ALBERT | |
| | 12 | JULIANA CHIPIUK | 2005 | 47.26 | 30-Jun-18 | KELOWNA | |
| | 13 | GINELLE DEMONE | 1998 | 47.29 | 3-Jul-11 | KELOWNA | |
| | 14 | KENNA BOLE | 2004 | 47.63 | 1-Jul-12 | KELOWNA | |
| | 15 | KYRA HERMANN | 1999 | 47.83 | 1-Jul-12 | KELOWNA | |
| | 16 | MCKENA FLEISHACKER | 2006 | 47.85 | 30-Jun-18 | KELOWNA | |
| | 17 | JOSIE PLITT | 2005 | 48.14 | 26-May-18 | ST ALBERT | |
| | 18 | AVA SONNENBERG | 2008 | 48.70 | 12-Sep-20 | LEDUC | |
| | 19 | ELLA ROSS | 2005 | 49.08 | 30-Jun-18 | KELOWNA | |
| | 20 | SAMARA MTSIHYA | 2013 | 49.20 | 4-May-25 | EDMONTON | |
| 400M UNDER 14 | 1 | JANICE ZAWASKI | 1982 | 58.11 | 2-Jul-95 | KELOWNA | |
| | 2 | GWYNNE FEDORUK | 1969 | 59.88 | 24-Jul-82 | CALGARY | |
| | 3 | TANYA WRIGHT | 1981 | 61.98 | 1-Jul-94 | KELOWNA | |
| | 4 | NATASHA SMALLWOOD | 1996 | 61.98 | 27-Jun-09 | KELOWNA | |
| | 5 | VICKY LYNCH | 1970 | 62.18 | 23-Jul-83 | LETHBRIDGE | |
| | 6 | MELANIE HALWA | 1982 | 62.87 | 1-Jul-94 | KELOWNA | |
| | 7 | IZZY SEILER | 2006 | 63.96 | 2-Aug-19 | EDMONTON | |
| | 8 | RILEY LAFORGE | 1994 | 64.34 | 1-Jul-07 | KELOWNA | |
| | 9 | CARA GIBSON | 1977 | 64.68 | 30-Jun-90 | KELOWNA | |
| | 10 | CHELSEA SHURGOT | 1980 | 64.98 | 26-Jun-92 | KELOWNA | |
| | 11 | MARIE CHALFOUR | 1984 | 64.98 | 25-Jul-97 | LLOYDMINSTER | |
| | 12 | DEBBY FOSTER | 1978 | 65.16 | 29-Jun-91 | KELOWNA | |
| | 13 | ZARA ROCKWELL | 1971 | 65.39 | 18-Jun-83 | LEDUC | |
| | 14 | SHAY OSTAPOWICH | 1976 | 65.44 | 24-Jun-89 | RED DEER | |
| | 15 | MANNA RAMOS | 1977 | 65.55 | 16-Jun-90 | RED DEER | |
| | 16 | HEATHER WEGNER | 1972 | 65.72 | 29-Jun-85 | CALGARY | |
| | 17 | CHRISTINE ZAWASKI | 1980 | 66.28 | 29-Jun-93 | ST ALBERT | |
| | 18 | HEATHER KRUEGER | 1978 | 66.34 | 15-Jun-91 | EDMONTON | |
| | 19 | JORDAN TAYLOR | 1995 | 66.46 | 28-Jun-08 | KELOWNA | |
| | 20 | MELONIE GROEGER | 1974 | 66.68 | 24-May-87 | LEDUC | |
| 600M UNDER 14 | 1 | LIBBY DUNN | 2006 | 1:42.92 | 16-Jun-18 | CALGARY | |
| | 2 | ABIOLA OMOYAYI | 2009 | 1:46.73 | 19-Jun-22 | EDMONTON | |
| | 3 | MEADOW DREBERT | 2006 | 1:47.06 | 16-Jun-18 | CALGARY | |
| | 4 | KENNA BOLE | 2004 | 1:47.69 | 23-Jul-11 | SHERWOOD PARK | |
| | 5 | GINELLE DEMONE | 1998 | 1:48.54 | 24-Jul-11 | SHERWOOD PARK | |
| | 6 | MAELLE DREBERT | 2011 | 1:48.66 | 14-Jul-24 | SHERWOOD PARK | |
| | 7 | MARY MCLEAN | 2008 | 1:49.20 | 26-Jun-21 | CALGARY | |
| | 8 | IZZY SEILER | 2006 | 1:50.78 | 16-Jun-18 | CALGARY | |
| | 9 | CLAIR KELLER | 2010 | 1:51.35 | 19-Jun-22 | EDMONTON | |
| | 10 | MERCEDES FOWLER | 2001 | 1:51.62 | 20-Jul-13 | SHERWOOD PARK | |
| | 11 | ELLA ROSS | 2005 | 1:52.49 | 18-Jun-17 | CALGARY | |
| | 12 | ARYONNAH KNEE | 2009 | 1:53.03 | 24-Jul-22 | SHERWOOD PARK | |
| | 13 | AVA SONNENBERG | 2008 | 1:54.17 | 26-Jun-21 | CALGARY | |
| | 14 | BRIANNA CATHCART | 2008 | 1:54.27 | 26-Jun-21 | CALGARY | |
| | 15 | JULIANA CHIPIUK | 2005 | 1:55.55 | 23-Jul-17 | SHERWOOD PARK | |
| | 16 | LINSEY DEMONE | 2000 | 1:55.55 | 14-Jul-12 | SHERWOOD PARK | |
| | 17 | KYLEE ADAMKOWSKI | 2005 | 1:55.67 | 23-Jul-17 | SHERWOOD PARK | |
| | 18 | JOSIE PLITT | 2005 | 1:57.64 | 18-Jun-17 | CALGARY | |
| | 19 | PATRICIA HIRSSONE | 2006 | 2:03.20 | 26-Jun-18 | SHERWOOD PARK | |
| | 20 | LAUREN DELLEZAY | 2005 | 2:06.26 | 18-Jun-18 | CALGARY | |
| 800M UNDER 14 | 1 | MEADOW DREBERT | 2006 | 2:18.49 | 17-Jul-19 | EDMONTON | |
| | 2 | GWYNNE FEDORUK | 1969 | 2:19.70 | 22-Aug-82 | OROMONTO | |
| | 3 | LIBBY DUNN | 2006 | 2:19.96 | 21-Jul-19 | SHERWOOD PARK | |
| | 4 | JANICE ZAWASKI | 1982 | 2:21.29 | 24-Jun-95 | RED DEER | |
| | 5 | NATASHA SMALLWOOD | 1996 | 2:21.95 | 2-Aug-08 | HERSHEY | |
| | 6 | RILEY LAFORGE | 1994 | 2:22.91 | 30-Jun-07 | KELOWNA | |
| | 7 | JULIANA CHIPIUK | 2005 | 2:25.93 | 15-Jul-18 | CALGARY | |
| | 8 | TANYA WRIGHT | 1981 | 2:27.91 | 1-Jul-94 | KELOWNA | |
| | 9 | MELANIE HALWA | 1982 | 2:28.32 | 1-Jul-94 | KELOWNA | |
| | 10 | VICKY LYNCH | 1970 | 2:28.88 | 26-Jun-82 | LANGLEY | |
| | 11 | DEANNA MONSON | 1971 | 2:30.45 | 4-Jun-84 | LANGLEY | |
| | 12 | CHRISTINE ZAWASKI | 1980 | 2:30.83 | 4-Jul-93 | KELOWNA | |
| | 13 | ABIOLA OMOYAYI | 2009 | 2:30.87 | 25-Jun-22 | LEDUC | |
| | 14 | KENNA BOLE | 2004 | 2:30.93 | 1-Jul-17 | KELOWNA | |
| | 15 | IZZY SEILER | 2006 | 2:31.68 | 12-Jul-19 | SHERWOOD PARK | |
| | 16 | HEATHER KRUEGER | 1978 | 2:31.70 | 21-Jun-91 | CALGARY | |
| | 17 | HEATHER MYATT | 1991 | 2:31.84 | 2-Jul-04 | KELOWNA | |
| | 18 | CLAIR KELLER | 2010 | 2:31.86 | 9-Jul-24 | SHERWOOD PARK | |
| | 19 | MAELLE DREBERT | 2011 | 2:32.18 | 5-May-24 | EDMONTON | |
| | 20 | GINELLE DEMONE | 1998 | 2:32.25 | 3-Jul-11 | KELOWNA | |
| 1200M UNDER 14 | 1 | MEADOW DREBERT | 2006 | 3:45.45 | 30-Jun-19 | KELOWNA | |
| | 2 | LIBBY DUNN | 2006 | 3:45.57 | 16-Jun-19 | CALGARY | |
| | 3 | JULIANA CHIPIUK | 2005 | 3:50.22 | 30-Jun-18 | KELOWNA | |
| | 4 | NATASHA SMALLWOOD | 1996 | 3:56.60 | 4-Jul-09 | EDMONTON | |
| | 5 | DEVIN FLINT | 1996 | 4:02.98 | 4-Jul-09 | EDMONTON | |
| | 6 | HALEY KEIRSTEAD | 1999 | 4:04.44 | 10-Jun-12 | LEDUC | |
| | 7 | IZZY SEILER | 2006 | 4:04.98 | 2-Jun-19 | LEDUC | |
| | 8 | MARY MCLEAN | 2008 | 4:06.42 | 24-Jul-21 | CALGARY | |
| | 9 | CLAIR KELLER | 2010 | 4:09.20 | 17-Jun-23 | CALGARY | |
| | 10 | GINELLE DEMONE | 1998 | 4:09.37 | 3-Jul-11 | KELOWNA | |
| | 11 | MAELLE DREBERT | 2011 | 4:09.48 | 12-May-24 | CALGARY | |
| | 12 | BROOKLYN JOHN STON | 2007 | 4:11.86 | 21-Jun-19 | SHERWOOD PARK | |
| | 13 | AVA SONNENBERG | 2008 | 4:12.11 | 9-Jul-21 | LEDUC | |
| | 14 | GABRIELLE SHEPTAK | 2003 | 4:15.99 | 13-Jun-15 | SHERWOOD PARK | |
| | 15 | ABIOLA OMOYAYI | 2009 | | | | |

